



Report on Celebration of National Sports Day under Fit India Program

Government College Karsog, Mandi

Date: 29th August to 31st August, 2025

Dr	- Tamuna Sharma los	· N.A.
	Statyal 2025	Chronel Wat n
	No. EDN-H(3)F(4)-9/2025 Directorate of Higher Education Himachal Pradesh.	Through Web Portal/e-mail
	Dated: Shimla – 171001, the,	August, 2025
То		शिक्षा निदेशालय उन्हान
	All the Principals, Government Degree / Sanskrit Colleges Himachal Pradesh.	2 7 AUG 2025
	rimacnai Pradesn.	शिमला-1
Subject:	Regarding National Sports Day (NSD) 2025	, Celebrations.
Sir/Madam,		
	t, 2025 received from the Director, Youth Affairs & lebration of National Sports Day (NSD) on 29th s.	
The state of the s	In this context, you are directed to encourage and fitness activities w.e.f. 29 th to 31 st August, 202 the events, along with photographs and videos, via	25 and also ensure to submit
	al, under intimation to this Directorate.	the given e-man or through
Encl: As above.		Director Higher Education
The Director, The Registrar I	dated Shimla-1 tion and necessary action to:- Youth Affairs & Sports (YSS) HP, Shimla-2 w.r.t. D HPU Shimla-5/Sardar Patel University Vivekananda Bha	limachal Pradesh. he August, 2025 O. referred above. awan, Paddal, Mandi HP to
 In charge IT C website. 	rell Directorate of Higher Education requested to upload	the same on department
4. Guard File.	A-01	7
		Director of Higher Education Himachal Pradesh

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Incharge	Principal

Introduction

National Sports Day was celebrated with great enthusiasm to commemorate the birth anniversary of the legendary Indian hockey player, Major Dhyan Chand by the Department of Physical Education in Govt College Karsog w.e.f. 29 August, 2025 to 31 August, 2025 under

Fit India Program. The event was organized to promote a culture of fitness and sportsmanship in youth. The celebration began with a special assembly in College auditorium where a heartfelt tribute was paid to Major Dhyan Chand by the college Principal Dr J.S. Patiyal, Dr Yamuna Sharma (Convener Sport Club) along with staff members and students. Dr. Yamuna Sharma presented a bouquet to the Principal and delivered the welcome speech. Following the tribute, the entire student body and faculty took a fitness pledge, reaffirming their commitment to an active and healthy life style. Afterwards, Dr. Savitri provided the instructions for the games. The games were then officially started by the Principal on the badminton court.

The day was marked by series of events aimed at promoting fitness and celebrating the importance of sports in our lives. The highlight of the day was the array of sporting events organized on the campus grounds. The atmosphere was electric with excitement as a total numbers of 233 students from various streams commerce, science and arts competed against each other in thrilling matches of badminton, volleyball, and a high-energy tug of war. Each event witnessed remarkable sportsmanship and teamwork, with participants giving their best and spectators cheering enthusiastically for their respective teams. The final event of the day, tug of war, brought the entire college community together in a roaring display of unity and strength.

A total of 50 students participated in the badminton competition. The matches were conducted by Dr. Ruchi, Dr. Lomeshwar, Dr. Virender and Ms. Pushpa to ensure fair play.

Results of the events:

1. Badminton (Single) Winners:

(Boys)

Mr. Pawan

Mr. Karan

(Girls)

Ms. Anjali

Ms. Kanupriya

2. Badminton (Double) Winners:

(Boys)

Mr. Rudransh & Mr. Sumil

Mr. Karan & Mr. Pawan

(Girls)

Ms. Anjali & Ms. Nikita

Ms Pushpa & Ms. Kusum

Stream-wise volleyball matches for both boys and girls were conducted in the volleyball court under the supervision of Professor Jai Kumar. A total of 63 students participated in the event.

3. Boys' Volleyball Match:

1st Position: Arts Stream

2nd Position: Science Stream

4. Girls' Volleyball Match:

1st Position: Arts Stream

2nd Position: Arts Stream

The third and most thrilling match, a **tug-of-war**, was supervised by Ms Anupama Sharma and Mr Bhisham Kumar in the college ground. Four teams participated in it.

Here are the final results:

5. Boys' Category

1st Position: Arts Stream

2nd Position: Commerce Stream

6. Girls' Category

1st Position: Science Stream

2nd Position: Arts Stream

On the 2nd day of National Sport Day series two additional matches of Chess and Carom were organized in Sports Room under the supervision of Dr. Yamuna Sharma & Ms Ruchi Narang.

7. Final results of Chess:

1st Position: Mr. Pushpender (BSc 3rd Year)

2nd Position: Mr. David (BCom 1st Year)

8. Final results of Carom:

1st Position: Mr. Pankaj (BSc 3rd Year) & Mr. Nikhil (BCom 2nd)

2nd Position: Mr. Yogesh & Mr. Vijay (BA 1st Year)

A Boxing Championship was successfully conducted on 31st August 2025 in the college campus. The event witnessed enthusiastic participation from students across various departments. The championship aimed to encourage sportsmanship, physical fitness, and competitive spirit among students.

9. Final results of Boxing: (Girls')

1st Position: Ms. Shalini Mehta (BA 3rd Year)

2nd Position: Ms. Ankita Thakur (BA 1st Year)

10. Final results of Boxing: (Boys')

1st Position: Mr. Rohit (BA 2nd Year)

2nd Position: Mr. Chayal Singh (BA 2nd Year)

These events culminated with a prize distribution ceremony to honour the winners and participants. Medals were awarded to the victorious students and teams by our esteemed Principal Dr. J.S. Patiyal, who congratulated them on their excellent performance and encouraged everyone to embrace sports as an integral part of their education. The function was

formally closed with the entire assembly standing in unison for the National Anthem, concluding these events filled with energy, sportsmanship, and patriotic pride.

Screen Shots of Attendance:

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Government College Karsog District Mandi (H.P) Department of Physical Education Event National Sports Day

Event National Sports Day

Activity Name Badminton,

List of Participants

Sr.No. Name Roll No. Class Signature

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Government College Karsog District Mandi (H.P) Department of Physical Education

Event National Sports Day

Activity	Name Badminton	- The state of the	is Day	29/08/2023					
List of Participants									
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	42	Netika Disa pouta Piksha	3003	Brown Luis D'hal
	¥ 43	Anshita Verma	7029	Blom funding
Zade Pa	43	Tananna	5033	
	45	Suhani Nerma	7011	BCom II Tamana
258		0 111		B Com III Cachani
	15	Deepika Shanma	3008	BCom Ist of

//

S. No.	Name of student Participant	Class	Roll no		Name of event where student participated	Signature
1	Gagnesh Grupta	BLON II	3005			lubla
2	Hitesh Sharma	Bon I	3053			Later
3	Toshar	B Com III	3010			Tisher
4	Aman Thatur	B. Com I	3017			en
5	Schil	Brown	\$017		MARKS STEELS	Sidel
6	(khemraj	Biomi	3018			agri.
7	Sankalihan	Brow III	3017			C570
8	XIVR9)	BComTA				ye.
q	Sachily	& Con [1]	3072			
10-	italia.	Brang	3006		Marie Ma	
12	Paritshit	B. Coarlie	3009		Manual Control	Pari phul
12	Omprahalh	B. COMM	3026			F
13	Hilansh	B. Con I	300F	Δ		3
14	toshar	B. Com Tu				Jun
15	Chautam Verma	B. Com The	3012			Crautam/
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2	NIKHIL	3/	1)	()		(2)
3	Devender	29	''	11		al K
4	CHUBShein	BA		11		Ds
5	Runect Kumax	BA 310	11	11		Roman
6	Kaman	3A 2nd		1)		Paver
7 8	Byun	RA 2nd	11	1		Q=
9	Wil a	PR 300	11	11		aly
	Aprice	BARA	()	1/		600
10	Donat	BASE	11	11		12
12	Brauen	1/	11	11		GOLAR
13	Datin Dramended	1/	11			Da
14	Value thanks	BAZnd	11	11		full
15	Kahan (hav ran	MA	99	90		Mahit
12	JUNA			7		1000
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Government College Karsog District Mandi (H.P) Department of Physical Education Event National Sports Day

/	Activity	Name Tuy of war			29/08/2025
BSc C	+)	U	List of Participants		100/22
	Sr.No.	Name	Roll No.	Class	Signature
11 19	1	Priyanshi Sharma	BSC/25 / PSC/1003	Tet	story.
	2	Conchal	BCS/25/PSC/1	let	: Baka
	3	Pronchal Barika	1004	2nd	
	4	Kritika	1006	2nd	K-citi_
	5	Sabahi	1003	2nd a	Cethi.
	6	Yeshikes	250R	1st	ye gliter
1	7	Radhika Tropen	BSC/23/PSC/8	711	
	8	Garema	BSC/24/15C/2009	I	Con_
	9	Sanjana	65C 125/PS(200	1 1	Sanjani
	10	Newyhita	1504	I	Hardhite
	11	Mahak	2502	TIL	Mohek,
	12	Kalfone	1505	I	15th
	13	ا مال ا	3	亚	taker,
	14	Prinda	03	Ti	Vairda.
	15	Vinda Frijanke	1	111	Vairda.
	16	, 0	Boys	Rec	
	17		000	1000	
	18	Shavera	2009	Of garage	BRIDE
	19	AND	1301	F	40
	20,	Shakas	509	I	Blodas
	21	pubak.	2002		prod.
	22	Tropos Thopas	501	III	Jughan
	23	Kartik	2013	Und	Toutist
	24	Romer lex	585	Thod	Hen
	25	Siknoled	03	TH	gray
	26	Shopesh .	1509	#	Shipe
	27	Tusher Know	1002	II	The state of the s
	28	Kotsu Verne	807	H	Koh
	29	Silvege	2009	W	The same of the sa
	30	John	2815	亚	This
	31	Ritesh	BSC 122/PSC/519	1	200
12 144 6	32	Dabak	7	F	DENTIL
	33	Housh	05	III	1
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UFFER PARTY	29				

Government College Karsog District Mandi (H.P)

Department of Physical Education

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Activity	Name Juy of We	List of Participan	ts	29/08/2025
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2	What	4002	BA	Vins
3	Anche	4839	BA 2nd	: Wu
4	Wilne	75111	BARA	A
5	Canal	5062	BØ 3rd	6
6	Care	6/02	BA In	5
7	Lut	7014	39720	G/-
8	Harshit Kumaru	7062	BA Jet	nared
9	Schin	2001	21300	1000
10	Reehu	6036	BARRA	
11	Rah	7013	BAZNO	
12	skelle	6096	50	
13	Chefe	7501	BAZNA	
14	Bhasat Bhusha	n 6067	RH200	Eu.
15	Amit	4002	BA	
16				1 hand
17				
18			1	Ms. Anupama Shouma
1				
2				To an all co
2	2		2.	Bh. Bhusham hunder
	23			Gansar thousand
	24		3	OL Course Tralem.
	25			Or Judan
	26			Days of
	27		4	Sh. Bhisham Kumah & Gansar Roker & Sh. Gansar Roker & Maken.
	28			
16	29			
	30			
	31			han
	32		THE PROPERTY.	141
	22		THE RESERVE	

CHESS BOYS/GIRLS 30/08/2025 S.NO. CPass Roll No. Name of Event Name Signatu Mahoeh Negi BA 3xdycod Chess 2. Kartik BSc 2nd 2013 Choss Kartik BSc 3ad Pranav 3. 07 Chess 4. Bhanu Poatab BSC IST 2002 chess Dharmondes 5. BA 382. 8033 Chers 6. Komal BA 3 82 Chers. 7. Dimple BSc 382 503 Chess Diff 8. Devender BA 38d 6019 Chess. 9. Ankita Thokus BA 302 6116 Addis Chers 10. Poota Chauhan BAIST 6012 Dodi SV cheri 11. Smiya Mehta BA 30d 6074 Chess Ritesh Kumax 12. BSc 382 510 Chess KB-Pushpendes 13. BSC 300 1505 Chess Phot 14. Pankaj Kumar B& 32d. 505 82013 Bitel 15, Hitesh Rajport Blom 2nd 3008 Hil. Chera 16. Suraj BA 2nd 5012 Chess Sunidhi Silve 17. BA 2nd 5052 Chose Swithi 18. David Bcom Ist 5001 Chess 19. David. Suneha BA 18+ 1504 Chess 28. Vikesh shazma BSc 3ad 1504 Chess Valario 21. Yby Raj shaoma BSc 3rd 03 Yur Bi Chess 22. Knoung Bam 2nd 3013 Chese Klru; 23. Adibti BA 2nd ACT Chess Nikhil Thakaz 24. BA Jad Wikhil 5073 Chess 25. Sunny Kumax BA 14 6107 Sunny Kun Chess 26. Anjali BSc 320 502 Anjall. Chess 27. Radhika Thakus BSC 382 08 Chess Radhika Chess

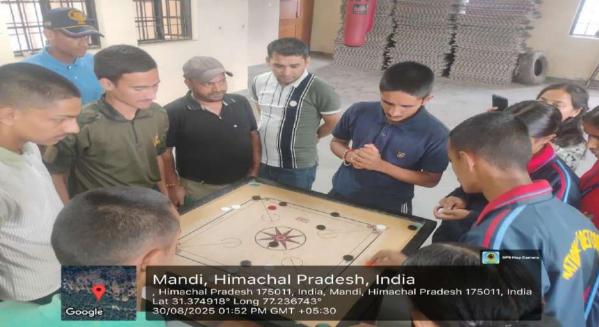
K	-	- CAROM	BOARD -		
10	INANE	Close		BOYS/GIRL	30/08/25
13		CLASS	ROLLNO	FUENT	SIG
16	1. Gagnesh Giufta 2. Sachin Thakur	Boom 2nd	3005	Carom	Muly.
	3. Dharmender	BA 30d	5001))	Sechive
	1. Tisth Raj	BA 3rd BA 3rd	8033))	Dharmender
	5. Pankaj Kumar	BSc 3rd Year	5014))	Asth Rey
6	LILLIA TELLA	BA III PO	505	Caron	Panty
7	0.01	BCom IInd	3008))	Ouknil-
	0 1 1))	3016))	Hetery
8		BAILY		1)	Rampaly
9		БПШЛ	4551	Carom	yearthy
10	a. Gulshan Kumaru	1)	4630	1)	Carlo
AMILIO SE	1 Leeladhar	1)	6115	. 1)	Letaphol
	Nikhil	B. Com Ind	3030	_))	NKKW114
13		BSC III od	1504	Carom	Vikesh
14		BAITING	03))	DW/
15	J	BAIInd	6127	- 11	AND I
16	Raman Kumar	11	7810	11	Raman
17	Vijay	BA 1st	8033	1)	Vilet
18	Manish	11	7058	Carom	Augs
19	Yuv Raj	B. Com 3rd	3030	1)	UVE
	Tushad	1.1	3010	11	tudap
21.	Kanu Biya sharma	BA 18+	6079	1)	(By)
22,	Babnisha	1)	8013	Caron	Dalstay
The same of the same of	mansi	BA2nd	8040	1)	Maisi
	Aoti	1)	7806	111	AND
25.	Samiksha Thakus	O BAIST	1sc/12	17	Smith
26.	Ankita Thakur	BA32d	6160	1	Onktan
27.	Pooja Chawhan	B5c 32d	510	1)	Jeby 4
28	? Saniya Menta	BA 1st	6074	1)	Con
				Man	

ı.N	Name of Students	Class	Roll. No.	First Attempt	vernment colles Second . Attempt . Signature	Third Attempt	Maximun Attempt
1st	Shalini Mehta	BAIL	7007		Shalini		
2nd	Anketa Thakeve	BAI	4023		Ashir	- 44	
and.	Samekoha Thakur	B.S.CI	PSc12.		Egy		
	Sanjana	BAI	6082		Banjit No		
	Ojasvanie	BAI	6086		Gassan	2	
	Giorna	BAIL	7038		Gianga		
	7				0		
4.1							
	Rohet	BAIL	8050		Town .		
	Grantom	BAI	8066		(July)		
2nd	Chayal Single	BAI	7042		Chayalsingh		
	Pauliash	BAIL	6117		Parkash		
	Rahul	BAI	6034		Robul		
	Télonder	BAI	6009		Tärlender.		
	Sochen	BAIL	3032		Schina		
	Swamooi	BAI	8519		Surander.		
	Clautam Verma	Blom	3012		aunten		
	Samloushan	B.Com I	3017		Seen-		
	Committee	Hem	iers				
	Dr. Yamuna	Start	na. 11	ams			

Glimpse of the Event





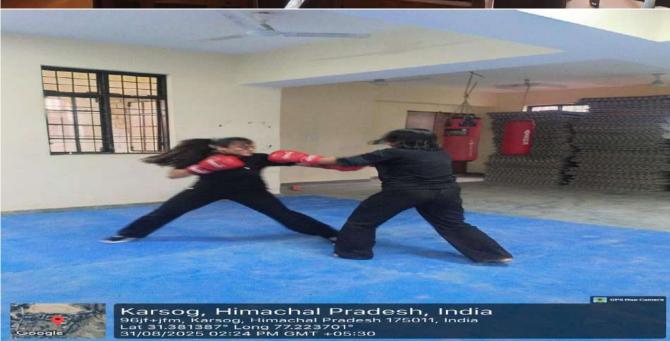
















Karsog, Himachal Pradesh, India 96|f+|fm, Karsog, Himachal Pradesh 175011, India Lat 31.381557° Long 77.223828° 31/08/2025 02:15 PM GMT +05:30





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Lat 31.381358* Long 7/22369*
31/08/2025 02:24 PM GMT +05:30











News Cuttings

Divya Himachal







दूसरी ओर खेलों का आयोजन कदम उठाने की मांग कर रहे हैं।

बैडमिंटन में अंजलि-निकिता को मिला स्वर्ण पदक

करसोग कालेज में खेलकुद प्रतियोगिता का आगाज, छात्रों ने प्रतिभा का किया शानदार प्रदर्शन

कार्यालय संवाददाता-करसोग

राजकीय महाविद्यालय करसोग में राष्ट्रीय खेल दिवस एवं फिट इंडिया मुवमेंट के अंतर्गत खेलकृद प्रतियोगिता करवाई गई। जिसमें बतौर मुख्यातिथि महाविद्यालय प्राचार्य डाक्टर जगजीत सिंह पटियाल ने शिरकत की। कार्यक्रम की संयोजिका डाक्टर यमना शर्मा ने हाकी के जादूगर मेजर ध्यान चंद के देश के लिए अनमोल योगदान पर विस्तृत जानकारी प्रदान की एवं उनके जीवन से प्रेरणा लेने का संदेश दिया। मुख्यातिथि ने बैडमिंटन मैच के उद्घाटन के साथ कार्यक्रम का आगाज किया। वालीबाल मैच का उद्घाटन डाक्टर गुलशन महाजन

और डाक्टर कुलभूषण शर्मा ने सभी विजेताओं को मुख्यातिथि ने पदक देकर सम्मानित किया। इस अवसर पर डाक्टर रुचि नारंग, प्रोफसर पंकज गुप्ता, डाक्टर प्रेम प्रकाश,प्रोफसर जय कुमार. प्रोफसर विद्या, प्रोफसर सोनिया, प्रोफसर अनुपमा शर्मा, प्रोफसर सुनीता, डाक्टर सुमेधा शर्मा, डाक्टर लोमेश्वर शर्मा, डाक्टर प्रियंका राणा, डाक्टर ओपी कौशल, प्रोफसर हितेश शर्मा, डाक्टर वीरेंद्र ठाकुरख प्रोफसर रेणका, प्रोफसर गौरव, प्रोफसर दिनेश, प्रोफसर रितेश, प्रोफसर पुष्पा, प्रोफसर सतीश, प्रोफसर काजल, डाक्टर प्रीति डाक्टर लता, प्रोफसर पुनम, प्रोफसर शालिनी ने अहम भूमिका

वालीबॉल में कला संकाय टीम विजेता

रस्साकरसी प्रतियोगिताओं के रोमांचक मैच ने सबको जोश से झूमने पर मजबूर कर दिया। महाविद्यालय मीडिया प्रभारी डाक्टर सावित्री ने बताया कि बैडिमेंटन डबल छात्रा वर्ग में अंजिल और निकिता ने स्वर्ण पदक प्राप्त किया और छात्र वर्ग में रुद्रांश एवं सुमील ने स्वर्ण पदक झटका, रजत पदक पर छात्र वर्ग में कर्ण तथा पवन ने और छात्रा वर्ग में पुष्पा और कुसुम ने कब्जा किया। छात्रा वर्ग एकल में अंजिली ने स्वर्ण एवं कनुप्रिया ने रजत पदक एवं छात्र वर्ग में पवन ने स्वर्ण और करन ने रजत पदक हासिल किया। वालीबाल छात्र वर्ग में कला संकाय टीम विजेता और उप विजेता विज्ञान स्नातक की टीम रही और छात्रा वर्ग में कला संकाय की भूमिका टीम ने बाजी मारकर पहला स्थान हासिल किया और कला संकाय की मानसी की टीम ने रनर अप का खिताब अपने नाम किया। रस्साकस्सी में विज्ञान संकाय की छात्राओं ने पहला स्थान प्राप्त कर जीत हासिल की और कला संकाय की पुष्पा की टीम ने द्वितीय स्थान प्राप्त किया। सभी विजेताओं को मुख्यातिथि ने पदक देकर सम्मानित किया।

निभाई।



शतरंज में पुष्पेंद्र को मिला स्वर्ण पदक

करसोग कालेज में खेल-कूद प्रतियोगिता,छात्रों ने प्रतिभा का किया शानदार प्रदर्शन

कार्यालय संवाददाता-करसोग

राजकीय महाविद्यालय करसोग में फिट इंडिया मूबमेंट के अंतर्गत तीन दिवसीय खेलकृद प्रतियोगिताएं आयोजित करवाई गई। छात्र एवं छात्रा वर्ग की रस्साकस्सी बैडमिंटन और वालीबॉल प्रतियोगिताएं करवाई गई। कैरमबोर्ड प्रतियोगिता में पंकज और निखिल ने प्रथम स्थान प्राप्त किया योगेश और विजय ने द्वितीय स्थान झटका। शतरंज प्रतियोगिता में छात्र वर्ग में पुष्पेंद्र ने स्वर्ण और डेविड ने रजत पदक तथा छात्रा वर्ग में अंकिता ने स्वर्ण और करुणा ने रजत पदक अपने नाम किया। बॉक्सिंग प्रतियोगिता भी करवाई



गई। इन प्रतियोगिताओं में विजयी एवं रजत पदक देकर सम्मानित विद्यार्थियों को किया। फिट इंडिया मुवमेंट 2025 महाविद्यालय प्राचार्य डाक्टर के अंतर्गत इन प्रतियोगिताओं को जगजीत सिंह पटियाल द्वारा स्वर्ण करवाने का उद्देश्य छात्रों में

मानसिक एवं शारीरिक विकास करना रहा। विद्यार्थी पढाई के साथ-साथ खेलों के महत्त्व को बताना था। महाविद्यालय प्राचार्य ने विद्यार्थियों को गतिविधियों में भाग लेने के लिए प्रेरित किया और यह संदेश दिया कि मन को स्वस्थ रखने के लिए खेलों के महत्त्व को समझना होगा। कार्यक्रम की आयोजिका डाक्टर यमुना शर्मा ने प्रतियोगिताओं को सफलतापूर्वक संपन्न करवाने में अपनी अहम भूमिका निभाई। कार्यक्रम में अहम हिस्सा बने विद्यार्थियों प्रतियोगिताओं में भाग लेकर सबका मनोरंजन भी किया ओर खेल भावना का परिचय दिया।

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Physical Education

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