



# KAMAKSHA

2024-25



## Government College Karsog

District Mandi (HP) 175011

NACC  
Accredited  
Grade 'B'

*Patron*

**Dr. Jagjit Singh Patyal**  
(Principal)

*Editor-in-Chief*

**Dr. Kulbhusan Sharma**

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**Dr. Kulbhushan Sharma**

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**Directorate of Higher Education**  
**Himachal Pradesh**  
**Shimla-171001**  
**Tel. : 0177-2656621**  
**Fax: 0177-2811347**  
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## *Message*

*It is a matter of immense delight for me to know that your college is going to publish the college magazine.*

*College magazine is a very useful medium for young minds to express their bristling ideas and thoughts. It gives a chance to students, the budding writers, to get the attention of others through their creative and contemporary writings. It is an essential ingredient of college regular activities and documentation of such events. The true purpose of higher education is to open the horizons for the curious young minds and to refine and polish them in such a way that they become responsible citizens of our country.*

*I wish your college a great future and grand success to the college magazine. I also congratulate the Editor(s) of the magazine and wish everyone all the best in their ventures.*

*Jai Hind.*

**(Dr. Amarjeet K. Sharma)**



**Principal**  
Govt. College Karsog



## *From the Principal's Desk*

*It is with great pleasure that I present this year's edition of the college magazine "Kamaksha"—an inspiring reflection of the intellectual vibrancy, cultural richness, and creative spirit of Government College Karsog. Each academic year unfolds new challenges and opportunities, and it is truly gratifying to witness our students and faculty embracing them with commitment, enthusiasm, and an enduring pursuit of excellence.*

*Nestled in the serene and picturesque valley of Karsog, our institution continues to emerge as a centre of quality education and holistic development. We are devoted to creating an environment that not only nurtures academic achievement but also shapes responsible, reflective, and socially conscious individuals. Through a balanced blend of academic programmes, co-curricular engagements, and community-oriented initiatives, we strive to cultivate critical thinking, creativity, and a strong ethical foundation among our students.*

*This magazine aptly embodies that spirit. It serves as a vibrant platform for students to articulate their thoughts, express their creativity, and celebrate their accomplishments. The diverse range of contributions—spanning insightful articles, reflective essays, literary works, and artistic expressions—showcases the immense talent and potential of our student community.*

*I extend my sincere appreciation to the Editorial Board for their dedication and collaborative effort, with special mention of the Editor-in-Chief, Dr. Kulbhusan Sharma, whose leadership, perseverance, and editorial acumen have been instrumental in shaping this meaningful publication. Their collective vision and hard work have transformed this magazine into a compelling compilation of ideas and creativity.*

*As you turn the pages that follow, I invite you to engage with the sincerity, imagination, and intellectual depth reflected in each contribution. May this magazine continue to inspire curiosity, celebrate diversity of thought, and reinforce our shared commitment to learning and growth.*

*I wish all our students continued success, personal growth, and the courage to pursue their aspirations with integrity and passion.*

**Dr. Jagjit Singh Patyal**

Principal  
Government College Karsog  
District Mandi (HP)



**Govt. College Karsog**



## Message from the Editor-in-Chief

*With immense pride and heartfelt satisfaction, I present this year's edition of our college magazine—an endeavour shaped by thoughtful discussions, sustained creative effort, and moments of shared inspiration. Serving as the Editor-in-Chief has been both an honour and a deeply enriching experience, allowing me to engage closely with the remarkable talent and diverse perspectives that define our college community.*

*A college magazine is far more than a collection of written and visual pieces; it is a living chronicle of student voices, aspirations, reflections, and innovations. Every article, poem, illustration, and photograph featured in these pages narrates a unique story—of ideas explored, emotions articulated, and creativity brought to life. Together, these contributions form a rich tapestry that reflects the individuality, imagination, and intellectual depth of our students.*

*Working on this edition has reinforced my belief in the transformative power of creative expression. In an era marked by rapid digital consumption and fleeting attention, the act of writing, sketching, or creating becomes a meaningful exercise in mindfulness and self-discovery. I take immense pride in every contributor who courageously shared their thoughts and talents, adding their distinct voice to this collective endeavour.*

*I express my sincere gratitude to our respected Principal for the constant encouragement and support that guided us throughout this journey. I am equally thankful to the faculty members whose valuable insights, guidance, and encouragement helped refine this publication. My heartfelt appreciation also goes to the members of the Editorial Board, whose teamwork, perseverance, and attention to detail transformed a shared vision into a thoughtfully curated reality.*

*As you explore this magazine, I hope you discover inspiration, joy, and a sense of connection. May these pages serve as a reminder of the power of expression and the importance of recognising and celebrating the talents within our academic community.*

*With warm regards and sincere appreciation,*

**Dr. Kulbhushan Sharma**  
Editor-in-Chief “Kamaksha”

## Glimpses of HPU Youth Festival, Group-II (Music)



## Glimpses of HPU Youth Festival, Group-II (Music)



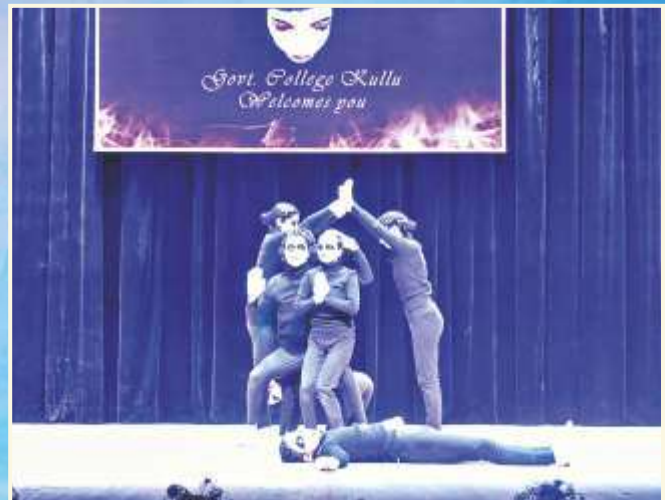
# ANNUAL PRIZE DISTRIBUTION FUNCTION



# ANNUAL PRIZE DISTRIBUTION FUNCTION



## HPU Youth Festivals, Group - IV (Theatre)



# NCC



# NSS



# R & R



# SPORTS



## Chronicle Section

### वार्षिक प्रतिवेदन

(शैक्षणिक सत्र: 2024-25)

#### महाविद्यालय: ऐतिहासिक पृष्ठभूमि:

महाविद्यालय 1994 से लेकर आज तक अपने ३० साल के सफर में निरंतर प्रगति के पथ पर अग्रसर है। करसोग महाविद्यालय की उपलब्धियाँ इतिहास के सुनहरे पन्नों में दर्ज हैं। महाविद्यालय की स्थापना के समय छात्रों की संख्या केवल 187 थी, जो वर्तमान में 1957 हो गई है। विकास के पथ पर अग्रसर होते हुए महाविद्यालय ने अनेक उपलब्धियाँ प्राप्त की हैं। महाविद्यालय ने केवल संख्या में वृद्धि नहीं की है, बल्कि शिक्षा में गुणवत्ता लाने के लिए भी प्रयास किए हैं। वर्तमान में महाविद्यालय में कला, विज्ञान और वाणिज्य संकायों में स्नातक स्तर तक शिक्षा प्रदान की जाती है। इसके अतिरिक्त महाविद्यालय में अंग्रेजी, हिंदी और राजनीति शास्त्र विषयों में स्नातकोत्तर कक्षाओं का भी संचालन किया जा रहा है। इसके अलावा, महाविद्यालय में इंदिरा गांधी राष्ट्रीय मुक्त विश्वविद्यालय (IGNOU) के केंद्र के अंतर्गत विभिन्न शैक्षिक कार्यक्रमों में अनेक विद्यार्थी शिक्षा प्राप्त कर रहे हैं। महाविद्यालय में आधुनिक समय की मांग को समझते हुए विद्यार्थियों के समग्र विकास के लिए सूचना एवं प्रौद्योगिकी विभाग द्वारा अत्याधुनिक सुविधाओं से सुसज्जित कंप्यूटर लैब उपलब्ध है और कंप्यूटर साइंस का कोर्स भी विद्यार्थियों के लिए गत सत्र से प्रारंभ किया गया है, जिससे विद्यार्थी लाभान्वित हो रहे हैं। इसी सत्र से 10 कंप्यूटर से लैस GPS Lab भूगोल विभाग में प्रारम्भ की गयी।

#### Choice Based Credit System (CBCS):

हिमाचल प्रदेश विश्वविद्यालय ने 2013-14 से स्नातक स्तर पर CBCS एवं सत्र प्रणाली लागू की है। वर्तमान में महाविद्यालय में CBCS के अंतर्गत स्नातक स्तर पर वार्षिक प्रणाली की कक्षाएँ तीनों संकायों में समान रूप से चल रही हैं। इसके अलावा, स्नातकोत्तर स्तर पर अंग्रेजी, हिंदी और राजनीति शास्त्र विषयों में भी शिक्षा प्रदान की जा रही है।

#### कार्यग्रहण, नियुक्तियाँ, स्थानांतरण एवं रिक्तियाँ:

स्थानांतरण एवं नियुक्तियाँ एक निरंतर चलने वाली प्रक्रिया है, जिसके अंतर्गत कुछ लोग महाविद्यालय परिवार में सम्मिलित होते हैं, जबकि कुछ स्थानांतरित होकर अन्य संस्थानों में अपनी सेवाएँ प्रदान करते हैं। इस शैक्षिक सत्र में महाविद्यालय परिवार में निम्नलिखित सदस्य जुड़े हैं:

क्रम संख्या	नाम	पद
1	काजल चौहान	प्रतिनियुक्ति पर
2	लाभ सिंह	प्रतिनियुक्ति पर
3	तिलक राज	सेवादार
4	रमा देवी	सेवादार
5	प्रेम लता	सेवादार

इस शैक्षिक सत्र में महाविद्यालय से निम्नलिखित सदस्यों का स्थानांतरण हुआ है:

क्रम संख्या	नाम	पद
1	नन्द किशोर	अधीक्षक, ग्रेड-II
2	शेर सिंह	लिपिक
3	खेम राज	लिपिक पदोन्नति
4	उर्मिला	सेवानिवृत्त
5	मान धर	सेवानिवृत्त
6	कौशल्या	सेवानिवृत्त

महाविद्यालय में विभिन्न पदों के कुल 35 पदों में से 21 पद कला संकाय, 11 पद विज्ञान और 3 पद वाणिज्य विभाग के लिए स्वीकृत हैं। कला संकाय में 11 पदों में से 19 पद भरे गए हैं, शेष 3 (अंग्रेजी, हिंदी और संस्कृत) पद रिक्त हैं। विज्ञान संकाय में 11 पदों में से 10 पद भरे गए हैं, शेष 1 पद (जीव विज्ञान) रिक्त है। वाणिज्य संकाय में सभी 3 पद भरे गए हैं। गैर शैक्षिक कर्मचारियों के 25 पदों में से 17 पद भरे गए हैं, शेष 8 पद रिक्त हैं। रिक्त पदों में वरिष्ठ प्रयोगशाला सहायक का 1 पद, तबला वादक का 1 पद, 1 पद Animal Collector और पुस्तकालयाध्यक्ष का 1 पद शामिल हैं।



**केंद्रीय छात्र संघ:**

हिमाचल प्रदेश विश्वविद्यालय के निर्देशानुसार, हर वर्ष महाविद्यालय में वरिष्ठता के आधार पर केंद्रीय छात्र संघ के सदस्य चुने जाते हैं। इस वर्ष के केंद्रीय छात्र संघ के सदस्य निम्नलिखित हैं:

पद	नाम	विभाग
अध्यक्ष	तारा	कला स्नातकोत्तर (हिंदी)
उपाध्यक्ष	इंदु	कला स्नातकोत्तर (हिंदी)
सचिव	राधिका	विज्ञान स्नातक (द्वितीय वर्ष)
सहसचिव	नेहा	कला स्नातक (प्रथम वर्ष)

**विद्यार्थियों की संख्या:**

Category wise enrolment of students as on 31-01-2025 in r/o Govt. College Karsog, Distt. Mandi (HP)

Stream	Class wise/Stream wise Enrolment	General		SC		ST		OBC		Total		Grand Total
		B	G	B	G	B	G	B	G	B	G	
Arts	B.A. I Year	132	233	67	69	1	1	13	24	213	326	540
	B.A. II Year	96	227	50	81	1	0	12	17	159	325	484
	B.A. III Year	133	209	45	97	1	1	15	20	194	327	521
	<b>Total</b>	<b>361</b>	<b>669</b>	<b>162</b>	<b>247</b>	<b>3</b>	<b>2</b>	<b>40</b>	<b>61</b>	<b>566</b>	<b>979</b>	<b>1545</b>
Science	B.Sc. I Year	13	30	5	4	0	0	1	2	19	36	55
	B.Sc. II Year	15	27	5	4	0	0	1	2	21	33	54
	B.Sc. III Year	5	22	1	5	0	0	0	0	6	27	33
	<b>Total</b>	<b>33</b>	<b>79</b>	<b>11</b>	<b>13</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>4</b>	<b>46</b>	<b>96</b>	<b>142</b>
Comm.	B.Com I Year	27	16	7	4	0	1	0	0	33	21	55
	B.Com II Year	10	8	6	4	0	0	1	1	17	13	30
	B.Com III Year	14	11	1	7	0	0	0	0	15	18	33
	<b>Total</b>	<b>51</b>	<b>35</b>	<b>14</b>	<b>15</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>66</b>	<b>52</b>	<b>118</b>
<b>Grand Total (Arts + Science + Commerce)</b>		<b>440</b>	<b>777</b>	<b>187</b>	<b>275</b>	<b>3</b>	<b>3</b>	<b>43</b>	<b>66</b>	<b>673</b>	<b>1121</b>	<b>1801</b>
M.A	PG Sem. I	18	45	5	10	0	0	2	3	25	58	83
	PG Sem. III	6	44	6	11	0	0	2	0	14	55	69
	<b>Total</b>	<b>24</b>	<b>89</b>	<b>11</b>	<b>21</b>	<b>0</b>	<b>0</b>	<b>4</b>	<b>3</b>	<b>39</b>	<b>113</b>	<b>152</b>
<b>G.Total (BA, B.Sc, B.Com-I, II, III Year &amp; M.A. I, III Sem.)</b>		<b>469</b>	<b>872</b>	<b>198</b>	<b>296</b>	<b>3</b>	<b>3</b>	<b>47</b>	<b>69</b>	<b>717</b>	<b>1240</b>	<b>1957</b>

**छात्रवृत्तियां:**

निम्नलिखित योजनाओं के तहत कुल 236 विद्यार्थियों को ₹18,06,900 का दान वितरित किया गया:

कल्पना चावला छात्रवृत्ति योजना	66 विद्यार्थी, ₹99,0000
इंदिरा गांधी उत्कृष्ट छात्रवृत्ति योजना	01 विद्यार्थी, ₹10,000
प्रधानमंत्री यशस्वी छात्रवृत्ति (SC)	62 विद्यार्थी, ₹2,66,600
प्रधानमंत्री यशस्वी छात्रवृत्ति (OBC, EBC, DNT)	75 विद्यार्थी, ₹3,22,500
मुख्यमंत्री विद्यार्थी कल्याण योजना	13 विद्यार्थी, ₹1,95,000
केंद्रीय क्षेत्रीय छात्रवृत्ति योजना	19 विद्यार्थी, ₹22,800

**वार्षिक परीक्षा परिणाम:**

किसी भी शिक्षण-संस्था की गुणवत्ता यहाँ के शैक्षिक परिणामों पर निर्भर करती है। महाविद्यालय का परीक्षा-परिणाम सभी संकायों में विश्वविद्यालय के परिणामों से अपेक्षाकृत बेहतर है। महाविद्यालय के गत सत्र का परीक्षा-परिणाम निम्नलिखित प्रकार से है:



Class	Number of Students Appeared	Number of Students Passed	Pass %
M.A. English, Hindi, Political Science	90	90	100
B.A. III	479	431	89.98
B. Sc. III	52	51	98.08
B. Com. III	29	24	82.76

### पुस्तकालय:

पुस्तकालय महाविद्यालय की आत्मा होती है। अतः पुस्तकालय की समृद्धि पर ही छात्रों का विकास निर्भर रहता है। महाविद्यालय के पुस्तकालय में विविध विषयों से संबंधित 13,731 पुस्तकें उपलब्ध हैं। छात्रों को सामान्य ज्ञान में जागरूक करने एवं प्रतियोगी परीक्षाओं की तैयारी हेतु ३० पत्रिकाएं एवं ६ अंग्रेजी-हिंदी समाचार पत्रों की व्यवस्था की गई है।

### अभिभावक -शिक्षक संघ:

महाविद्यालय में अभिभावक -शिक्षक संघ का गठन सितंबर 9, 2023 को हुआ। इस संघ के अंतर्गत निम्नलिखित पदाधिकारियों का चुनाव किया गया:

क्रम संख्या	पद	नाम
1	अध्यक्ष	श्री कमल कुमार शर्मा
2	उपाध्यक्ष	श्रीमती संतोष कुमारी
3	सचिव	डॉ. सावित्री ठाकुर
4	सह सचिव	श्री पुष्प राज
5	कोषाध्यक्ष	श्री कमर लाल
6	सलाहकार	श्री टेक चंद

अभिभावक -शिक्षक संघ द्वारा विभिन्न विषयों में 3 प्राध्यापकों, तबला वादक, 2 सफाई कर्मचारी, 1 सुरक्षा कर्मचारी एवं 1 कंप्यूटर ऑपरेटर की सेवाएं उपलब्ध कराई गईं और महाविद्यालय के सृजनात्मक एवं विकासात्मक कार्यों में योगदान दिया गया।

### कन्या छात्रावास:

महाविद्यालय में केवल कन्या छात्राओं के लिए छात्रावास की सुविधा है। छात्रावास में इस समय 19 छात्राएं निवास कर रही हैं।

### "कामाक्षा" महाविद्यालय पत्रिका:

यह पत्रिका महाविद्यालय की रचनात्मकता और साहित्यिक गतिविधियों को बढ़ावा देने के साथ-साथ छात्रों की लेखन क्षमता को उजागर करने का एक महत्वपूर्ण मंच है। महाविद्यालय की वार्षिक पत्रिका "कामाक्षा" विद्यार्थियों की रचनात्मकता और सजग प्रतिभा को निखारने का अवसर प्रदान करती है, जो अंग्रेजी, हिंदी, संस्कृत, वाणिज्य, योजना, विज्ञान और पहाड़ी विषयों से संबंधित होती है। "कामाक्षा" पत्रिका महाविद्यालय के उभरते हुए लेखकों के लिए एक सशक्त मंच है, जहाँ वे अपनी विविध रचनाओं के माध्यम से अपने मन के उद्गार व्यक्त करते हैं। सत्र 202४-2५ के लिए निम्नलिखित रूप से संपादक, सह संपादक और उप-संपादक नियुक्त किए गए:

### आचार्य/आचार्या संपादक मंडल:

मुख्य संपादक : डॉ. कुलभूषण शर्मा

क्रम संख्या	विभाग	संपादक का नाम
1	अंग्रेजी	श्रीमती अनुपमा शर्मा
2	हिंदी	डॉ. सावित्री देवी
3	संस्कृत	श्री जय कुमार
4	योजना	डॉ. प्रेम प्रकाश
5	वाणिज्य	सुश्री विद्या देवी
6	विज्ञान	डॉ. लोमेश्वर
7	पहाड़ी	श्री भीष्म कुमार

**छात्र/छात्रासंपादक मंडल:**

क्रम संख्या	संपादक/संपादिका	विभाग
1	शबनम शर्मा (कला स्नातकोत्तर)	अंग्रेजी
2	तारा (कला स्नातकोत्तर)	हिंदी
3	पायल (कला स्नातकोत्तर)	संस्कृत
4	राजेंदर (कला स्नातक)	योजना
5	साहिबा कश्यप (वाणिज्य स्नातक)	वाणिज्य
6	निकिता शर्मा (विज्ञान स्नातक)	विज्ञान
7	उमेश (कला स्नातकोत्तर)	पहाड़ी

यह पत्रिका महाविद्यालय की रचनात्मकता और साहित्यिक गतिविधियों को बढ़ावा देने के साथ-साथ छात्रों की लेखन क्षमता को उजागर करने का एक महत्वपूर्ण मंच है।

**शिक्षेत्तर गतिविधियाँ:**

शिक्षा का उद्देश्य विद्यार्थियों का समग्र विकास करना है ताकि वे समाज में अपनी सफल भूमिका निभा सकें। शिक्षेत्तर गतिविधियाँ महाविद्यालय के अभिन्न अंग हैं और महाविद्यालय समय-समय पर सांस्कृतिक, खेलकूद एवं अन्य गतिविधियों का आयोजन करता रहता है। इस वर्ष में महाविद्यालय में विभिन्न शैक्षिक एवं ऑनलाइन आधारित गतिविधियों में विद्यार्थियों ने भाग लिया और उसे यादगार बनाया:

**ड्रामेटिक क्लब रंगमंच कार्यशाला:**

क्रम संख्या	नाम	दिनांक	कुल प्रतिभागी
1	रंगमंच कार्यशाला	अक्तूबर 15, 2024 से नवम्बर 15, 2024	32

**हिमाचल प्रदेश विश्वविद्यालय युवा महोत्सव:**

हिमाचल प्रदेश विश्वविद्यालय युवा समारोह में महाविद्यालय के छात्रों ने उत्कृष्ट प्रदर्शन करते हुए महाविद्यालय का मान बढ़ाया। महाविद्यालय के होनहार विद्यार्थियों ने ग्रुप- I, II, और IV में भाग लिया और शानदार प्रदर्शन किया। इस वर्ष महाविद्यालय को हिमाचल प्रदेश विश्वविद्यालय युवा महोत्सव ग्रुप –II (संगीत) को दिनांक अक्तूबर 23 से अक्तूबर 26, 2024 तक आयोजित करने का सौभाग्य प्राप्त हुआ। यह महत्वपूर्ण आयोजन महाविद्यालय के लिए गर्व का क्षण था, क्योंकि छात्रों ने न केवल अपनी प्रतिभा का प्रदर्शन किया, बल्कि महाविद्यालय को गौरवान्वित भी किया। इसमें पुरस्कार प्राप्त करने वाले छात्रों का विवरण निम्नलिखित है।

**युवा उत्सव ग्रुप –II:**

क्रम संख्या	नाम	कक्षा	पुरस्कार
1	मनीषा	कला स्नातक तृतीय वर्ष	गज़ल (तृतीय)
2	मोनिका	कला स्नातक प्रथम वर्ष	लोकगीत (तृतीय)
3	खुशबू	कला स्नातक तृतीय वर्ष	पाश्चात्य गीत (तृतीय)
4	मितुल	कला स्नातक प्रथम वर्ष	लोक वाद्य यन्त्र (प्रथम)
5	करन	कला स्नातक तृतीय वर्ष	
6	राजेंदर कुमार	विज्ञान स्नातक तृतीय वर्ष	
7	गौतम वर्मा	वाणिज्य स्नातक द्वितीय वर्ष	
8	हेम प्रकाश	कला स्नातक प्रथम वर्ष	
9	साहिल	कला स्नातक प्रथम वर्ष	
10	धर्मवीर	कला स्नातक तृतीय वर्ष	
11	सचिन	कला स्नातक द्वितीय वर्ष	
12	रोहित	कला स्नातकोत्तर, (अंग्रेजी)	

महाविद्यालय के छात्रों ने लोक वाद्य यन्त्र (Folk Orchestra) प्रतियोगिता में चण्डीगढ़ में आयोजित अन्तर्विश्वविद्यालयीय युवा महोत्सव (जनवरी 1 से जनवरी 5, 2025) में हिमाचल प्रदेश विश्वविद्यालय का प्रतिनिधित्व करते हुए महाविद्यालय का नाम रोशन किया।

**युवा उत्सव ग्रुप –IV:**

क्रम संख्या	नाम	कक्षा	पुरस्कार
1	हिमांशु	कला स्नातक	मिमिक्री में द्वितीय पुरस्कार

**करियर काउंसलिंग एवं प्लेसमेंट सेल:**

इस वर्ष में विभिन्न विषयों के आचार्यों द्वारा करियर काउंसलिंग कार्यक्रमों का आयोजन किया गया:

Sl.	Name of the Activity	Collaborating Agency	Theme of the Event	Date of the Event	Venue	Total Number of Participants
1	Career Counselling Session	RBI Shimla	Career Opportunities in RBI	22-11-2027	GC Karsog	250
2	Career Counselling Session	Lecture Delivered by Suresh Jogta Founder Jogta Academy	Career Opportunities in Different Sector	26-11-2024	GC Karsog	380
3	Motivational Lecture	by Sanjeet Thakur Chairperson Central University Dharamshala	Motivational Lecture	12-10-24	GC Karsog	50
4	Inter Class Quiz	Organised by Economics Society, Department of Economics G C Karsog	Quiz Competition on Indian Economy	03-06-25	GC Karsog	65

**साहित्य परिषद:**

क्रम संख्या	गतिविधि का नाम	दिनांक	आयोजनकर्ता	प्रतियोगिताओं का आयोजन	कुल प्रतिभागी
1	“Commemorating Gurudev Rabindranath Tagore”	मई 07, 2024	अंग्रेजी विभाग	काव्य पाठ, कहानी लेखन, कहानी वाचन	216
2	“Remembering RK Narayan”	अक्तूबर 10, 2024	अंग्रेजी विभाग	काव्य पाठ, कहानी लेखन, कविता लेखन, कहानी वाचन, प्रश्नोत्तरी प्रतियोगिता	210

**हिंदी विभाग द्वारा आयोजित कार्यक्रम :**

कार्यक्रम का नाम	प्रतियोगिता	दिनांक	स्थान	कुल प्रतिभागी	विजेताओं के नाम
हिंदी दिवस	भाषण प्रतियोगिता	14 सितंबर 2024	कॉलेज सभागार	116	
	नारा लेखन				1 तारा 2 पुष्पा 3 नीलम
	प्रश्नोत्तरी प्रतियोगिता				1 हेमचंद्र 2 मनीषा 3 दीक्षा मेहता
	निबंध लेखन				1 पायल और पुष्पा 2 प्रियंका और दीक्षा
काव्यपाठ					1 उमेश कुमार 2 शीतला कुमारी 3 मृदुल शर्मा 1 हिमांशु 2 रितु 3 सीमा शर्मा

**फैकल्टी डेवलपमेंट प्रोग्राम (FDP 2024):**

महाविद्यालय में Internal Quality Assurance Cell (IQAC) के सौजन्य से दिसम्बर 23, 2024 से दिसम्बर 28, 2024 तक “Harnessing AI Tools: A Step Towards Strategic Teaching Approach” विषय पर Faculty Development Programme आयोजित किया गया जिसमें आर्टिफिशियल इंटेलिजेंस (AI) यानि कि कृत्रिम बुद्धिमत्ता के विभिन्न पहलुओं पर चर्चा की गई। यह एक तकनीक है जिससे मशीनें मानव जैसी तर्कशक्ति और स्वायत्त निर्णय लेने में सक्षम हो जाती हैं। आर्टिफिशियल इंटेलिजेंस (AI) मशीन लर्निंग, डीप लर्निंग, और प्राकृतिक भाषा प्रसंस्करण जैसे क्षेत्रों में प्रगति के साथ और भी ज़्यादा बुद्धिमान और सक्षम होती जा रही है।



**इक्को क्लब (Eco Club):**

Sr. No.	Name of the Activity	Collaborating Agency	Theme of the Event	Date of the Event	Venue	Total Number of Participants
1	One-Day Workshop on E-Waste Management	HIMCOSTE and HPSPCB.	e- Waste management	22nd May 2024	Conference Hall of Government College, Karsog	63
2	Talk by Padma Shri Awardee Shri Nek Ram Sharma	Padma Shri Awardee Shri Nek Ram Sharma	Importance of Millets	21-Sep-24	Conference Hall of Government College, Karsog	59
3	Plantation Drive	NSS, NCC Wings of the College	Rejuvenation of forest near to village Balana	23rd Aug. 2024	Forest near to village Balana	170
4	One-Day Cleanliness Drive	NSS, NCC Wings of the College	village Balana Clean Campus	17th Aug. 2024	Campus of Govt. College, Karsog	87

**रेड रिबन क्लब (Red Ribbon Club):**

Sr. No.	Name of the Activity	Theme of the Event	Date of the Event	Venue	Total Number of Participants
1	Formation of executive body of Red Ribbon Club		09.08.2024	College Hall	213
2	Flash mob on International Youth Day	Aids Awareness	12.09.2024	College Campus	48
3	Guest Lecture /Workshop on HIV/AIDS	AIDS Awareness	25.09.2024	Conference Hall	62
4	Awareness Session on HIV	HIV awareness	10.10.2024	Room No.103	34
5	Flash Mob II	AIDS Awareness	11.10.2024	College campus	36
6	Reel Making competition	AIDS awareness	22.11.2024	College campus	
7	Movie Show	AIDS awareness	27.11.2024	Conference hall	75
8	AIDS day celebration	AIDS awareness	02.12.2024	College Hall	66

**Commerce Society:**

Sr. No.	Name of the Activity	Collaborating Agency	Theme of the Event	Date of the Event	Venue	Total Number of Participants
1	Formation of Student Executive Council for Commerce Society		Formation of Student Executive Council	22Aug,2024	Department of Commerce	98 students of B.Com 1st, 2nd & 3rd year
2	Spontaneous Activity on Business and Management		Spontaneous Activity on Business and Management	1 Sept, 2024	Department of Commerce	85 students of B.Com 1st, 2nd & 3rd year
3	One Day Workshop on 'Cyber Crimes and Cyber Laws'		Cyber Crimes and Cyber Laws'	8th Oct, 2024	College Hall	13 speaker from the department of computer science and commerce, Total 96 students attended the event
4	One Week Workshop on Banking Office Procedure in SBI Karsog	SBI KARSOG	Banking Office Procedure	3rd Dec, 2024 to 8th Dec,2024	SBI KARSOG	9 students from B.Com 1st, 2nd & 3rd Year
5	One Day Industrial visit	Valley Extractions Pvt. Ltd. Sanarli	One Day Industrial visit	15th Feb,2024	Valley Extractions Pvt.Ltd. Sanarli	20 students of B.Com 3rd Year



**Department of Computer Science:**

Sr. No.	Name of the Activity	Collaborating Agency	Theme of the Event	Date of the Event	Venue	Total Number of Participants	Name of the Winner (s)/ Class/ Roll No.
1	One-Day Cyber Workshop Awareness on "Cyber Cell Crimes and Cyber Laws"		One-Day Workshop on "Cyber Crimes and Cyber Laws"	8th October, 2024	College Auditorium	13 Speakers from the department of Computer Science and the department of Commerce. Total 96 students attended the event.	Speakers for the Event Participant's names along with their titles:- 1. Anamika and Sakshi (B.Sc. 1st Year Computer Science)–“Exploitation of AI” 2. Nancy and Harshita (B.Sc. 1st Year Computer Science) - “Cyberstalking” 3. Kalpana Sharma and Yash (B.Sc. 1st Year Computer Science)–“Digital Arrest Scam” 4. Nikhil (B.Sc. 1st Year Computer Science)- “Online Scams and Password Attacks” 5. Mukul and Bhupesh (B.Sc. 1st Year Computer Science)- “Financial Threats” 6. Sahiba (B.Com 3rd Year Commerce) -“IT Act 2000” 7. Sujata (B.Com 3rd Year Commerce)–“IT Act 2008” 8. Lalita (B.Com 3rd Year Commerce)–“Digital Personal Data Protection Act 2023” 9. Toshar (B.Com 2nd Year Commerce)–“IPC (Indian Penal court)”

**राजनीति शास्त्र:**

Sr. No.	Name of the Activity	Collaborating Agency	Theme of the Event	Date of the Event	Venue	Total Number of Participants
1	Constitution Day	Govt. College Karsog	Constitution Day	26-11-24	College Hall 1	54
2	World Human Rights Day	Govt. College Karsog	World Human Rights Day	10-12-24	College Hall	204

**भूगोल विभाग:**

Sr. No.	Name of the Activity	Collaborating Agency	Theme of the Event	Date of the Event	Venue	Total Number of Participants
1	Field trip to Dhamun &	Himboldt Club Dept. of Geography	Geographical Field Trip	16-Nov-24	Dhamun	30
2	Geographical Film Screening	Department of Geography	Earthquakes and Tsunamis	22-Feb-25	Geography lab	10



**गणित विभाग:**

Name of the Activity	Collaborating Agency	Date of the Event	Venue	Total Number of Participants
A workshop on Vedic Mathematics	GC Karsog	02-12-24 to 09-12-24	GC Karsog	75

**एन.सी.सी. (NCC):**

Ritika Thakur	B. Sc. III	BSC/22/PSC/511	- Best Cadet (Girl)
Manoj Kumar	Balll	BA/22/HIST/5010	- Best Cadet (Boy) - Army Attachment Camp (National Camp)
Kuldeep	BAIII	BA/22/POL/6096	- Attended National Camp (Ek Bharat Shreshtha Bharat) - First in Culture - First in Kho-Kho - State RDC
Nishant	BAIII	BA/22/ENG/4044	- Attended Thal Sena Camp (IGC) - Attended State RDC
Pallavi	BAIII	BA/22/HIST/5046	- Attended Thal Sena Camp (IGC)
Pooja	BAIII	BA/22/HIND/4565	- Attended National Camp (Vabrant Village Camp) - Attended State RDC
Jhatesh Kumar	BAIII	BA/22/HIND/4540	- Attended National Camp (Vabrant Village Camp) - Attended National Camp (Army Attachment Camp)
Jyoti Bansal	BA III	BA/22/HIND/4557	- RDC Camp (IGC)
Ravinakshi Thakur	BA III	BA/22/HIST/5005	- Attended National Camp (Army Attachment Camp)
Aakash	BA III	BA/22/HIND/4552	- Attended National Camp (Army Attachment Camp) - Attended State RDC
Chanchal	BAIII	BA/22/SOCL/7028	- Participated in State RDC
Anjali Kapoor	BAII	BA/23/HIST/5015	- Participated in State RDC
Monika	BAII	BA/23/POLS/6109	- Participated in State RDC
Takshi Kapoor	BScIII	BSC/23/PSC/9	- Participated in State RDC
Devender Kumar	BAII	BA/23/POL/6019	- Participated in State RDC
Tirth Raj	BAII	BA/23/HIST/5017	- Participated in State RDC - RDC Camp (IGC)
Renuka	BAII	BA/23/HIST/5017	- Participated in State RDC
Pankaj Kumar	B.Sc II	BA/23/PSC/505	- Participated in State RDC
Pooja Verma	BAII	BA/23/POLS/6051	- Participated in State RDC
Dharmender	BAII	BA/23/PUBA/8033	- Participated in State RDC
Pushpa	BAII	BA/23/HIND/4536	- Participated in State RDC
SGT Partibha Singh	Passed out	-	- Passed NCC Certificate "A"
CDT Kirna Kumari	Passed out	-	- Passed NCC Certificate "A"
CDT Vanshita	Passed out	-	- Passed NCC Certificate "A"
CDT Feeza Thakur	Passed out	-	- Passed NCC Certificate "A"
SUO Mahima Thakur	Passed out	-	- Passed NCC Certificate "B"
SUO Pushpneet	Passed out	-	- Passed NCC Certificate "B"
UO Umesh Kumar	Passed out	-	- Passed NCC Certificate "B"
UO Banita	Passed out	-	- Passed NCC Certificate "B"
SGT Chuda Mani	Passed out	-	- Passed NCC Certificate "B"
CDT Rohan Mehta	Passed out	-	- Passed NCC Certificate "B"
CDT Sushil Sharma	Passed out	-	- Passed NCC Certificate "B"
CDT Tigmanshuu	Passed out	-	- Passed NCC Certificate "B"
CDT Tilak Raj	Passed out	-	- Passed NCC Certificate "B"
CDT Anuradha	Passed out	-	- Passed NCC Certificate "B"
C DT Kalpna Kumari	Passed out	-	- Passed NCC Certificate "B"
CDT Nishtha	Passed out	-	- Passed NCC Certificate "B"



CDT Ghanshyam	Passed out	-	- Passed NCC Certificate "B"
CDT Deepanshu Thakur	Passed out	-	- Passed NCC Certificate "B"
CDT Mahesh Kumar	Passed out	-	- Passed NCC Certificate "B"
CDT Sainisha Sharma	Passed out	-	- Passed NCC Certificate "B"
CDT Sonia Sharma	Passed out	-	- Passed NCC Certificate "B"
CDT Rahul Sharma	Passed out	-	- Passed NCC Certificate "B"
CDT Raman	Passed out	-	- Passed NCC Certificate "B"
CDT Neha verma	Passed out	-	- Passed NCC Certificate "C"
CDT Dimpla Kumari	Passed out	-	- Passed NCC Certificate "C"
CDT Jyoti	Passed out	-	- Passed NCC Certificate "C"

**एन.एस. (NSS):**

महाविद्यालय में यह इकाई बेमिसाल कार्य कर रही हैं। इस वर्ष की उपलब्धियाँ निम्नलिखित रही हैं:

Sr. No.	Name of the Activity	Collaborating Agency	Theme of the Event	Date of the Event	Venue	Total Number of Participants	Name of the Student
1	Formation of New executive	NSS Unit C Karsog	New executive Body	30-Jul-24	GC Karsog	31	
2	Enrolment	NSS Unit GC Karsog	New enrolment start	05 August to 10 Aug. 2024	GC Karsog	50	
4	Independence Day	NSS Unit GC Karsog	Independence Day	15 Aug. 2024	GSSS Karsog	16	
5	One day camp	NSS/NCC/R&R UNIT GC Karsog	A special cleaning campaign	17 Aug. 2024	GC Karsog	300	
6	Organized a rally	TRIVENI GC Karsog	Kolkata Rap Case	20 Aug. 2024	GC Karsog to bus stand	1000	
7	Tree Plantation	NSS/NCC/R&R UNIT GC Karsog	Environment Protection	23 Aug. 2024	Balana place	81	
8	Formation of Women cell executive	GC Karsog	Women cell new executive body	27 Aug. 2024	GC Karsog	600	
9	Sports Day	GC Karsog	Athletic, fitness & healthy living	29 Aug. 2024	GC Karsog	800	
10	Swachhata hi Seva	NSS Unit GC Karsog	Swabhav Swachhata & Sanskar Swachhata	17 Sept. to 02 Oct. 2024	GC Karsog	50	
11	One day camp	NSS Unit GC Karsog	Swabhav Swachhata & Sanskar Swachhata	18-Sep-24	GC Karsog	20	
12	Oath	NSS Unit GC Karsog	Swabhav Swachhata & Sanskar Swachhata	22-Sep-24	GC Karsog	50	
13	Road Safety Survival	NSS/NCC/R&R UNIT GC Karsog	My Himachal Safe Himachal	23-Sep-24	GC Karsog	100	
14	NSS Day Celebration	NSS Unit GC Karsog	Swabhav Swachhata & Sanskar Swachhata	24-Sep-24	GC Karsog	200	
15	One day camp	NSS Unit GC Karsog	Swabhav Swachhata & Sanskar Swachhata	26-Sep-24	Sanana place	15	
16	Panting Competition	NSS Unit GC Karsog	Swabhav Swachhata & Sanskar Swachhata	28-Sep-24	GC Karsog	15	
17	Took out a rally	NSS Unit GC Karsog	Swabhav Swachhata & Sanskar Swachhata	30-Sep-24	GC Karsog to bus stand	200	
18	State level Selection Camp	NSS Unit GC Karsog	Youth for Sustainable Development	30-Sep-24	MLSM COL SNR	3	Volunteer Mahesh, Prerna Sharma, Gautam
19	One day camp	NSS Unit GC Karsog	Swabhav Swachhata & Sanskar Swachhata	01-Oct-24	Banoni Place	100	
20	Swachhata hi Seva Campaign	NSS Unit GC Karsog	Swabhav Swachhata & Sanskar Swachhata	02-Oct-24	GC Karsog	200	



21	Selection for PRE-RD Camp	NSS Unit GC Karsog	Youth for Sustainable Development	03-Oct-24	Jaipur Rajasthan	1	Volunteer Prerna Shrama
22	Organizing A One Day Trip	NSS Unit GC Karsog	Excursion	17-Oct-24	Rewalsar	60	
23	One day camp	NSS Unit GC Karsog	Youth Festival	18-Oct-24	GC Karsog	60	
24	One day camp	NSS Unit GC Karsog	Youth Festival	19-Oct-24	GC Karsog	50	
25	Construction of a dustbin	NSS Unit GC Karsog	construction of a dustbin	21-Oct-24	GC Karsog	6	
26	Youth festival begins	NSS/NCC/R&R UNIT GC Karsog	Youth Festival Begins	22-Oct-24	GC Karsog	300	
27	Tell People on the occasion of diwali	NSS Unit GC Karsog	Tell people on the occasion of Diwali	30-Oct-24	GC Karsog	1	
28	PRE-RD Camp Jaipur	NSS Unit GC Karsog	Youth for Sustainable Development	31-Oct-24	Jaipur,	1	Volunteer Prerna Rajasthan Sharma
29	CSCA New	NSS/NCC/R&R Executive Body	New executive body UNIT GC Karsog	07-Nov-24	GC Karsog	20	
30	My Bharat Outreach Programme	NSS Unit GC Karsog	Ministry of Youth Affairs and Sports	08-Nov-24	GC Karsog	50	
31	One day camp My Bharat Campaign	NSS Unit GC Karsog	To Make People Aware About My India	09-Nov-24	Adopted Vill. Sanana	15	
32	RBI Bank Counselling	NSS/NCC/R&R UNIT GC Karsog	Function Of RBI Bank	22-Nov-24	GC Karsog	300	
33	Constitution Day	NSS/NCC/R&R UNIT GC Karsog	Our Constitution, Our Honor	26-Nov-24	GC Karsog	400	
34	The Red Cross Day	NSS/NCC/R&R UNIT GC Karsog	I give with joy, & I give is a reward	02-Dec-24	GC Karsog	250	
35	Yuva Sangam Camp	NSS Unit GC Karsog	Youth for Sustainable Development	26-Dec-24	Maulana Azad Nat. Urdu Uni. Hyderabad	1	Volunteer Khitav Thakur
36	Plants Were Watered	NSS Unit GC Karsog	Plants Remain Healthy & Green	02-Jan-25	GC Karsog	2	Volunteer Rohini, Sheetal
37	Stepwell clean	NSS Unit GC Karsog	Cleanliness Drive	04-Jan-25	Rashog Place	4	Volunteer Sakshi & other
38	To Donate Clothes	NSS Unit GC Karsog	Environmental Protection helping the needy	08-Jan-25	Mahunag Place	1	Volunteer Kusum Sharma
39	Worcester Campaign	NSS Unit GC Karsog	Environmental Protection helping the needy	09-Jan-25	Mini Secretariat Karsog	15	
40	The Culture of Himachal Pardesh	NSS Unit GC Karsog	The Culture Of Himachal Pradesh	13-Jan-25	Mahog Place	1	Volunteer Nikita
41	Patients time in Hospital	NSS Unit GC Karsog	Hospital workshop	14-Jan-25	Civil Hospital Karsog	2	Volunteer Muskan, Kusum
42	To reduce the use of Plastic baags	NSS Unit GC Karsog	Bad effect of plastic on environment & human life	17-Jan-25	GC Karsog	1	Volunteer, Tanya
43	National Voters Day	NSS/NCC/R&R UNIT GC Karsog	History, Significance Celebration & More	25-Jan-25	GC Karsog	29	
44	Republic Day	NSS Unit GC Karsog	Swarnim Bharat Virasat Aur Vikas	26-Jan-25	GSSS Karsog	16	
45	Services at Civil Hospital Karsog	NSS Unit GC Karsog	Patients time in Hospital	28-Jan-25	Civil Hospital Karsog	9	Volunteer Sheetal, Ankita, Seema, Mehak, Rohit, Sheetal
46	NIC Camp	NSS Unit GC	Youth for Sustainable	05-Feb-25	Chandigarh	1	Volunteer Ishita Thakur



	Karsog		Development		University		
47	Black Day	NSS Unit GC Karsog	Pulwama Terror Attack	14-Feb-25	GC Karsog	44	
48	NSS Seven Days Camp	NSS Unit GC Karsog	Special Residential camp	04 to 10 March	GC Karsog	65	
49			Campus beautification camp	15-Mar-25	GC Karsog	50	

**रोवर्स व रेंजर्स (R & R):**

Annual Report Activities of ROVER and RANGER UNIT 2024-25								
Name of the Activity	Collaborating Agency	Theme of Event	Date of Event	Venue	Total Number of Participants	Name	Class	Roll No.
Plantation Drive	G.C.Karsog	Environment Day	05-Jun-24	Banauni	13 (8 Rovers, 5 Rangers)			
Unit Leader Training	BSG Headquarters	SURF SMART 2.0	20-Jun-24	Virtual Mode	1 Rover			
Maintenance of Botanical Garden	G.C.Karsog	Clean and Green	12-Jul-24	G.C. Karsog	29 (14 Rovers, 15 Rangers)			
Cleaning of Water Bodies	Gram Panchayat Mamel	Cleanliness Awareness	11-Aug-24	Kani Mandlah	19 (9 Rovers, 10 Rangers)			
Trekking	G.C.Karsog	Fitness and waste Management	18-Aug-24	Dhamun	5 Rovers			
Independence Day	GMSSS Karsog	Independence Day	15-Aug-24	GSSS Karsog	16 (5 Rovers, 11 Rangers)			
Plantation Drive	G.C. Karsog	Plantation Drive	23-Aug-24	Bakhrunda	58 (42 Rangers, 16 Rovers)			
Civil Defence Training	Fire Department	Badge Earning	28-Aug-24	Fire Office Mamel	32 (14 Rovers, 18 Rangers)			
Rajya Puraskar Testing Camp	STC Rewalsar	Testing Camp	04-Sep-24	Rewalsar	7 (3 Rovers, 4 Rangers)			
All Faith Prayer	G.C.Karsog	Nipun Activity	28-Sep-24	G.C. Karsog	19 (4 Rovers, 15 Rangers)			
Factory Visit	G.C.Karsog	Nipun Activity	29-Sep-24	Sanarli 15	(7 Rovers, 8 Rangers)			
Nipun Testing	STC Rewalsar	Testing Camp	22-Oct-24	Rewalsar	11 Rangers	Upasna	BA II	BA/23/POLS/6026
						Isha Devi	BA II	BA/23/POLS/6119
						Komal Verma	BA II B	A/23/PUBA/8041
						Anita	BA II	BA/23/PUBA/8014
						Shweta	BA II	BA/23/POLS/6111
						Minakshi	BA II	BA/23/POLS/6089
						Ambika Sharma	BA II	BA/23/POLS/6100
						Nikita	BA II	BA/23/POLS/6132
						Neelakshi	BA II	BA/23/POLS/6052
						Manisha	BA II	BA/23/HIND/4521
						Monika	BA II	BA/23/HIND/4613
Pushpa Devi	BA II	BA/23/HIND/4013						
Jagriti	BA II	BA/23/POLS/6120						
Foundation Day	G.C. Karsog	Cleanliness Awareness	07-Nov-24	G.C. Karsog	26 (6 Rovers, 20 Rangers)			
Nipun Testing Camp Rovers	STC Rewalsar	Testing Camp	09-Nov-24	Rewalsar	6 Rovers	Naveen Chauhan	BA II	BA/23/POLS/6032
						Kanav Verma	BA II	BA/23/HIND/4584
						Ghanshayam Lal	BA II	BA/23/POLS/6098
						Sachin	BA II	BA/23/HIND/4505
						Bal Krishan	BA II	BA/23/GEOGP/7805
Mridul Sharma	BA II	BA/23/POLS/6023						
Service	Gurudwara Mandi	Guru Nanak Jayanti	14-Nov-24	Mandi	2 Rovers			
Poetry Writing Competition	SPU Mandi	Distt Level Competition	23-Nov-24	Karsog	1 Rover			
Pre-RD Selection Camp	STC Rewalsar	Pre-RD	26-Nov-24	Rewalsar	19 (9 Rovers, 10 Rangers)			
Service in Bhandara	Shiv Temple	Social Service	01-Dec-24	Mamel	6 (2 Rovers, 4 Rangers)			
Self Defence training Camp	STC Rewalsar	Training Camp	03-Dec-24	Rewalsar	7 Rangers			
Annual Athlete Meet	G.C.Karsog	Sports Meet	06-Dec-24	Karsog	19 (10 Rovers, 9 Rangers)			



State Level Republic Day Parade	STC Rewalsar	Parade	26-Jan-25	Shimla	9 (4Rovers, 5 Rangers)	Kartik	B.Sc I	BSC/24/LSC/2013
						Bal Krishan	BA II	BA/23/GEOGP/7805
						Bhuvnesh	BA I	BA/24/HIND/4501
						Devkant	BAI	BA/24/POLS/6005
						Akanksha	BAI	BA/24/HIST/5054
						Richa Verma	BA III	BA/22/ENG/4001
						Isha Sharma	BAIII	BA/22/ECON/7504
						Dushali Sharma	BAIII	BA/24/POLS/6103
Bipasha Thakur	BA I	BA/24/HIST/5019						
Diamond Jubilee	Tamil Nadu	National	28-Jan-25	Tamil	1 Ranger	Tamanna	BA II	BA/22/ENG/4026
Jamboree		Camp			Nadu			
Cleanliness Drive	G.C.Karsog	Cleanliness	14-Feb-25	Karsog	30 (19 Rangers, 11 Rovers)			
Pravesh Testing Camp	G.C.Karsog	Testing Camp	16-Feb-25	Karsog	46 (30 Rangers, 16 Rovers)			
Founder's Day	G.C.Karsog	Founder's Day	22-Feb-25	G.C. Karsog	23 (11Rangers, 12 Rovers)			
Rajya Puraskar Qualified					4 (1 Rover, 3 Rangers)	Kaushal	BAIII	BA/22/HIND/4504
						Tamanna	BA II	BA/22/ENG/4026
						Banita	BA II	BSc/22/LSC/2003
						Pooja	BAIII	BA/22/POLS/6099

### खेलकूद प्रतियोगिताएं:

महाविद्यालय के शिक्षकों एवं विद्यार्थियों ने विभिन्न शैक्षिक एवं खेलकूद प्रतियोगिताओं में भाग लिया और पुरस्कार प्राप्त किए।

Sr. No.	Name of the Activity	Collaborating Agency	Date of the Event	Venue	Total Number of Participants	Position	Name of the Winner (s)/ Class/Roll No.
1	Chess (Women)	HP University	13th to 16th October 2024	GC Sujampur	4	Inter- University	Karuna B.Com 1st /24/3013
2	Chess (Men)	HP University	13th to 16th October 2024	GC Sujampur	4	8th position	
3	Badminton (Men)	HP University	22nd to 25th October 2024	GC Sanjauli	5		
4	Volleyball (Men)	HP University	23rd to 26th October 2024	GC Seema Rohru	12		
5	Kabaddi (Men)	HP University	23rd to 26th October 2024	GC Jwala Ji	12		
6	Cricket (Men)	HP University	4th to 11th November 2024	MLSM Sunder Nagar	15		
7	Kho-Kho (Men)	HP University	5th to 7th November 2024	GC Haripur	1		
8	Kho-Kho (Women)	HP University	25th to 27th November 2024	GSC Nahan	13		
9	Boxing (Men)	HP University	30th to 6th December 2024	GDC Daulatpur	7		
10	Kabaddi (Women)	HP University	30th to 5th December 2024	GDC Nahan	12		
11	Boxing (Women)	HP University	18th to 21st December 2024	MLSMSundernagar	3	Bronze medal	Ishita BA 3rd year

### Teacher Profile (2024-25)

**Dr. Gulshan Mahajan** (Assistant Professor, Department of Physics):

#### Publications:

Title of the Research Paper/ Book Chapter with Page No.	Name of the Book/ Journal	Main Author/ Co-author	ISBN/ISSN	Whether Peer Reviewed & Impact Factor	Date of Publication
Effect of hyperon meson coupling parameter on keplerian frequency of compact star	Proceedings of 68th DAE Symposium on Nuclear Physics	Gulshan Mahajan/ Raj Kumar, Shashi K Dhiman	978-81-967453-5-6	Yes	12 December, 2024
Exploring the Role of Hyperons in Neutron Star Physics Using a Relativistic Mean Field Approach	Proceedings of 68th DAE Symposium on Nuclear Physics	Mukul Kumar/ Virender Thakur, Gulshan Mahajan, Raj Kumar, Shashi K. Dhiman	978-81-967453-5-6	Yes	13 December, 2024



**Presentations:**

Name of the Conference/Seminar	International/National/State	Title of Conference/Seminar / Workshop	Organised by	Date of Programme
DAE Symposium on Nuclear Physics	National	68th DAE Symposium on Nuclear Physics	IIT Roorkee	07 to 11 December, 2024
State Level Seminar on Academic Writing	State	Academic Writing	Government Degree College Baldwara	31st December, 2024
The role of Technology to combat the triad in Crises: Biodiversity loss, climate change and a sustainable future	International/National/State	The role of Technology to combat the triad in Crises: Biodiversity loss, climate change and a sustainable future	Dr.Sarvepalli Radhakrishnan Government College Dharampur	24-25 October, 2024

**FDP:**

Programme Attended	International/National/State/ Regional	Organised by	Duration of the Programme
Harnessing AI tools: A step towards strategicteaching approach	National	GC Karsog in collaboration with Nucleus of Learning and Development	23 to 28 December, 2024
E content development and MOOCS	National	NIT Patna	14 to 20 January 2025

**Dr. Yamuna Sharma** (Assistant Professor, Department of Physical Education):

**Refresher Course/FDP Attended:**

Programme Attended	International/National/State/ Regional	Organised by	Duration of the Programme
One Week PDF Refresher Course	National	GDC Karsog	One week 23 to 28th December
	National	Malaviya Mission Teacher Training Centre Ramanujan College	Two weeks 3 to 28th February

**Ms. Ruchi Narang** (Assistant Professor, Department of Mathematics):

**Paper Presentations:**

Title of the Research Paper Presented	Name of the Conference/Seminar	International/National/State	Title of Conference/Seminar/ Workshop	Organised by	Date of Programme
Innovative Cryptographic Technique using Rhotrix Mapping on Elliptic Curves Over Finite Fields	ICMAST-2024	International	International Conference on Mathematics and its Applications in Science and Technology	SRMS College of Engineering & Technology, Bareilly	30-31 August, 2024
DNA Code based Encryption using Bisymmetric Rhotrix and Elliptic Curve Cryptography	ICRTM-2025	International	International Conference on Recent Trends in Mathematics	Hansraj College, University of Delhi	07-08 February, 2025

**Refresher Course/FDP:**

Programme Attended	International/National/State/Regional	Organised by	Duration of the Programme
One week FDP	National	G C Karsog	One Week (23-28th, December)
Refresher Course	National	Malaviya Mission Teacher Training Centre Ramanujan College	Two Weeks (3-20th February)

**Dr. Kulbhushan Sharma (Assistant Professor, Department of English):**

**Book Publications/Articles/Poems Published:**

Title of the Research Paper/Book Chapter with Page No.	Name of the Book/Journal	Main Author/ Co-author	ISBN/ISSN	Whether Blind Peer Reviewed /Impact Factor	Name of the Publication	Date of Publication
Revelation (Your Space)	<i>Museindia: The Literary ejournal</i>	Main Author	0975-1815	-	<i>Museindia</i> journal	Sep-24
Poetry	<i>Shrine Songs on Temple Tale</i>	Co-Editor	9789385500442	-	Ferntree Publishing	Oct-24
	<i>Nimbus Nube: Strokes from the Heart</i>	Main Poet	9789369543564	-	Book Leaf Publishing	Feb-25
	<i>Serendipity: An Anthology of Nature Poems</i>	Main Editor	-	-	Authorpress	Mar-25
The Living Symphony: Ruskin Bond's Reverence for Nature in the Himalayas (Pg 59-68)	<i>The Expression: An International Multidisciplinary e-Journal</i>	Main Author	2395-4132	Yes, Impact Factor: 6.4	-	Feb-25
Exploring Caste and Narrative Perspectives in Premchand's	Conference Proceedings on 5 <sup>th</sup> International Conference on Global Trends in English	Main Author	9788197682780	Yes	Research Culture Society	Feb-25
'Deliverance': A Critique of Social Inequality	Language, Literature and Linguistics					

**Conferences/Seminars/Webinars Attended:**

Title of the Research Paper Presented	International/ National/State	Name of the Conference/ Seminar	Organised by	Date
Translating Culture Resonance: Challenges and Strategies in Rendering & The Himalayan Institute Himachal <i>Sukrat</i> Song into English	International	Localising Knowledge Formation: Towards Strengthening the Vernacular Voice (s)	GC Seraj at Lambathach of Culture and Heritage Studies, Dhama HCPS, Los Angeles and Pennsylvania, USA	18-19 Oct. 2024
The Cosmic Connection: Swami Vivekananda's Vision on Ecospirituality and Sustainability	International	3rd International Conference on English Language, Literature, and Culture, on "Sustainable Global Goals in World Literature and Contemporary Studies: Remodelling Gnoseological Interlinkages"	The Achievers Foundation for English Studies, Saripur, Bhadohi, Uttar Pradesh, India, Madan Mohan Malaviya University of Technology, Gorakhpur, India, & LJNH GGC, Una, HP	14-15 Dec. 2024
A Tale of Two Childhoods: A Psychological Exploration of Amir and Hassan's Childhood in Khaled Hosseini's "The Kite Runner"	International	International Conference on Literature Language and Religions	ILC, RCS, ELC & Maharaja College, Ara, Bihar	28-29 Dec. 2024
Crafting Compelling Book Reviews: A Guide to Writing and Publishing	State	Academic Writing	GC Baldwara, HP	31 Dec. 2024
A Comparative Study of Caribbean, Indian and African Diasporas	National	Diaspora: Literary Representations and Realities	Swami Vivekananda Arts & Science College, Villupuram, Tamilnadu	29 Jan. 2025 5-7 Feb. 2025
Emotional Intelligence in the Age of AI: Strategies for Developing Empathy and Social Skills	ICSSR National	Future of Learning: AI Integration and Human Expertise in Education	SSRNM College, Sattur, Tamilnadu	
Exploring Caste and Narrative Perspective in Premchand's Deliverance: A Critique of Social Inequality	International	5 <sup>th</sup> International Conference on Global Trends in English Language, Literature and Linguistics	Research Culture Society	4-16 Feb. 2025



Narratives of Agency: Feminist Perspectives on Women's Empowerment in Virginia Woolf's "A Room of One's Own" and Kamala Das's "My Story"	International	Gender Equality Rhetoric to Action: Balancing Achievements with Unresolved Issues	PSRG College Baijnath, HP	8-9 March 2025
Reconfiguring the Book: Digital Literature and the Future of Reading	International	One-Day International Conference on Tradigital: English Studies in Post Digital Era (ESPDE-2025)	ThanthaiPeriyar Government Arts & Science College, Tamilnadu, India	3 March 2025
-	National Webinar	Tribal Studies: Creating Cultural Awareness and Sensitivity	Nucleus of Learning and Development	July 16, 2024
-	National Webinar	Critique of the Ambivalent Relationship of Sanskrit and English Language and Literature	SMMDGSC Panchkula, Haryana & IASSK, Chandigarh	May 08, 2024

**Refresher Course/Faculty Development Programme Attended:**

Programme Attended	International/ National/ State	Organised by	Date
Recent Trends in English Language, Literature and Linguistics	Refresher Course (National)	UGC MMTTC, University of Mumbai	Jan 06-18, 2025
Deconstructing Folklore	FDP (National)	GGU, Sidhpur, Gujarat & NLD	July 29-Aug 04, 2024
Unleashing the Power of AI Tools for Teachers	FDP (National)	SD College, Ambala Cantt & NLD	Sept 30-Oct 05, 2024
Exploring Use of AI Tools in Research	FDP (National)	BBMJPGC & NLD	Dec 30, 2024 –Jan 04, 2025
Harnessing AI Tools: A Step Towards Strategic Teaching	FDP (National)	GC Karsog & NLD	Dec 23-28, 2024

**Awards and Recognition:**

Name of the Award	Award/ Recognition for	Award Conferred By	Date/Year
National Literature Award 2024	Research/Poetry & Fiction	Indian Literature & Arts Society	December 2024
Rabindranath Tagore Award	Excellent Researcher on Rabindranath Tagore	Welfred Foundation	December 2024

**Role played as Chairperson/ Resource Person/ Paper Setter:**

Name of Assignment	Date/ Year
Chaired the Panel Session in International Conference on Localising Knowledge Formation: Towards Strengthening the Vernacular Voice (s) held at GC Seraj at Lambathach	October 18-19, 2024
As Resource Person in Seven Days NSS Special Camp held at GSSS Kao	December 2024
As Paper Setter for Himachal Pradesh University, Shimla (BA III)	December 2024
As Paper Setter for Sardar Patel University, Mandi (MA English, BA II, BA III)	Dec. 2024 & Feb. 2025

**Mr. Pankaj Gupta (Assistant Professor, Department of Zoology):**

Title of the Research Paper Presented	Name of the Conference/Seminar	International/ National/State	Title of Conference/ Seminar / Workshop	Organised by	Date of Programme
"The Importance and Longterm Role of Establishing Eco Sensitives Zone (ESZ) for the Perpetual Sustainability in Shikari Devi Wildlife Sanctuary Area (SDWSA), District Mandi, Himachal Pradesh"	"Synergizing Sustainability: Integrating Environmental Economic and Social Development for a Resilient Future"	National Seminar	"Synergizing Sustainability: Integrating Environmental Economic and Social Development for a Resilient Future"	"Internal Quality Assurance Cell"- Govt. Degree College, Sugh-Bhatoli, Tehsil Indora, Dist. Kangra (H.P.)	22.02.25
"Indian Government Initiatives Towards	"Innovative Pathways for a Sustainable Future: Bridging	State Level Seminar	"Innovative Pathways for a Sustainable Future: Bridging	R.R.M.V. Arya Mahila Mahavidya-	20.02.25



Achieving Sustainable Goals (06) and (15): A Crucial Aspect for Human Health and Sustainability of Life on Earth”	Environment, Entrepreneurship and Sustainability”		Environment, Entrepreneurship and Sustainability”	laya Pathankot, District Kangra, Himachal Pradesh” with the collaboration of “National Edu-trust of India	
“An Analysis on the Challenges in Conservation of Wildlife Flora and Fauna in Shikari Devi Wildlife Sanctuary (SDWLS) located in Mandi District of Himachal Pradesh”	“Changing Dynamics of Himalaya: Economy, Ecology and Society”	International Conference	“Changing Dynamics of Himalaya: Economy, Ecology and Society”	organized by Government College Sainj, District Kullu, Himachal Pradesh with the collaboration of Himalayan Council for Scientific Research (HCSR)	11.02.25 to 12.02.25
“Shikari Devi Wildlife Sanctuary (SDWS): A Paradise for Wildlife Flora and Fauna”	“Academic Writing”	State Level Seminar	“Academic Writing”	Government Degree College Baldwara, District Mandi, Himachal Pradesh	31.12.24
“An Analysis of Challenges and Associated with Key Sustainable Developmental Goals (SDGs) related to Biodiversity and Environmental Conservation”	“Sustainable Developmental Goals in World Literature and Contemporary Studies: Remodelling Gnoseological Interlinkages”	International Conference	“Sustainable Developmental Goals in World Literature and Contemporary Studies: Remodelling Gnoseological Interlinkages”	Madan Mohan Malaviya University of Technology, Gorakhpur, UP, India in collaboration with L.J.N.H. Government Girls Degree College, KotlaKhurad, District Una, Himachal Pradesh	14.12.24 to 15.12.24
“A Critical Analysis of the Importance of E-Learning and Digital Classrooms in Teaching and Learning in Biological Sciences”	“Digital Transformation and Its Impact on Business, Economy and Environment: Sustainable Developmental Goals (SDGS)”	International Conference	“Digital Transformation and Its Impact on Business, Economy and Environment: Sustainable Developmental Goals (SDGS)”	R.N.T. Government Degree College Sarkaghat, District Mandi, Himachal Pradesh	29.11.24 to 30.11.24
“A Critical Review of Inclusive and Sustainable Scientific Solutions for Addressing Concurrent Environmental Challenges towards a Better World”	“Resilient Women, Innovative Solutions and Sustainable Environment (RISE-2024)”	International Conference	“Resilient Women, Innovative Solutions and Sustainable Environment (RISE-2024)”	WGRC and IQAC Government College Bhoranj (Tarkwari), District Hamirpur, Himachal Pradesh	25.11.24 to 26.11.24
“A Critical Review on Important Viral and Bacterial Zoonotic Diseases of Human in India”	“Emerging Trends and Innovations in Basic Sciences (ETIBS-2024)”	International Conference	“Emerging Trends and Innovations in Basic Sciences (ETIBS-2024)”	Career Point University, Hamirpur (H.P) India in collaboration with The University of the West Indies, St. Augustine, Trinidad and Tobago, West Indies	22.11.24 to 23.11.24
“Global Climate Change and Malaria: A Review based on Recent Scientific Studies”	“Material and Biological Sciences”	International Conference	“Material and Biological Sciences”	Him Science Congress Association in collaboration with Government College Bilaspur, District Bilaspur, Himachal Pradesh	16.11.24 to 17.11.24



“A Few Perspectives on Sustainable Development in the Context of Vikshit Bharat@2047: The Possible Role of Youth and Scientific Approach”	“Vikshit Bharat@2047: Roles of Youth in Education and Development”	National Seminar	“Vikshit Bharat@2047: Roles of Youth in Education and Development”	Pangi Admn., Government of Himachal Pradesh in collaboration with Government College Pangi, District Chamba, Himachal Pradesh	14.11.24 to 15.11.24
“A Critical Analysis of the Global Climate Change and Mitigation Measures in India”	“Issues and Challenges in the Contemporary World-2024”	International Conference	“Issues and Challenges in the Contemporary World-2024”	Himalayan Forest Research Institute (ICFRE-HFRI)- Shimla in collaboration with G.G.C, Hamirpur and Government College Seema, District Shimla (H.P) and APG University -Shimla	08.11.24 to 10.11.24
A Critical Analysis on the Role of Indian Traditional Knowledge System and Vedic Tradition in the Conservation of Environment and Biodiversity”	“Modernization, Globalization, and the Paradoxes of Transformation in Indian Society”	International Conference	“Modernization, Globalization and the Paradoxes of Transformation in Indian Society”	Government College Pangi, District Chamba Himachal Pradesh with the collaboration of Himalayan Council for Scientific Research (HCSR)	11.10.24 to 13.10.24
“Ecotourism for Sustainability: A Critical Review on Challenges, Opportunities in view of Government Policies in the State of Himachal Pradesh”	“The Impact of Sustainable Tourism in a Changing World: Challenges and Opportunities”	National Conference	“The Impact of Sustainable Tourism in a Changing World: Challenges and Opportunities”	Dr. Sarvepalli Radhakrishnan Government College Dharampur, District Mandi, Himachal Pradesh	27.09.24
“Renewable Energy Resources Shaping the Future of Mankind”	“Exploring Climatic Sustainability: Opportunities and Challenges”	International Conference	“Exploring Climatic Sustainability: Opportunities and Challenges”	SDWG Government College Beetan, District Una Himachal Pradesh	26.07.24 to 27.07.24
“E-Waste Accumulation, Challenges in Collection and Scientific Disposal Along with Its Ill Effects on Biotic and Non-Biotic Environment: A Review”	“Roadmap For Environmentally Benign E-Waste Management System in India”	International Multi-disciplinary Capacity Building Workshop	“Roadmap For Environmentally Benign E-Waste Management System in India”	TJCM Government Degree College SujanpurTihra in collaboration with Himachal Pradesh Council for Science Technology and Environment (HIMCOSTE)	11.06.2024
“Shikari Devi Wildlife Sanctuary (SDWS) District Mandi (H.P): An Important Conservational Site for the Conservation of Himalayan Pheasants”	“Issues and Advancements in the Contemporary World”	International Conference	“Issues and Advancements in the Contemporary World”	ICFRE-Himalayan Forest Research Institute, Shimla- HP and RGDC Chaura Maidan, Shimla-HP	03.06.2024 to 05.06.2024

**Refresher Course/FDP/Other:**

Programme Attended	International/National/State/ Regional	Organised by	Duration of the Programme
Refresher Course theme-“Contemporary Trends in Bio-Sciences”	National	Malaviya Mission Teachers Training Centre (UGC-MMTTC), Kumaun University, UK) Nainital	Two Weeks (w.e.f. 25.02-2025 to 10-03-2025)
“Seven Days International Workshop” on the theme “Sustainable Development and Environmental Conservation”	International	Thakur Jagdev Chand Memorial G.C. Sujanpur Tihra, Himachal Pradesh	One Week (w.e.f. 13-02-2025 to 19-02-2025)
Faculty Development Programme (FDP) on theme- “Indian Knowledge System (IKS): An Introduction”	National	GNVS, Institute of Management, Mumbai in collaboration with Nucleus of Learning and Development	One Week (w.e.f. 06-01-2025 to 11-01-2025)
Faculty Development Programme (FDP) - theme “Enhancing Quality Assurance in Higher Education: Insights into NEP-2020 and NAACs Binary Accreditation Framework”	National	Internal Quality Assurance Cell (IQAC) St. Bede's Collage Shimla, Himachal Pradesh	One Week (w.e.f. 16.12.2024 to 21.12.2024)



“Seven Days Pre-Conference International Workshop” on the theme “Issues and Challenges in Contemporary World-2024”	International	Himalayan Forest Research Institute (ICFRE-HFRI) - Shimla in collaboration with G.G.C, Hamirpur and Government College Seema, District Shimla (H.P) and APG University -Shimla,Himachal Pradesh, India	One Week (w.e.f. 01-11-2024 to 07-11-2024)
Organized study tour for the students of B.Sc. Life Sciences. Total of 38 students got opportunity to visit G.B.Pant National institute of Himalayan Environment and Government Trioutfisheries Farm, Patlikulh, near Manali (Himachal Pradesh)	Field Study Tour	Department of Zoology and Botany Department jointly organized Study Tour Cum Himalayan Exposure Visit for the students of B.Sc. Life Sciences.	w.e.f. 21st and 22nd November, 2024
Qualified Highest Training Level Himalaya Wood Badge Course for Rover Scout Leaders	National Level Training	Organised by “The Bharat Scouts and Guides-National Training Centre Panchmadi (M.P)” at “State Training Centre (STC) Rewalsar, District Mandi, Himachal Pradesh”	w.e.f. 22-09-2024 to 28-09-2024

**Dr. Prem Prakash (Assistant Professor, Department of Economics):**

**Paper Presentation:**

Title of the Research Paper Presented	Name of the Conference/Seminar	International/ National/State	Title of Conference/ Seminar/ Workshop	Organised by	Date of Programme
Digital India Programme and its Impact on Indian Economy	A State Level Seminar on “Academic Writing”	State	A State Level Seminar on “Academic Writing”	IQAC, Government Degree College Baldwara, District Mandi, Himachal Pradesh-1750333	1 <sup>st</sup> December, 2024

**FDP:**

Programme Attended	International/National/ State/ Regional	Organised by	Duration of the Programme
FDP on Harnessing AI Tools: A Step Towards Strategic Teaching Approach	National	Govt College Karsog in collaboration of Nucleus of Learning and Development	One Week

**Mr. Jai Kumar (Assistant Professor, Department of Hindi):**

**Paper Presentations:**

Title of the Research Paper Presented	Name of the Conference/Seminar	International/ National/State	Title of Conference/ Seminar / Workshop	Organised by	Date of Programme
हिमाचल की समकालीन हिंदी कविता में ग्रामीण विमर्श	समकालीन साहित्य में स्त्री विमर्श	राष्ट्रीय	समकालीन साहित्य में स्त्री विमर्श	रा.म. अर्की, केंद्रीय हिंदी संस्थान आगरा	27-28 सितंबर, 2024
गोस्वामीतुलसीदास कृत रामचरितमानस में तनाव प्रबंधन	हिंदी साहित्य के माध्यम से तनाव प्रबंधन कौशल	राष्ट्रीय	हिंदी साहित्य के माध्यम से तनाव प्रबंधन कौशल	केंद्रीय हिंदी निदेशालय, हिंदी विभाग कलकत्ता विश्वविद्यालय हिंदी विभाग	24-25 अक्टूबर, 2024

**Orientation/FDP:**

Programme Attended	International/National/ State/Regional	Organised by	Duration of the Programme
Orientation	National	AMU Aligarh	4-12 जून 2024
FDP	International	SRM इंस्टिट्यूट ऑफ साइंस एंड टेक्नोलॉजी चेन्नई	2-8 December 2024
FDP	National	गवर्नमेंट कॉलेज करसोग	23-28 December 2024

**Ms. Vidya Devi (Assistant Professor, Department of Commerce):**

**Refresher Course/FDP:**

Programme Attended	International/National/ State/Regional	Organised by	Duration of the Programme
One week online Faculty Development Program on "Harnessing AI Tools :A Step Towards Strategic Teaching Approach"	National Level	Govt. College Karsog	From 23rd Dec, 2024 to 28th Dec, 2024
Refresher Course (Online) in "Recent Advances in Economics, Commerce, Management and Tourism Management"	National Level	MMTTC, Berhampur University, Odisha	From 17.01.2025 to 31.01.2025

**Dr. Savitri Devi (Assistant Professor, Department of Hindi):**

**Paper Presentations:**

Title of the Research Paper Presented	Name of the Conference/Seminar	International/ National/State	Title of Conference/ Seminar / Workshop	Organised by	Date of Programme
मैत्रेयीपुष्पा की कहानियों में स्त्री विमर्श	समकालीन साहित्य में स्त्री विमर्श	राष्ट्रीय	समकालीन साहित्य में स्त्री विमर्श	रा.म. अर्की, केंद्रीय हिंदी संस्थान आगरा	27-28 सितंबर, 2024
कबीर के काव्य में तनाव प्रबंधन	हिंदी साहित्य के माध्यम से तनाव प्रबंधन कौशल	राष्ट्रीय	हिंदी साहित्य के माध्यम से तनाव प्रबंधन कौशल	केंद्रीय हिंदी निदेशालय, हिंदी विभाग कलकत्ता विश्वविद्यालय हिंदी विभाग	24-25 अक्टूबर, 2024

**FDP:**

Programme Attended	International/National/ State/Regional	Organised by	Duration of the Programme
Workshop	National	भारतीय हिंदी प्राध्यापक परिषद	10-15 जून 2024



FDP	International	SRM इंस्टिट्यूट ऑफ साइंस एंड टेक्नोलॉजी चेन्नई	2-8 December 2024
FDP	National	गवर्नमेंट कॉलेज करसोग	23-28 December 2024

**Ms. Sonia Chaudhary (Assistant Professor, Department of Political Science):**

**Paper Presentations:**

Title of the Research Paper Presented	Name of the Conference/Seminar	International/National/State	Title of Conference/Seminar/Workshop	Organised by	Date of Programme
An Analytical Understanding of National Education Policy 2020 with Prospect and current challenges	Academic Writing A State Level Seminar on	A State Level Seminar	Academic Writing	Govt College Baldwara	31-12-2024
	Gender Equality Rhetoric to Action: Balancing Achievements with Unresolved Issues	International Conference	Digital Empowerment: Women in Technology and Innovation	Govt College Baijnath	8th -9th March

**FDP:**

Programme Attended	International/National/State/ Regional	Organised by	Duration of the Programme
FDP On Innovative Teaching and Learning Pedagogy	National	Research Foundation Of India	02 to 07 Dec, 2024
FDP On A Step-by-Step Guide to Write a Good Research Paper	National	Research Foundation Of India	19 to 30 Dec, 2024
FDP On Harnessing AI : A Step Towards Strategic Teaching Approach	National	Nucleus Of Learning and Development	23 to 28 Dec, 2024

**Ms. Anupama Sharma (Assistant Professor, Department of English):**

**Article Published:**

Title of the Research Paper/ Book Chapter with Page No.	Name of the Book/ Journal	Main Author/ Co-author	ISBN/ISSN	Whether Blind Peer Reviewed/ Impact Factor	Name of the Publication	Date of Publication
Exploring Caste and Narrative Perspectives in Premchand's 'Deliverance': A Critique of Social Inequality	Conference Proceedings on 5 <sup>th</sup> International Conference on Global Trends in English Language, Literature and Linguistics	Co-Author	9788197682780	Yes	Research Culture Society	Feb-25

**Conferences Attended:**

Title of the Research Paper Presented	International/National/State	Name of the Conference/ Seminar	Organised by	Date
Translating Himachali Poetry: Navigating Cultural Nuances and Complexity	International	Localising Knowledge Formation: Towards Strengthening the Vernacular Voice (s)	GC Seraj at Lambathach & The Himalayan Institute of Culture and Heritage Studies, Dhama HCPS, Los Angeles and Pennsylvania, USA	18-19 October 2024
A Tale of Two Childhoods: A Psychological Exploration of Amir and Hassan's Childhood in Khaled Hosseini's "The Kite Runner"	International	International Conference on Literature, Language and Religions	ILC, RCS, ELC & Maharaja College, Ara, Bihar	28-29 December 2024
Exploring Caste and Narrative Perspective in Premchand's Deliverance: A Critique of Social Inequality	International	5 <sup>th</sup> International Conference on Global Trends in English Language, Literature and Linguistics	Research Culture Society	14-16 Feb 2025

**Faculty Development Programme Attended:**

Programme Attended	International/National/State	Organised by	Date
Tools and Techniques of AI in Future Research and Higher Education	FDP (International)	GDC Rajpora, Cape Camorin Trust, India & HIMMRJ	24-30 Sept 2024
Harnessing AI Tools: A Step Towards Strategic Teaching	FDP (National)	GC Karsog & NLD	Dec 23-28, 2024

**Ms. Sunita Kumari (Assistant Professor, Department of English):**

**FDP:**

Programme Attended	International/National/State/Regional	Organised by	Duration of the Programme
Harnessing AI Tool: A Step Towards Strategic Teaching Approach	National	Govt. College Karsog	One Week (23-28 Dec. 2024)
Tools & Techniques of AI In future Research & Higher Education	International	Internal Quality Assurance Cell, GDC Rajpora and Cape Comorin Trust in India	One Week (24-30 Sep. 2024)



**Dr. Sumedha Sharma (Assistant Professor, Department of Hindi):**

**Faculty Development Programme Attended:**

Programme Attended	International/ National/State	Organised by	Date
Harnessing AI Tools: A Step Towards Strategic Teaching	FDP (National)	GC Karsog & NLD	Dec 23-28, 2024
Mahabharata: A Foundation of Indian Values	FDP (National)	BRBCC, Raichur, Karnataka & NLD	27 Jan -01 Feb 2025

**Mr. Bhisham Kumar (Assistant Professor, Department of Sociology):**

**Publication:**

Title of the Research Paper/ Book Chapter with Page No.	Name of the Book/ Journal	Main Author/Co-author	Name of the Publication
MA Sociology 2nd Semester course: SOC-C-204	Social Demography	Bhisham Kumar	ICDEOL

**Refresher Course/FDP/Workshop:**

Programme Attended	International/ National/ State/Regional	Organised by	Duration of the Programme
Workshop : Artificial Intelligence (AI) and Digital Education	National	ICDEOL/ CDOE HP University Shimla	June, 13-14, 2024
FDP: Harnessing AI tools : A step towards Strategic Teaching Approach	National	Govt. College Karsog	23 to 28 December 2024
Refresher Course in Sociology and Social Work	National	MMTTC, Moulana Azad National Urdu University, Hyderabad	20 January to 1 February 2025

**Dr. Lomeshwar (Assistant Professor, Department of Botany):**

**Paper Presentation:**

Title of the Research Paper Presented	Name of the Conference/ Seminar	International/ National/State	Title of Conference/ Seminar/Workshop	Organised by	Date of Programme
Traditional Wisdom, Modern Potential: Harnessing Underutilized Plants in Himachal Pradesh	Localizing knowledge formation: Towards strengthening the vernacular voices	International	Localizing knowledge formation: Towards strengthening the vernacular voices	GC Lambathach in Collaboration with HCPS and HICHS	18-19 October, 2024
Skill Gains in Humanities and Sciences in the Era of NEP-2020: An Assessment towards Improving Employability	A State Level Seminar on "Academic Writing"	State	A State Level Seminar on "Academic Writing"	Government Degree College Baldwara	31st December, 2024

**Orientation & FDP Attended:**

Programme Attended	International/National/ State/Regional	Organised by	Duration of the Programme
NEP 2020 Orientation & Sensitization Programme	National	"MM-TTC : Ramanujan College, Delhi"	26 September, 2024 – 08 October, 2024
Harnessing AI Tools: A Step Towards Strategic Teaching Approach	National	GC Karsog in Collaboration with Nucleus of Learning and Development	23-28 December, 2024

**Dr. Priyanka Rana (Assistant Professor, Department of Computer Science):**

**Workshop/FDP Attended:**

Programme Attended	International/National/ State/Regional	Organised by	Duration of the Programme
Workshop (online on E-Filing of ITR-2 (Excel Utility)	National	Department of Commerce, Govt. College, Jawali, Dist. Kangra (H.P.).	One Day 21-09-2024
FDP on "Impact of Machine Learning, Deep Learning and AI: An Industrial Perspective" during	National	Kongu Engineering College, Tamil Nadu.	6th May -10th May 2024
FDP on "Harnessing AI Tools: A Step Towards Strategic Teaching Approaches"	National	Govt. College Karsog, mandi in Collaboration with Nucleus of Learning and Development	23rd - 28th December 2024

**Dr. Om Prakash Kaushal (Assistant Professor, Department of Music (Vocal):**

**FDP:**

Programme Attended	International/ National/State	Organised by	Date
Harnessing AI Tools: A Step Towards Strategic Teaching	FDP (National)	GC Karsog & NLD	23-28, 2024

**Mr. Hitesh Sharma (Assistant Professor, Department of Mathematics):**

**FDP:**

Programme Attended	International/ National/State	Organised	byDate
Harnessing AI Tools: A Step Towards Strategic Teaching	FDP (National)	GC Karsog & NLD	Dec 23-28, 2024



**Dr. Virender Thakur (Assistant Professor, Department of Physics):**

**Publications:**

Title of the Research Book Chapter with Page No.	Name of the Book/ Journal	Main Author/ Co-author	ISBN/ISSN	Whether Peer Reviewed & Impact Factor	Name of the Publication	Date of Publication
A study of trends of neutron skin thickness and proton radii of mirror nuclei within the framework of covariant density functional theory	Modern Physics letters A	Co-author	1793-6632	Yes (IF = 1.5)	World scientific	Apr-24

Title of the Research Paper Presented	Name of the Conference/Seminar	International/ National/State	Title of Conference/ Seminar/Workshop	Organised by	Date of Programme
Exploring the role of Hyperons in Neutron Star Physics Using a Relativistic Mean Field Approach	DAE Symposium in nuclear Physics	National	DAE Symposium in nuclear Physics	IIT Roorkee	7 - 11 December 2024

**FDP Attended:**

Programme Attended	International/National/ State Regional	Organised by	Duration of the Programme
Harnessing AI Tools : A Step Towards Strategic Teaching Approach	National	GC Karsog in Collaboration with Nucleus of Learning and Development	23 -28 December 2024

**Ms. Renuka Sharma (Assistant Professor, Department of Chemistry):**

**Publications:**

Title of the Research Paper/ Book Chapter with Page No.	Name of the Book/Journal	Main Author/ Co-author	ISBN/ISSN	Whether Peer Reviewed & Impact Factor	Name of the Publication	Date of Publication
Intermolecular dynamics and quantum insight of lithium perchlorate in the deep eutectic solvent (DES) solutions with nitriles for energy storage applications	Journal of the Taiwan Institute of Chemical Engineers	Co-author	1876-1089	Peer Reviewed IF 5.5	Elsevier	06-03-25
Unravelling the prospects of electrolytes containing ionic liquids and deep eutectic solvents for next generation lithium batteries	Journal of Energy Chemistry	Co-author	2096-885X	Peer Reviewed IF 14	Elsevier	20-02-25
Effect of Deep Eutectic Solvent (DES) on physicochemical and electrochemical properties of triethyl methylammonium tetrafluoroborate in propylene carbonate and aqueous propylene carbonate solvent systems for energy storage applications: A comparative analysis ( Page no. 126954)	Journal of Molecular Liquids	Author	1873-3166	Peer Reviewed IF 5.3	Elsevier	15-12-24
Recent advances in the discovery of drug molecules: trends, scope, and relevance (Page no. 83)	Bioinformatics: Drug Discovery	Co-author	978-3-11-156788-4	Peer Reviewed	de Gruyter	02-12-24
Effect of Pyrrolidinium Based Ionic Liquid on Thermo Physical and Electrochemical Properties of Binary Aqueous Solutions of Benzylamine and Benzamide at Different Equidistant Temperatures (288.15K to 318.15K) Page no. (5641-5658)	Chemistry Africa	Co-author	2522-5766	Peer Reviewed IF 2.3	Springer	17-11-24
Investigating the physicochemical properties and interactions behavior of lithium perchlorate in ternary solutions of ethaline DES and bio-additives( Page no. 1-14)	Biomass Conversion and Biorefinery	Co-author	2190-6823	Peer Reviewed IF 3.5	Springer	21-06-24



**Paper Presentation:**

Title of the Research Paper Presented	Name of the Conference/Seminar	International/National/State	Organised by	Date of Programme
Comparative study of physicochemical and electrochemical properties of quaternary ammonium salts in pure DES and aqueous DES systems	Emerging Trends and Innovations in Basic Sciences (ETIBS -2024)	International	School of Basic & Applied Sciences, Career Point University, Hamirpur (H.P.) India	22-23 November 2024

**FDP:**

Programme Attended	International/National/State	Organised by	Date
Harnessing AI Tools: A Step Towards Strategic Teaching	FDP (National)	GC Karsog & NLD	Dec 23-28, 2024

**Mr. Gaurav Thakur (Assistant Professor, Department of Geography):**

**FDP:**

Programme Attended	International/National/State/Regional	Organised by	Duration of the Programme
FDP on Harnessing AI Tools	National	GC Karsog & Nucleus of Learning and Development	23-28 December 2024

**Mr. Dinesh Kumar (Assistant Professor, Department of Music (Instrumental)):**

**FDP:**

Programme Attended	International/National/State/Regional	Organised by	Duration of the Programme
Harnessing AI Tools : A Step Towards Strategic Teaching Approach	National	GC Karsog in Collaboration with Nucleus of Learning and Development	23 -28 December 2024

**Mr. Ritesh Kumar (Assistant Professor, Department of Political Science):**

**FDP:**

Programme Attended	International/National/State/Regional	Organised by	Duration of the Programme
Harnessing AI Tools : A Step Towards Strategic Teaching Approach	National	GC Karsog in Collaboration with Nucleus of Learning and Development	23 -28 December 2024

**Ms. Pushpa Devi (Assistant Professor, Department of Political Science):**

**FDP:**

Programme Attended	International/National/State/Regional	Organised by	Duration of the Programme
Harnessing AI Tool: A Step Towards Strategic Teaching Approach	National Level	Govt. College Karsog	One Week (23-28 December 2024)
Exploring Use of AI Tools in Research College of Commerce	National Level	Bal-Bharati's Maghanmal J. Pancholia	One Week (30 Dec. 2024 - 4 Jan. 2025)

**Mr. Satish Kumar (Assistant Professor, Department of Commerce):**

**FDP/Workshop Attended:**

Programme Attended	Title	International/National/State/Regional	Organised by	Duration of the Programme
FDP	Harnessing AI Tools: A Step Towards Strategic Teaching Approach	National	Govt. College Karsog, Distt. Mandi	1 Week
FDP	Navigation the Process of Writing Research Paper	National	Faculty of Computer Science and Application Gokul Global University, Siddhpur, Gujarat.	1 Week
Workshop	Quantitative Data Analysis using SPSS & AMOS	National	Meerashpa Learning Solutions	10 Days
Workshop	Art of writing Research Paper and Publication	National	Meerashpa Learning Solutions	2 Days

**Ms. Kajal Chauhan (Assistant Professor, Department of Commerce):**

**FDP:**

Programme Attended	International/National/State Regional	Organised by	Duration of the Programme
Harnessing AI Tool: A Step Towards Strategic Teaching Approach	National Level	Govt. College Karsog	One Week (23-28 December 2024)

**Ms. Poonam Thakur (Assistant Professor, Department of Botany):**

**FDP:**

Programme Attended	International/National/State/Regional	Organised by	Duration of the Programme
Harnessing AI Tool: A Step Towards Strategic Teaching Approach	National Level	Govt. College Karsog	One Week (23-28 December 2024)



**Mr. Ugam Ram (Assistant Professor, Department of History):**

**FDP:**

Programme Attended	International/National/State/Regional	Organised by	Duration of the Programme
Harnessing AI Tool: A Step Towards Strategic Teaching Approach	National Level	Govt. College Karsog	One Week (23-28 December 2024)

**Dr. Som Krishan (Assistant Professor, Department of Commerce):**

**FDP:**

Programme Attended	International/National/State/Regional	Organised by	Duration of the Programme
Harnessing AI Tool: A Step Towards Strategic Teaching Approach	National Level	Govt. College Karsog	One Week (23-28 December 2024)

**Ms. Shalini Thakur (Assistant Professor, Department of Chemistry):**

**FDP:**

Programme Attended	International/National/State/Regional	Organised by	Duration of the Programme
Harnessing AI Tool: A Step Towards Strategic Teaching Approach	National Level	Govt. College Karsog	One Week (23-28 December 2024)

**Dr. Lata Devi (Assistant Professor, Department of Political Science):**

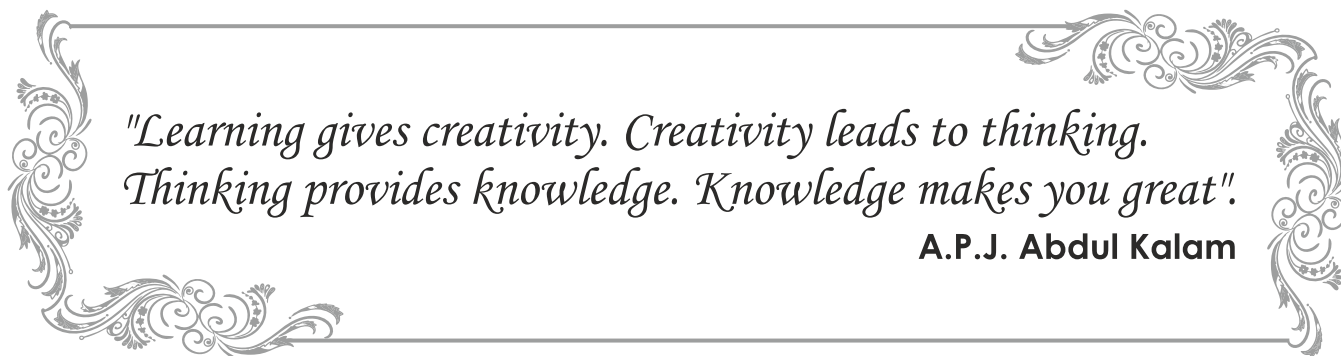
**FDP:**

Programme Attended	International/National/State/Regional	Organised by	Duration of the Programme
Harnessing AI Tool: A Step Towards Strategic Teaching Approach	National Level	Govt. College Karsog	One Week (23-28 December 2024)

**Dr. Preeti Sharma (Assistant Professor, Department of Public Administration):**

**FDP:**

Programme Attended	International/National/State/Regional	Organised by	Duration of the Programme
Harnessing AI Tool: A Step Towards Strategic Teaching Approach	National Level	Govt. College Karsog	One Week (23-28 December 2024)



# English Section



**Anupama Sharma**  
Staff Editor



**Shabnam Sharma**  
Student Editor

## Contents

Sl.	Name	Written by	Page No.
1.	Editorial	Anupama Sharma	25
2.	A Message from Student Magazine Editor	Shabnam Sharma	26
3.	Night	Shabnam Sharma	27
4.	Seraji Women	Kanta Kumari	27
5.	Chitta: The Knock that Shatters Lives	Anamika	28
6.	Sorrow Stays	Kamal K Sharma	29
7.	Happiness is the Biggest Aim	Bippal	29
8.	Quotes	Shabnam Sharma	29
9.	Jatti : A Folk Song	Anjali	30
10.	A Moment beyond Time	Raj Kumar	30
11.	A Letter to My Younger Self	RenukaVerma	31
12.	Losar: The Festival, I Celebrated this year	Diya Bodh	32

# Editorial



*Dear Student*

*It gives me immense pleasure in presenting the bouquet of articles in English Section of College Magazine 'Kamaksha'. It provides a platform to bring out the latent talent of the budding writers. 'Kamaksha' invigorates the creative urge of the writers in the making. Creativity has its own nick. It's an innate talent that ushers from within when we embark on the path to know the truth, to know the essence and taste the nectar of love through the journey of life. So, one should always endeavour to explore the 'self' and script it creatively. Writing process is personal. Real writers write, and they don't give up until they succeed. It does no good to worry about the progress of others. We all proceed at our own pace. Every story, every book, develops from scenes placed in order according to cause and effect. When*

*we express our feelings through words and place them in the right order, a story is born. Good writing will always require hardwork, discipline, and perseverance, but it need not to be an act of forbearance. Plan as best you can, but have faith in your subconscious ability to create order out of chaos, and something out of nothing. Read, observe, think, write and revise! Focus on the incident at hand, and a story will emerge.*

*I congratulate all the students who contributed their articles to the college magazine. May you keep the flame ablaze, achieve success in life and continue scripting stories, anecdotes, and poems from the leaf of life!*

**Anupama Sharma**

*Staff Editor  
English Section*

## A Message from Student Magazine Editor



Dear all,

Welcome to college magazine, where diverse voices and perspectives come together to create a vibrant tapestry of student life. I extend a warm welcome to you all on behalf of the editorial team. I am Shabnam, honoured to serve as the Student Editor of English Section of the college magazine 'Kamaksha' for the academic session 2024-2025.

We celebrate the unique experiences and backgrounds that make our college community so strong. This magazine is yours, a platform for students to share their stories, opinions and creativity. It's a platform for expression and exploration, where voices are heard, stories are shared, and connection are forged from the exploration of various themes to the celebration of creativity.

I want to take a moment to express my deepest gratitude for

sharing your insights and passions. We are thrilled to have you as a part of our team!

I invite you all to immerse yourselves in the pages of our magazine, to explore the diverse narratives and engage with the thought provoking content presented within. Together, let us celebrate the spirit of inquiry, expression and community that defines our college magazine. I extend my gratitude to Ms. Anupama Sharma, Staff Editor of English Section for reposing faith on me.

Thank you for your continued support, and I am excited to embark on this journey with you all.

Warm regards,

**Shabnam Sharma**  
MA English, Sem-IV  
MA/23/ENG/03  
Student Editor

## Night

I found it the most splendid creation,  
As if earth is enjoying its own celebration,  
Everything is new and bright,  
Yes,  
I do spend the most of my time in night.  
Bewitching sky with countless stars,  
With glittering lights full of sparks,  
Like pearls, the stars are twinkling.  
They seem to me like flowers are dancing,  
In the time of this modernity,  
Where everyone is groping,  
Where empathy is lacking,  
Our relationships are changing.  
But something I find the same,

This beautiful sight of night,  
With its purity and perfection,  
That always reminds me of love  
and affection.

Where I forget all my pain  
My soul awakes when cool breeze blows like  
a soft melodious music,  
It gives a sense of stillness and mystery,  
As if this night has its own history.  
Such a dark, mysterious and tempting sight!  
Yes,

I do spend the most of my time in night.



**Shabnam Sharma**  
MA English, Sem- IV  
MA/23/ENG/03

## Seraji Women

Whenever Seraj is mentioned  
It is about mountains, divinity, peace and  
beauty.  
But I look at the women here  
I see their hard work, their struggles  
It is their simplicity, their happiness despite  
hardship that attracts me.  
They work all day, rarely take rest  
With a wonderful glow on their faces,  
They make every difficulty of the family easy.  
It is their clothes that attract me  
Unaware of make-up and adornment,  
The tiredness of the face is their make-up,  
Their smile is the redness of the lips,  
The hopes are the *Kajal* of their eyes,  
The dedication, selfless love  
And cheerfulness is their determination.  
Their life is full of difficulties,  
But they do not complaint  
Engrossed in the mountains,  
Their hospitality attracts everyone

They care for everyone except  
themselves  
They are happy to see guests  
They talk less, but do more.  
They are the treasure of wisdom,  
The horizon of their experience is vast  
Like the mountains, they stand tall,  
They keep moving ahead  
But their courage is big, mountains are small,  
They do not know what defeat is.  
Whenever I see their persistence, their  
courage,  
I feel inspired,  
They sacrifice their happiness, always a giver,  
Selflessly devoted, the pillar of the family,  
The embodiment of love and compassion  
I salute them.



**Kanta Kumari**  
MA English, Sem- IV  
MA/23/ENG/11

## Chitta: The Knock that Shatters Lives

Have you ever received a knock on the door that changed your life forever? For many families in Himachal Pradesh, that knock has come in the form of a police officer, a doctor, or a stranger with devastating news: their loved one has been arrested, hospitalised, or worse—lost forever—due to addiction of Chitta.

What was once a distant fear has become a harsh reality. The Chitta epidemic is no longer limited to cities or certain social groups. It has seeped into small villages, schools, and even middle-class homes, shattering the dreams of young people and leaving families in unbearable pain.

Chitta is a deadly drug that is ruining lives, especially among youngsters. It is a dangerous mix of heroin and other chemicals, making it highly addictive. Once someone starts using it, quitting becomes almost impossible without help. What begins as curiosity or peer pressure soon turns into a life-destroying habit. The person who once had dreams, ambitions, and a loving family slowly loses everything.

At first, Chitta gives a feeling of extreme happiness, making the user feel relaxed and free from worries. But this happiness doesn't last long. The body soon craves more, and before they know it, the person is trapped. They stop caring about their studies, job, and even their loved ones. All that matters is getting the next dose. When they run out of money, they borrow, steal, or even get involved in crime to afford the drug. Families watch helplessly as their children, siblings, or friends change into someone they no longer recognize.

The physical effects of Chitta are terrifying. It damages the brain, heart, liver, and kidneys. The users become weak, lose weight, and often look much older than they are. Over

time, their body shuts down, and many die from overdoses. But what's worse is how it destroys the soul. Addicts often lose hope, become depressed, and feel completely alone. Many relationships break, and families are left heartbroken.



Chitta is not just a personal problem; it's a social disaster. Crime rates go up because addicts will do anything to get the drug. Drug dealers take advantage of innocent people, making huge amounts of money while ruining lives. The police try to stop the supply, but the demand keeps increasing. Many young people, full of potential, are losing their future to this poison.

The fight against Chitta is not easy, but it's possible. The government needs to crack down harder on drug dealers. Schools and colleges must educate students about the dangers of addiction. Families need to talk openly with their children and look out for early signs of drug use. Most importantly, society must support those who are trying to recover instead of judging them. Rehabilitation Centres help addicts find their way back to life, but they also need love and encouragement from their families and communities.

Chitta is destroying lives, but we can stop it. Awareness, strict laws, and compassion for addicts can make a difference. No one dreams of becoming a drug addict, but many fall into the trap. As a society, we must ensure that youth have a better future—one filled with hope, opportunities, and a life free from drugs.

The next time there's a knock at your door, let it be the sound of hope, not heartbreak.

**Anamika**  
MA English, Sem-II

# Sorrow Stays

The time flies but the sorrow stays,  
Water moves through different waves,  
That Angel is far from me,  
I was stuck in iron cage.  
No one cheat love,  
They cheat themselves,  
No one runs world,  
They run themselves.  
I walk miles in nights,  
I talk to millions of thoughts.  
I throw them out,

Those moments I do like.  
And count each stone,  
Was outside throw  
Go, stand tall and smile,  
Soar and shout,  
Hope is the ray that shines in the heart,  
Hold and listen what it says.



**Kamal K Sharma**

BA II

BA/23/ENG/4044

# Happiness is the Biggest Aim

Happiness shines like morning light,  
Soft and warm, clear and bright,  
Not in money, not in fame,  
But in smiles, love, and a simple name.  
A kind word, a gentle touch,  
Moments that do not ask for much,  
Sharing, caring, being free,  
That's where happiness will always be.

It's not a race, it's not a game,  
It lives in hearts, in loving  
eyes,  
Seek it not in distant lands,  
It's in your soul, in your hand.



**Bippal**

BA I (English)

## Quotes

“Life is not about finding yourself. Life is about creating Yourself.”

- **George Bernard Shaw**

“A room without books is like a body without soul.”

- **Marcus Tullius Cicero**

“Be the change that you wish to see in the world.”

- **Mahatma Gandhi**

“Success is getting what you want, Happiness is wanting what you get.”

- **W.P.Kinsella**



**Shabnam Sharma**

MA English, Sem-IV

MA/23/ENG/03

## “Jatti”: A Folk Song

Wake up Chandra,  
Wake up!  
You will have to go to sell curd.  
I don't have any shoes to wear,  
How will I go to sell crud?  
I will give you shoes for your feet,  
But you will have to go and sell curd.  
I don't have any toe ring to wear,  
How will I go to sell curd?  
I will give you toe ring daughter-in-law,  
But you have to go to sell curd.  
I don't have any pajama to wear mother-in-law,  
How will I go?  
I will give you pajama daughter-in-law,  
But you have to go to sell curd.  
I don't have any frock to wear,  
How will I go to sell curd?  
I will give you frock,  
But you will have to go to sell curd, right?

I don't have anything to cover my head  
mother-in-law,  
How will I go to sell curd?  
I will give you chunri daughter-in-law,  
But you will have to go to sell curd.  
Wake up Daughter-in-law,  
Wake up!  
You will have to go to sell curd.

Context -

"Jatti", a Pahari folk song, is often sung in Shivratri. The above song is one of the many songs of Jatti. It represents the pahari culture and domestic life of pahari people. In this song a mother-in-law is waking up her daughter-in-law and asking her to sell curd. The daughter-in-law is giving excuses for not going. But mother-in-law is equally adamant to send her.

**Anjali**

BA III

Bsc/ 22/PSC/508

## A Moment beyond Time

When you put your head on my shoulder,  
my world stopped  
As if the time has stopped  
In a flash, I felt like the luckiest person in  
the world,  
Even in the noise, I could hear your breaths,  
I saw my world in your eyes,  
Your fragrance, a whisper reached my soul.  
Your hug was the purest feeling in the  
world,  
Wish I could tell how I felt  
And if I would've known you will leave,  
I would've hugged you tighter that day.  
At this moment,

You are only mine and I make  
myself yours forever  
I am glad that you are my love  
And do remember that love  
lasts till eternity  
If life repeats million times,  
I will choose you and again you  
We will meet in a place where the pain and  
separation are not celebrated,  
Maybe in another universe  
I'll find you and make you mine forever.



**Raj Kumar**

MA English, Sem-IV

MA/23/ENG/07

# A Letter to My Younger Self

Dear little one, with eyes so bright, I am writing to you from the future's light...

I know right know, you're growing beautifully. You're kind, humble and the innocence in your eyes is probably the purest thing in the entire world. You love everything you have, you're satisfied because you excel in every field. Getting full marks in your exam probably makes you the happiest person. You don't care about the world and you are happy in the little world which you have created for you. You have a lot of friends and you are adored by everyone. You know that there is nothing to worry because you can run to your father for every little thing. You can put every burden of your shoulder on your parents, including your schoolbag. You know that if you can't sleep you can put your head on your mother's lap anytime and sleep peacefully. And if you feel bored you can run to your siblings anytime.

But world can change with a blink of an eye and there will be a time when nothing will be the same. The time which never seems to pass will suddenly slip away from your hands. It'll be hard to accept that you are not that bright child anymore. You'll realise that world was not limited to just home, friends and family. Words like

responsibilities, anxiety, stress and insecurity will be added to your life's dictionary. There'll be so many sleepless nights you have to spend alone and have to deal with all your problems alone. You'll start worrying about what people think of you. Also you'll understand that not everyone is your friend. So many times you'll have to crave for the presence of your family. The childhood dream of getting out of the house will seem like curse. You'll realise that the burden of the schoolbag in childhood was much lighter than the burden of life.

But, that's life! Your future self wants you to know that cherish every moment of your life. Prioritise your family and your loved ones. It's okay to make mistakes. Don't be too hard on yourself, celebrate your wins no matter how small they're and never let failures define your worth. Whether it's good or bad, time never repeats itself. So hold on to hope and know that your future self is cheering you on.

With love and support  
Your older self



**Renuka Verma**  
MA English, Sem-IV  
MA/23/ENG/12

# Losar: The Festival, I Celebrated this Year

Losar, also known as the Tibetan New Year is a special time for me and my community. "Losar" means 'new year' in Tibetan, marking the beginning of lunar year in Tibetan calendar. This year is the year of Tibetan wood snake and we celebrated it with great enthusiasm, following all the traditional customs and rituals.

Losar celebrations typically extend for several days, with preparations beginning weeks in advance. But the first three days are considered important. Two days before the Losar, (29th and 30th day of the last month of the year) forms an important prelude to the Losar celebration. 29th day is known as "Nyishu -gu" where family members take Gu-thuk, a soup with nine ingredients, with hidden messages inside dough balls together in the evening. I got a piece of charcoals, which meant I should be more careful about my habits this year. 30th is Nam-gang, on this day we clean, prepare and decorate the altar in the prayer room.

## Day 1

This day is called the Lama Losar, where we visit monasteries and pay respect to Lamas and receive their blessings. I usually celebrate the first day with family members and we pay respect to deities in our home and we wear our traditional clothes. I wore beautiful Tibetan Chupa and ate good Tibetan food like "draesi" which is a sweet rice dish with dry fruits, "khapsa" which are crispy fried biscuits in different shapes and we drank butter tea, which is a salty and creamy drink, which all my family members sipped with love.

## Day 2

Every year during Losar, we visit the homes of our relatives and greet each family member. We offer butter and *akhatak*, a special piece of cloth that is meaningful in our culture. The *khatak* represents respect, good wishes, and blessings for the year ahead. This tradition of exchanging greetings helps to strengthen family bonds and brings the community together. Losar

is a time for celebrating a fresh start, spreading joy, and wishing everyone a happy and prosperous new year.

## Day 3

Last day, I woke up early, feeling both excited and a little nostalgic that the Losar celebration were coming to an end, My family and I gathered in our home to offer a final Losar prayer. After the prayer we prepared for the flag exchange ritual. We collected the new prayer flags (*Lungta*) and unfolded them with care and respect. Buddhist prayers and mantras, written on it, are the source of eternal faith, guide and inspiration for us. The vibrant colours of the flags, each representing an element:

Blue - sky / space	White - air / wind
Red - fire	Green - water
Yellow - earth	

As the sun rose higher we climbed up to our rooftop where our old prayer flags had been fluttering since previous Losar, a sign that the wind had carried our prayers to the universe. Before taking them down we offered a small prayer of gratitude, thanking them for protecting our home and carrying our wishes. We didn't throw them away; instead we followed tradition by burning them allowing the smoke to release the prayers into the sky

Then came the most exciting part - unfurling the new prayer flags! We tied them carefully, we chanted "*Ki Ki so solhargyalo*" sending prayer of peace, health and happiness to the world,

After the prayer new flags were unfurled in place of the old ones.

The last day of Losar is not just the end of a festival; it is a celebration of culture, faith and togetherness. It is a time to say goodbye to the old, welcome the new and step into the year ahead with positivity and strength.

TASHI DELEK!

**Diya Bodh**, BA II, BA/23/ENG/4039



# हिंदी अनुभाग



सावित्री देवी  
अध्यापिका सम्पादिका



तारा  
छात्रा सम्पादिका

## विषयानुक्रमणिका

क्रम	विषय	लेखक	पृष्ठ सं०
1.	संपादकीय	तारा	34
2.	नारी	मनीष कुमार	34
3.	क्या है हिंदी	तारा	35
4.	"ए ज़िन्दगी तुझे मुझसे क्या चाहिए"	बिप्पल	35
5.	माहूनाग	उमेश कपूर	36
6.	गुरु	उमेश शर्मा	38
7.	मैं शौक लिखता हूँ बेखौफ लिखता हूँ	हिमांशु	38

## संपादकीय

हर्ष और गौरव का विषय है कि हमारे महाविद्यालय की 'कामाक्षा' वार्षिक पत्रिका का यह नवीन संस्करण आपके सम्मुख प्रस्तुत है। यह केवल एक प्रकाशन नहीं बल्कि विद्यार्थियों, शिक्षकों और संपूर्ण शैक्षणिक परिवार में सृजनात्मक चिंतन, साहित्यिक अभिव्यक्ति और भावनात्मक जुड़ाव का प्रतिबिंब है।

मेरे लिए अत्यंत गौरव का क्षण है कि मुझे हिंदी खंड का संपादन करने का सौभाग्य प्राप्त हुआ। हिंदी हमारी मातृभाषा ही नहीं, बल्कि हमारी संस्कृति, परंपरा और विचारधारा की संवाहक भी है। यह भाषा आत्मा की आवाज है, जिसमें हम अपने विचारों को सहज रूप में अभिव्यक्त कर पाते हैं। इस पत्रिका के द्वारा विद्यार्थियों में हिंदी साहित्य के प्रति सृजनात्मक दृष्टिकोण का उद्भव प्रकाशित रचनाओं में बखूबी देखा जा सकता है। मुझे इस बात की खुशी है कि रचनाओं में सभी लेख स्वलिखित हैं।

हमें पूर्ण विश्वास है कि इस पत्रिका में जिन रचनाओं का प्रकाशन हुआ है, वे पाठकों के लिए प्रेरणादायक और

प्रभावमयी सिद्ध होगी, साथ ही मैं समस्त पाठकों से निवेदन करती हूँ कि साहित्य में अनुकरण का क्षेत्र सीमित है साहित्य में अनुकरण का प्रयोग उतना ही करें जितना आवश्यक है अन्यथा अनुकरण साहित्य रचना को प्रभावहीन बनाता है।

मैं हमारी प्रेरणास्रोत डॉ. सावित्री ठाकुर (प्राध्यापिका संपादिका हिंदी अनुभाग) जी का हृदय से आभार प्रकट करती हूँ जिन्होंने मुझे हिंदी अनुभाग के संपादकीय कार्य को करने योग्य समझा और मुझे आशीर्वाद के रूप में कार्य सौंपा। साथ ही मैं धन्यवादी हूँ उन सभी विद्यार्थियों की, जिन्होंने 'कामाक्षा पत्रिका' में अपने लेख लिखकर समाज को प्रेरित किया।

शुभकामनाओं सहित  
धन्यवाद।



तारा

छात्रा सम्पादिका (हिंदी अनुभाग)  
कला स्नातकोत्तर, चतुर्थ सत्र

## नारी

राष्ट्र की पहचान है नारी  
वीरता की कहानी है नारी  
देश का मान है नारी  
महापुरुषों की मां है नारी।  
एक हाथ से चूल्हा चौका संभालें  
एक हाथ से घर बार  
एक हाथ से संतानें पालें  
चाहे हो समस्याएं हजार  
आज महत्व नारी का खोकर  
दासी हमने बनाया है  
समझ उसे पांव की जूती  
जब चाहे पहना उतारा है  
समझ उसे विलास की वस्तु  
हमेशा उसे सताया है

कभी गुड़िया तो कभी प्रतिभा को  
कलकत्ता में दरिंदों ने नोचा खाया है  
क्या उसे हक नहीं  
घर से बाहर निकलने का  
पढ़ने का पढ़ाने का  
सपने साकार करने का  
पंख खोलकर उड़ने का

कहीं कैडल जलती है कहीं जुलूस निकलता है  
नारी के सम्मान में ये शूल चुभता रहता है  
है इतिहास साक्षी ये दोस्तों  
हम भारतवासी है  
मां सीता के लिए लंका फूंक देते हैं।



मनीष कुमार  
कला स्नातकोत्तर, चतुर्थ सत्र

## क्या है हिंदी

परिधान चढ़ा था विश्व गुरु का  
वह परिधान बचाने में उमड़ी थी ज्वाला  
शौर्य क्रांति की मां की शाखा बचाने में,  
पर क्या अर्थ हुआ अभिवारों का  
क्या-क्या अर्थ हुआ अभियानों का  
संघर्षों का बलिदानों का,  
उस त्रुतो जैसी छाया का  
रण की खून सी लत पत काया का।  
था सभ्यता प्रेम जो पुरखों का सन् 47 तो लांघ गया  
मुगलों गोरों से तो जीता था पर काले अंग्रेजों से हार गया।  
अंग्रेजी के टूटे-फूटे शब्द मधुर अब लगते हैं  
साहित्य सभ्य सी भाषा तो अब तीर चुभन से लगते हैं,  
वेदों में तो किस्से है इतिहास उन्हें बस रहने दो  
तुलसी काली को मुख रखो पुस्तकों में सिमटे रहने दो,  
अरे भारत मां का मस्तक भी तब पीड़ा से झुक जाता है  
जब भारत का बच्चा ही हिंदी कहने में कतराता है।

अरे माथे का चंदन हिंदी है भारत का  
वंदन हिंदी है  
गोरों का मंदन हिंदी है लौटा  
अभिनंदन हिंदी है।  
हिंदी राग नहीं अनुराग नहीं सद्भाव नहीं दुर्भाव नहीं  
बंदूक नहीं संदूक नहीं अलगाव नहीं टकराव नहीं,  
लोगों के दूषित भाव नहीं ना ही हिंदी अभिलाषा है  
जोड़े जो 28 बेटों को हिंदी तो भारत मां की आशा है,  
तिरस्कार उस आशा का कर्म लहू पर खाता है  
जब हिंदी मां के सम्मुख कोई प्रश्न चिन्ह दिखलाता है।  
मुझे घृणा नहीं अंग्रेजी से ना अन्य भाषा से  
ना हिंदी का अभिमान है,  
भारत मां की बेटी हूँ उसकी भाषा का सम्मान है।

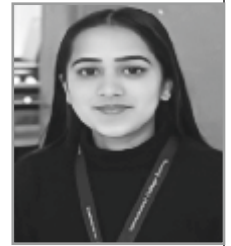


तारा, कला स्नातकोत्तर, चतुर्थ सत्र  
अनुक्रमांक, MA/23/HIND/09

## ए जिंदगी तू ये बता तुझे मुझसे क्या चाहिए

हर वक्रत तुने मुझे दर्द दिया,  
तू ये बता तुझे इससे ज्यादा क्या चाहिए।  
कहते हैं कि वक्रत बुरा हैं,  
तो वक्रत अच्छा भी आयेगा,  
मैं उस अच्छे वक्रत का  
इंतजार करती रह गई,  
और फिर से अपने आप  
से पूछती रह गई  
कि ए जिंदगी तुझे मुझसे क्या चाहिए।  
एक सवाल था जिंदगी से,  
ए जिंदगी तूने सब कुछ तो दिया मुझे,

पर तुने मुझे जिंदगी क्यों नहीं दी।  
जहाँ मैं आई तो लगा  
जिंदगी बहुत हसीन होगी,  
लेकिन जिंदगी को अब  
सही से देखा तो,  
खुद को कोसती रह गई  
कि ये मैं कहाँ आ गई।  
"देखते-देखते जिंदगी से  
सवाल यही रह गया  
कि ए जिंदगी तुझे मुझसे क्या चाहिए।  
बिप्पल, बी.ए. प्रथम वर्ष, अंग्रेजी विषय



## जनमानस का आस्था स्थल: माहूनाग

हिमाचली देव संस्कृति की आत्मा 'नाग - देऊ' संस्कृति है, जिसकी अमित छाप आज भी हमारी लोक संस्कृति के विविध कार्यों मेलो, उत्सवों, त्योहारों व दैनिक क्रियाकलापों में देखी जा सकती है। पहाड़ी संस्कृति नाग देऊ संस्कृति के पर्याय के रूप में देखी जा सकती है यहां आज भी हर एक कार्य से पूर्व ईष्ट देव के रूप में इन्हें स्मरण किया जाता है व पूजन किया जाता है। हिमाचल के जनमानस रोग - शोक, दोष - क्लेश निवारण के लिए इनका अर्चना वंदन करते हैं। भूत-प्रेत, विघ्न-बाधा हरण हेतु प्रतिक्षण स्मरण वंदन किया जाता है। अन्य-धन, दूध-पुत्र आदि की प्राप्ति के लिए अथवा सुख समृद्धि के लिए भी सदैव इनका ध्यान एवं जप किया जाता है। यहां 'जय नागा' में ही लोक कार्य की सिद्धि है अर्थात् सकल रोगों की औषधि और कार्यों की सिद्धि का मूल मंत्र "जय हो राजा कर्णा माहूनागा" ही है इसी मंत्र में लोक विजय का भाव व बीज निहित है।

**जनमानस की पहंच:** 'देवभूमि हिमाचल' जहां के कण-कम में देवी - देवताओं का निवास है इन देवी देवताओं के मंदिर अपने अंदर भारत के इतिहास और भक्तों की आस्था को समेटे हुए हैं। ऐसा ही है सुकेत के मूल माहूनाग का मंदिर जो कि जिला मंडी की तहसील करसोग में स्थित है। हिमाचल के मंडी जिले के करसोग में बखारी, मंदिर शिमला-करसोग सड़क मार्ग पर शिमला से लगभग 80 किलोमीटर की दूरी तय करने के पश्चात खील कुफरी से मात्र 10 किलोमीटर, करसोग से 37 किलोमीटर और सुंदर नगर से 90 किलोमीटर की दूरी पर स्थित यह मंदिर सैकड़ों वर्षों से जनमानस की भक्ति और प्रगाढ़ आस्था का केंद्र बना हुआ है।

**माहूनाग का अर्थ:** पौराणिक कथाओं के अनुसार "माहूनाग" दो शब्दों से मिलकर बना है " माहू + नाग "

जहां पर माहू का अर्थ होता है मधुमक्खी तथा नाग का अर्थ होता है सर्प। जिन्हें माहूनाग के चिन्ह अथवा प्रतीक के रूप में भी माना जाता है।



**जन्म/ अवतरण:** श्री मूल माहूनाग जी का अवतरण प्राचीन काल में लोक कल्याणार्थ के लिए शैन्दल नामक स्थान के एक खेत की कोड में हुआ। यह वर्तमान में गणेरी के रूप में जाना जाता है। जनश्रुति के अनुसार एक बार एक किसान गांव शैन्दल के पुन्हो (गणेरी) नामक खेत में हल चला रहा था कि अकस्मात उसके हल के फाल से श्री मूल माहूनाग जी का देव मोहरा बाहर आया उसके साथ पूजा की घंटी, धुडछ भी निकाली। तदन्तर इस खेत की कोड से वाद्य यंत्र नगाड़ा, दमामा आदि भी उत्पन्न हुए। किसान ने यह देव मोहरा और पूजा सामग्री घर लाई तथा अपने अन्न के भंडार में सुरक्षित रख ली। वाद्य यंत्र स्थानीय निवासी ढाढ़ी को सौंप दिए। देव रूह भमनाला नामक गांव के ब्राह्मण परिवार के व्यक्ति में प्रकट हुई, जिसने श्री मूल माहूनाग जी के प्रकटीकरण का रहस्य उद्घाटन किया।

**माहूनाग मेले की कहानी:** चैत्र मास के नवरात्रों में हर साल लगभग एक मास कि रथ यात्रा माहूनाग सुंदरनगर क्षेत्र के लोक कल्याण हेतु करते हैं। जिसमें देवता का रथ गुरु, पुजारी, मेहते, कारदार, बजंत्री और श्रद्धालु साथ चलते हैं। ज्येष्ठ मास कि सक्रांति से 5 दिवसीय मेला बागड़दड में बड़ी धूम थाम से मनाया जाता है। इस मेले के इतिहास का संबंध हिमाचल में अंग्रेजी शासन से है। माना जाता है कि एक बार सुकेत के राजा श्याम सेन को मुगल बादशाह औरंगजेब ने छल से दिल्ली में कैद कर लिया। वह सुकेत राज्य को अपने अधीन करना चाहता था। सुकेत के राजा श्याम सेन ने कैद से मुक्ति पाने के लिए कई देवी-

देवताओं को याद किया। लेकिन कैद से निकल नहीं पाया। तब राजा ने नागराज कर्ण का स्मरण किया। माहुँनाग ने राजा को मधुमक्खी के रूप में दर्शन दिए और जल्दी ही कैद से छूटने की बात कही।

राजा ने कहा कि अगर वह कैद से मुक्त हो जाएगा तो वह अपना आधा राज्य राजा कर्ण माहुँनाग को समर्पित कर देगा। इसके बाद मुगल सम्राट को शतरंज खेलने की इच्छा हुई लेकिन उसे खेलने के लिए कोई खिलाड़ी नहीं मिला। तब उसने राजा श्याम सेन को खेलने के लिए कैद से मुक्त किया। उस दिन राजा श्याम सेन शतरंज में जीतता गया और अंत में उसने अपने मुक्त होने की बाज़ी जीत ली साथ ही अपने राज्य की ओर चल पड़ा। अपने वचन के अनुसार राजा ने माहुँनाग को अपना आधा राज्य और कुछ ग्राम चांदी हर साल नजराना देना तय किया। किन्तु माहुँनाग ने इतना बड़ा क्षेत्र नहीं लिया और केवल माहुँनाग क्षेत्र का सीमित भू-भाग ही लिया। माहुँनाग स्वर्ण दान तो करते हैं पर स्वर्ण श्रृंगार नहीं करते। माहुँनाग मंदिर में सवा किलो सोने का मेहरा है और चांदी के छत्र हैं। दानवीर कर्ण राजा श्री मूल माहुँनाग की दान देने की रीति आज भी उनके जन्मदिवस के अवसर पर मनाई जाती है जहां वे अपने कुल पुरोहित श्री देव बड़ेयोगी महाराज जी को अपने जन्म दिवस के उपलक्ष अपने स्वभाव अनुसार सोना दान करते हैं।

\*देवता के प्रतिनिधि अर्थात् गूर चयन अथवा चुनाव से जुड़ी अनोखी प्रक्रिया :-\*

देवता जी का प्रतिनिधित्व करने वाले व्यक्ति को "गूर" के नाम से संबोधित किया जाता। इस व्यक्ति की नियुक्ति एक परीक्षा के माध्यम से होती है जिसमें उसे व्यक्ति को सतलुज नदी में कूद कर मुट्टी भर रेत (बालू) को सुखा निकलना होता है इसके पश्चात उसे व्यक्ति की नियुक्ति गूर के रूप में कर दी जाती है।

**जनमानस की पहुंच:** वर्तमान समय में इस मंदिर को

उन्नत एवं सभी के लिए आसानी से पहुंच योग्य बनाने की आवश्यकता है। जिसके लिए शैन्दल में यात्रियों के ठहरने एवं पूजा अर्चना की व्यवस्था करने की महती आवश्यकता है। श्री मूल माहुँनाग जी के मुख्य मंदिर बखारी कोठी में आने वाले श्रद्धालुओं की यात्रा को इससे स्थानीय प्रमुख मंदिरों शैन्दल, सेरी, सरत, सरओगी, बैहली के साथ सम्बद्ध करने की महत्वपूर्ण आवश्यकता है, ताकि एक ही समय श्रद्धालु एवं यात्री इस यात्रा को आसानी से परिपूर्ण करते हुए देव कृपा दर्शन से लाभान्वित हो सके।

**निष्कर्ष:** अंत में, माहुँनाग मंदिर की यह कथा हिमाचल की समृद्ध सांस्कृतिक धरोहर और आस्था को दर्शाती है। देवभूमि के इस पवित्र स्थल पर कर्ण की दानवीरता और उनकी महिमा आज भी जीवंत है। माहुँनाग की कहानी केवल एक धार्मिक कथा नहीं, बल्कि विश्वास और समर्पण की मिसाल है। यहां हर साल आयोजित होने वाली रथ यात्रा और मेले में दूर-दूर से भक्त आते हैं, जो देवता की कृपा और आशीर्वाद प्राप्त करने के लिए इस स्थान की पवित्रता को मानते हैं। माहुँनाग मंदिर आस्था और इतिहास का एक अद्वितीय संगम है। श्री मूल माहुँनाग जी की गाथा एवं कथा को ऐतिहासिक एवं धार्मिक दृष्टि से अनुशीलन की आवश्यकता है ताकि इनकी कारा-धाराओं नियमों, स्थानी यात्राओं के महत्व को समझा जा सके। माहुँनाग की कथा वाचन-श्रवण में दिन-रात कई महीने वर्ष बीत जाएं, किन्तु यह अनन्तकालीन परम्परा कभी पूर्ण नहीं हो पाएगी।

**उमेश शर्मा**

कक्षा:- कला स्नातक तृतीय वर्ष

अनुक्रमांक:- कला स्नातक / 22 / राजनीतिक विज्ञान /

6033

## गुरु

बिना मतलब के जो साथ निभाए  
वह शिक्षक कहलाता है।  
अंधकार भरे जीवन में  
वह उजाला लाता है।

विद्यार्थी की सफलता के पीछे  
गुरु का हाथ होता है।  
चाहे समस्याओं का पहाड़ टूटे  
गुरु ना साथ छोड़ता है।

थके हारे विद्यार्थी के जीवन में  
गुरु खुशी के रंग भर देता है।  
एक शिक्षक ही ऐसी शक्ति है  
जो विद्यार्थी की हर मुश्किल हर लेता है।

गुरु ज्ञान का सागर है  
गुरु ज्ञान की खान  
जिसने की गुरु की संगत वह  
विद्यार्थी बना महान्।



## मैं शौक लिखता हूँ बेखौफ लिखता हूँ

मैं शौक लिखता हूँ बेखौफ लिखता हूँ,  
दर्द भरी जिंदगी, एक हसीन मौत लिखता हूँ  
एक अरसा हो गया मेरी कलम रूठी है मुझसे  
कहती है मैं बड़ी नाराज़ हूँ तुझसे,  
तेरा क्या है तू फिरता आवारा  
मेरा कुछ तो ख्याल कर मुझे प्यार है खुदसे।  
मैं शौक लिखता हूँ बेखौफ लिखता हूँ  
दर्द भरी जिंदगी, एक हसीन मौत लिखता हूँ।  
मुझे मोमबत्तियों की लौपर भरोसा नहीं  
जब भी लिखता हूँ मशाल लिखता हूँ,  
चालाक सियार की, हर एक चाल लिखता हूँ  
दिल में लिए गहरे सवाल लिखता हूँ  
गुजरी जिंदगी के साल लिखता हूँ  
गहरी नींद में सोया एक समाज,  
उसको जगाने की आस में लिखता हूँ।  
यूँही मैं अनसुलझे सवाल लिखता हूँ  
मेरी कलम कहती है,  
मैं जब भी लिखता हूँ कमाल लिखता हूँ।  
कभी अनाज से भरे गोदाम लिखता हूँ  
भूख से मर गई एक नन्ही सी जान लिखता हूँ,  
कर्जे में बेच दी मां ने कान की बालियां  
अब उसके वो सुने से कान लिखता हूँ,

सबका पेट पालने वाला  
फंदे पर लटका किसान लिखता हूँ।  
मैं शौक लिखता हूँ बेखौफ लिखता हूँ,  
दर्द भरी जिंदगी, एक हसीन मौत लिखता हूँ।  
बैठ के कागज़ की कश्ती पे  
तू समंदर को चुनौती ना दे,  
जिनसे इंसाफ़ मांगने चला तू  
गुनाहों में हाथ उनके भी थे,  
शायद डरते नहीं है फंदे से  
हर गवाह खरीद लेते,  
ये डरते नहीं है अंधे से।  
फिर भी लिखता हूँ शायद दिल को विश्वास होगा  
खुल गई पट्टी आखों से सबका पर्दाफाश होगा,  
बहे जो आंसू आखों से हर आंसू का हिसाब होगा  
फिर हाथों में निराशा नहीं जीत का खिताब होगा,  
बस यूँही सवालों से भरे ख्वाब लिखता हूँ  
मेरी कलम कहती है,  
मैं जब भी लिखता हूँ कमाल लिखता हूँ।  
मैं शौक लिखता हूँ बेखौफ लिखता हूँ,  
दर्द भरी जिंदगी, एक हसीन मौत लिखता हूँ।  
हिमांशु, कला स्नातक तृतीय वर्ष, अनुक्रमांक - 6111

# Science Section



**Dr. Lomeshwar**  
Science Section



**Nikita Sharma**  
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## Index

Sr. No	Title	Name of student	Class	Roll Number	Page No.
1.	Genetic Engineering and Gene Editing	Aditi Thakur	B.Sc. III	BSC/22/LSC/1301	40
2.	Space Farming: A Novel Approach for Sustainable Development in Agriculture	Neha Verma	B.Sc. III	BSC/22/LSC/2524	41
3.	Nanotechnology: A Revolution in Modern Industry	Nikita Sharma	B.Sc. II	BSC/22/LSC/2514	43
4.	Junk Foods and its Harmful Effects	Aarti	B.Sc. III	BSC/22/LSC/2523	45
5.	The Role of AI in Cancer Treatment: A Revolutionary Approach in Medical Science	Pallavi	B.Sc. I	BSC/24/LSC/2011	47

# Genetic Engineering and Gene Editing

Genetic engineering and gene editing are two closely related fields that have revolutionized the way we understand and manipulate genetic information. These technologies have far-reaching implications for various fields, including medicine, agriculture, and biotechnology.

## Genetic Engineering:

Genetic engineering, also known as genetic modification, is the direct manipulation of an organism's genes using biotechnology, resulting in the creation of genetically modified organisms (GMOs). This involves the use of recombinant DNA technology to introduce desirable traits into an organism. Genetic engineering has been used to develop genetically modified crops, such as pest-resistant and drought-tolerant plants, as well as genetically modified animals, such as faster-growing fish and cattle.

## Gene Editing:

Gene editing is a more precise and targeted approach to genetic modification and allows scientists to make specific changes to an organism's DNA. It involves making specific changes to an organism's DNA sequence using specialized enzymes. Gene editing techniques, such as CRISPR-Cas9, have revolutionized the field of genetics by enabling precise and efficient editing of genes.

## Techniques Used in Genetic Engineering and Gene Editing:

- **Recombinant DNA Technology:** This involves the use of enzymes to cut and join DNA molecules, allowing for the creation of recombinant DNA molecules.
- **Gene Cloning:** This involves the creation of multiple copies of a gene using recombinant DNA technology.
- **CRISPR-Cas9 Gene Editing:** This involves the use of the CRISPR-Cas9 enzyme to make specific changes to an organism's DNA sequence.
- **TALENs and ZFNs Gene Editing:** These are other gene editing techniques that use specialized enzymes to make specific

changes to an organism's DNA sequence.

## Applications of Genetic Engineering and Gene Editing:

- **Medical Applications:** Genetic engineering and gene editing can be used to develop new treatments for genetic diseases, such as sickle cell anaemia and muscular dystrophy.
- **Agricultural Applications:** Genetic engineering can be used to develop genetically modified crops that are pest-resistant, drought-tolerant, herbicide and nutritious. For example, Bt cotton is genetically engineered to produce an insecticide that kills boll worm.
- **Biotechnology Applications:** Genetic engineering and gene editing can be used to develop new biotechnology products, such as biofuels and bioproducts.
- **Plant Breeding:** Genetic engineering can be used to improve plants, such as by enabling them to fix nitrogen or correct genetic disease.
- **Drug Research:** Genetic engineering can speed up the drug discovery process. It has been used to produce many drugs including insulin, human growth hormone, vaccine and monoclonal antibodies.
- **Animal Health:** Gene editing can be used to produce animals medicine and vaccines and decrease their susceptibility to disease. For example, Salmon have been engineered to grow larger and mature faster.
- **Research:** It can be used to discover how certain genes function. For example, Genetically engineered mice are often used in research.
- **Food and Industry:** Genetic engineering can be used to improve the shelf life of fruits and vegetables by introducing genes that slow down spoilage. For example, FlavrSavr Tomato.



### Objective and approaches:

- **Creating New Genes:** Novel gene sequences for a particular product (protein may be synthesized and introduced into target organism genomes) which is accompanied by the help of recombinant DNA technology.
- **Silencing Target Genes:** The expression of specific genes can be selectively silenced without altering the DNA itself, effectively abolishing their action (without knowing out the gene.)
- **Removing one or more Specific Genes:** The expression of gene can be removed completely by the use of Genetic Engineering it is mainly used for studying and modelling different types of diseases and their metabolic pathways.
- **Editing Gene Function:** Gene editing allows the precise modification of a particular gene and thereby it's expression to control subsequent biochemical processes. It is used for studying gene and Gene Therapy.

### Future Directions:

- **Precision Medicine:** Genetic engineering

and gene editing can be used to develop precision medicine approaches that are tailored to an individual's specific genetic profile.

- **Gene Therapy:** Genetic engineering and gene editing can be used to develop gene therapies that can treat genetic diseases.
- **Synthetic Biology:** Genetic engineering and gene editing can be used to develop synthetic biology approaches that can create new biological systems and organisms.

Genetic engineering and gene editing are powerful technologies that have revolutionized the way we understand and manipulate genetic information. These technologies have several applications, including medical, agricultural, and biotechnology applications. However, they also raise several ethical concerns, including safety, environmental, and social concerns. As these technologies continue to evolve, it is essential that we address these concerns and develop regulatory frameworks that ensure their safe and responsible use.

**Aditi Thakur**

BSC/22/LSC/ 1301

## Space Farming: A Novel Approach for Sustainable Development in Agriculture

### The Imperative of Space Farming

As humanity eyes long-term space exploration and colonization, sustaining life beyond Earth hinges on one critical challenge: producing food in extraterrestrial environments. With missions to Mars, lunar bases, and extended stays on the International Space Station (ISS), astronauts cannot rely solely on Earth for supplies. Transporting food is costly (approximately \$10,000 to send 1 kg of food to orbit) and impractical for multi-year missions. Enter **space farming**—a field merging botany, engineering, and sustainability to grow crops in microgravity or on celestial bodies like the Moon.

### Sunita Williams and the Lettuce Frontier

Indian-American NASA astronaut **Sunita Williams**, a veteran of two long-duration ISS missions, is spearheading a pioneering experiment: growing *Outredgeous* romaine lettuce in microgravity. This cultivar, chosen for its fast growth, high nutrient content, and resilience, is being cultivated under varying water conditions to optimize resource use. The goal? To develop protocols for efficient plant growth in space while conserving precious resources like water and oxygen.





## Why Lettuce?

- **Rapid Growth Cycle:** Lettuce matures in 4–6 weeks, ideal for quick harvests.
- **Nutrient Density:** Rich in vitamins A, C, and K, it supplements astronaut diets.
- **Low Light Needs:** Thrives under LED systems used in space habitats.
- **Psychological Benefits:** Caring for plants boosts crew morale—a critical factor in isolated missions.

## Microgravity Challenges: Farming Against the Odds

Growing food in space isn't just about planting seeds. Microgravity complicates everything:

- **Fluid Dynamics:** Water clumps into floating blobs, risking root dehydration or flooding.
- **No Natural Convection:** Stagnant air traps heat and CO<sub>2</sub> around plants, requiring artificial airflow.
- **Limited Space:** ISS's Veggie growth chamber is just the size of a carry-on suitcase.

Williams' experiment uses porous clay tubes and precisely calibrated irrigation to combat these issues, mimicking Earth's capillary action to deliver water to roots without waste.

## From Space to Earth: Dual Benefits

The implications extend beyond space:

1. **Water-Scarce Regions:** Optimizing water use in space farming could inform drought-resistant agriculture on Earth.
2. **Vertical Farming:** Techniques developed for compact ISS systems align with urban vertical farms.
3. **Climate Resilience:** Studying plant stress in extreme environments may yield hardier crops.

## Related Earth-Space Synergies

- NASA's **Veggie System** (used for lettuce) inspired LED-driven indoor

farms globally.

- The **EDEN ISS** project in Antarctica tests space-like greenhouses for harsh climates.
- China's *Chang'e 4* mission sprouted cotton seeds on the Moon in 2019, a first in lunar agriculture.

## The Road Ahead

Success could pave the way for growing calorie-dense crops (e.g., wheat, potatoes) and closed-loop life-support systems where plants recycle CO<sub>2</sub> into oxygen. Meanwhile, data on lettuce's growth rates, nutritional retention, and genetic adaptations in microgravity will be vital for future missions, including NASA's Artemis lunar program and SpaceX's Mars ambitions.

## Did You Know?

- Astronauts have already enjoyed space-grown salads, seasoning them with oil and vinegar.
- The ISS's **Advanced Plant Habitat** uses AI to monitor crops 24/7.
- A single tomato plant can recycle 7 liters of water annually through transpiration—a key asset for sustainability.

## Conclusion

Sunita Williams' lettuce experiment isn't just about greens in space—it's a leap toward interplanetary self-sufficiency and a blueprint for Earth's sustainable future. As we tackle climate change and resource scarcity, the lessons learned from farming among the stars may one day nourish billions on our own planet.

*“The greatest solutions often come from thinking beyond our world.”*

Neha Verma, B. Sc. III

# Nanotechnology: a Revolution in Modern Industry

**Nanotechnology** is the exploitation of the unique properties of materials at the nanoscale. Nanoscience is the study of the unique properties of materials between **1-100 nm**, and nanotechnology is the application of such research to create or modify novel objects. The ability to manipulate structures at the atomic scale allows for the creation of nanomaterials.

- Nanotechnologies have had a significant impact in almost all industries and areas of society as it offers i) better built, ii) safer and cleaner, iii) longer-lasting and iv) smarter products for medicine, communications, everyday life, agriculture and other industries.
- The benefits of nanomaterials could potentially affect the future of nearly all industrial sectors. The beneficial use of nanomaterials can be found in sunscreens, cosmetics, sporting goods, tyres, electronics and several other everyday items. Additionally, nanotechnologies have revolutionized advances in medicine, specifically in diagnostic methods, imaging and drug delivery.
- Nanomaterials allow mass-creation of products with enhanced functionality, significantly lower costs, and greener and cleaner manufacturing processes, to improve healthcare and reduce the

impact of manufacturing on the environment.

## *Nanotechnology in medicine and healthcare:-*



**Nano medicine** is the term used to refer to the applications of nanotechnologies in medicine and healthcare. Nanotechnologies exhibit significant potential in the field of medicine, including in imaging techniques and diagnostic tools, drug delivery systems, tissue-engineered constructs, implants and pharmaceutical therapeutics, and has advanced treatments of several diseases, including cardiovascular diseases, cancer, musculoskeletal conditions, psychiatric and neurodegenerative diseases, bacterial and viral infections, and diabetes

## *Nanotechnology in imaging and diagnosis:-*

Diagnosis of a disease is one of the most crucial steps in the healthcare process. All diagnoses are desired to be quick, accurate and specific to prevent 'false negative' cases. Gold Nanoshells are heavy metal nanoparticles (dielectric core) encapsulated in gold shells and have been proposed to be one of the most promising materials in optical imaging of cancers. Gold Nanoshells are cost-effective, safe due to its non-invasive property and may provide high resolution imaging.

## *Nanotechnology in drug delivery:-*

Nanotechnologies are making a compelling contribution in this area through

the development of novel modes for drug delivery, and some of these methods have proven effective in a clinical setting and are clinically used. For example, **Doxorubicin** a drug which exhibits high toxicity, can be delivered directly to tumour cells using liposomes (Doxil®) without affecting the heart or kidneys. Additionally, paclitaxel incorporated with polymeric mPEG-PLA micelles (Genexol-PM®) are used in chemotherapeutic treatment of metastatic breast cancer.

#### ***Nanotechnology and cancer treatment:-***

Staggering numbers of individuals suffer from cancer worldwide, highlighting the need for an accurate detection method and novel drug delivery system that is more specific, efficient and exhibits minimal side effects. Chemical modifications of the surface of nanoparticle carriers may improve required targeted delivery. One of the best examples of modifications at the surface of nanoparticles is the incorporation of PEG or polyethylene oxide. These modifications enhance not only the specificity of drug uptake, but also the tumour-targeting ability.

Additionally, the application of hydrogel in breast cancer is a prime example of this innovative technology. Herceptin is a type of monoclonal antibody used in breast cancer treatment by targeting human epidermal growth factor receptor 2 (HER2) on cancer cells.

#### ***Nanotechnologies for the treatment of cardiovascular:-***

Cardiovascular diseases are another

field where the properties of nanoparticles may be leveraged. Most cardiovascular risk factors (for example, for hypertension, smoking, hypercholesterolemia, homocystinuria and diabetes mellitus) are associated with impaired nitric oxide (NO) endothelial production.

Gold and silica nanoparticles have been developed to improve NO supply for possible application in cardiovascular diseases, where low NO bioavailability. Drug delivery via liposomes has been proven to be effective for prevention of platelet aggregation, atherosclerosis and thrombosis

There is no doubt that nanotechnologies have helped to improve the quality of life of patients by providing a platform for advances in biotechnological, medicinal and pharmaceutical industries. The prospect of nanotechnology lies within using the right nanomaterials and reducing any possible harmful effects. It is important to note that, risk evaluations are required before new Nano-based products are approved for clinical and commercial use, as with any other product, to minimise any potential hazards to human health and the environment. A full life cycle evaluation is required to more accurately ascertain the sustainability and safety of their use long term.

**Nikita Sharma**

B Sc/22/LSC/2514

## Junk Foods and its Harmful Effects

The term 'junk food' itself says a lot about this food. It indicates how it is harmful to our health. Furthermore, junk foods are basically trash which harms our bodies in different ways. They have high levels of cholesterol, sugar, calories and more. We see how nowadays, the younger generation is getting indulging in more and more junk food. This is putting their lives in danger and giving them an unhealthy lifestyle.

Furthermore, junk food does not have a single benefit. It only has ill-effects as they do not contain nutritional value. Parents must teach their kids about the ill-effects of junk food. Moreover, they must provide them with healthy meals at home so they won't have to go out to eat fast food.

We all know that the fast-food industry is increasing by leaps and bounds these days. People these days are more attracted to junk food because it is appealing. Why is that? People are using manipulative ways to entice people to buy their fast food.

Moreover, junk food is prepared very easily. It takes minimum time to prepare it as it does not have any nutritious ingredients. We see how junk food does not have any special ingredients. It just contains common harmful ones in excess like oil, sugar, and more. Furthermore, junk food is very reasonable. As it does not require any healthy material, it is not that costly. We see how it is available at

very reasonable pricing. It is one of the main reasons why people buy it frequently.

Most importantly, junk food has become very accessible now, more than ever. With the onset of numerous food delivery apps, you can now get junk food with a single click. You have a plethora of options now which will deliver all sorts of junk food right at your doorstep

The major characteristic of junk food is that it spikes the energy levels instantly. It does not really benefit your body, just satisfies your taste buds. If we intake junk food regularly, we get moody more often.

Moreover, regular consumption of junk food causes a drop in the concentration levels of a person. This is why we see how kids these days are easily distracted. Moreover, you may also notice how obesity becoming common these days. It is a very chronic disease which is only enhanced by eating junk food.

Further, you may also notice how junk food increases blood pressure and sugar. A person gets suffer from heart diseases due to the fattening products used in it. Similarly, junk food is not easy to digest. This may gradually damage your brain function because it creates a lack of oxygen levels.



Junk food does not only damage the heart but the liver as well. It causes diabetes amongst people from an early age. Moreover, the lack of fibres in junk food equals to a damaged digestive system. This may cause constipation as well.

Therefore, we see how junk food companies are fooling people. They are deceiving them into consuming their junk food to increase their sales. Thus, we need to realize this fact as soon as possible. Try to replace junk food with healthy food. Prepare your meals at home instead of ordering outside.

Junk food is also one of the main reasons for the increase in obesity nowadays.

This food only looks and tastes good, other than that, it has no positive points. The amount of calorie your body requires to stay fit is not fulfilled by this food. For instance, foods like French fries, burgers, candy, and cookies, all have high amounts of sugar and fats. Therefore, this can result in long-term illnesses like diabetes and high blood pressure. This may also result in kidney failure.

Above all, you can get various nutritional deficiencies when you don't consume the essential nutrients, vitamins, minerals and more. You become prone to cardiovascular diseases due to the consumption of bad cholesterol and fat plus

sodium. In other words, all this interferes with the functioning of your heart.

Furthermore, junk food contains a higher level of carbohydrates. It will instantly spike your blood sugar levels. This will result in lethargy, inactiveness, and sleepiness. A person reflex becomes dull overtime and they lead an inactive life. To make things worse, junk food also clogs your arteries and increases the risk of a heart attack. Therefore, it must be avoided at the first instance to save your life from becoming ruined.

### **Conclusion:**

Being aware of your own health and

knowing the possibility of the very harmful effects junk foods have on our body can be very helpful. This awareness will help one make healthier choices. A proper workout is incomplete without a balance diet, so it is

important to cater to the body's needs without indulging in your cravings and taste requirements. Long - term effects last a lifetime and rob you of your childhood and youth, so starting a healthier diet for a better lifestyle is never too late.

**Aarti Verma**

BSc III



# The Role of AI in Cancer Treatment: A Revolutionary Approach in Medical Science

Cancer remains one of the leading causes of death worldwide, affecting millions of lives each year. Traditional methods of cancer diagnosis and treatment, while effective, often have limitations in terms of accuracy, speed, and personalization. With the advancement of artificial intelligence (AI), the field of oncology has witnessed a remarkable transformation. AI is now playing a crucial role in early cancer detection, precise treatment planning, drug discovery, and patient care.

## 1. AI in Early Cancer Detection

One of the most significant contributions of AI in cancer treatment is early detection. AI-powered algorithms can analyze medical imaging scans, such as mammograms, CT scans, and MRIs, with remarkable accuracy. Machine learning models are trained on vast datasets to identify cancerous tumors that might be missed by human radiologists. For example, AI-based systems have been developed to detect breast cancer in mammograms and lung cancer in CT scans with high precision. Early detection increases the chances of successful treatment and improves patient survival rates.

## 2. AI in Personalized Cancer Treatment

Every patient's cancer is unique, requiring a personalized treatment approach. AI helps in analyzing a patient's genetic makeup, medical history, and tumor

characteristics to suggest the most effective treatment plans. AI-driven platforms, such as IBM Watson for Oncology, assist doctors in making data-driven



decisions by comparing patient data with thousands of clinical research papers and treatment protocols. This personalized approach ensures that patients receive the most suitable therapies, reducing side effects and improving treatment outcomes.

## 3. AI in Drug Discovery and Development

Developing new cancer drugs is a time-consuming and expensive process. AI accelerates drug discovery by analyzing molecular structures and predicting how different drugs interact with cancer cells. AI models can screen millions of drug compounds in a short time, identifying potential candidates for cancer treatment. This not only reduces research costs but also speeds up the development of life-saving drugs. AI-powered platforms like AlphaFold have also revolutionized protein structure prediction, aiding in the discovery of new cancer drugs.

## 4. AI in Radiation Therapy and Surgery

AI enhances the precision of radiation therapy by accurately mapping tumors and minimizing damage to healthy tissues. AI-powered systems assist in designing



optimized radiation treatment plans that deliver the right dose to the tumor while protecting surrounding organs. In surgical oncology, AI-driven robotic systems, such as the Da Vinci Surgical System, help surgeons perform minimally invasive procedures with greater accuracy, reducing recovery time for patients.

### **5. AI in Cancer Prognosis and Monitoring**

Predicting cancer progression and monitoring treatment response is crucial for patient care. AI models analyze patient data, such as biomarkers and imaging results, to predict how a tumor will evolve and respond to treatment. AI-powered wearable devices and mobile apps also help patients track their symptoms and communicate with healthcare providers in real time. This continuous monitoring allows doctors to adjust treatment plans as needed, ensuring better patient outcomes.

### **6. AI in Reducing Healthcare Disparities**

AI is bridging the gap in cancer care by providing advanced diagnostic and treatment solutions in remote and underserved areas. AI-powered mobile applications and cloud-based platforms enable doctors in rural regions to access expert opinions and make informed decisions. This democratization of healthcare ensures that more patients receive timely and effective cancer treatment, regardless of their location.

One real-life example is from Pune, where AI-integrated radiation therapy was used to treat two cancer patients—a 70-year-

old man with advanced lung cancer and a 62-year-old man with prostate cancer. Doctors utilized AI-powered technology to precisely target tumors, minimizing damage to healthy tissues and reducing side effects. As a result, both patients showed significant improvement, demonstrating how AI can enhance traditional cancer treatments.

### **Conclusion**

The integration of AI in cancer treatment is revolutionizing medical science, offering more accurate diagnoses, personalized treatments, and efficient drug discovery. As AI technology continues to evolve, it holds the potential to further improve patient care, reduce treatment costs, and ultimately save more lives. However, challenges such as data privacy, ethical concerns, and the need for regulatory approvals must be addressed to ensure the safe and effective use of AI in oncology. With continued research and collaboration between AI experts and medical professionals, the future of cancer treatment looks promising, bringing hope to millions of patients worldwide.

**Pallvi**

BSC/24/LSc/2011

# COMMERCE SECTION



Ms. Vidya Devi  
Staff Editor



Sahiba Kashyap  
Student Editor

## Index

Sl.	Title	Written by	Class	Page No.
1	Student Editorial	Sahiba Kashyap	B.Com. III	50
2	Slashing of CRR by 50bps	Sahiba Kashyap	B.Com. III	50
3	The Rise of the Gig Economy in India	Priya Thakur	B.Com. III	51
4	Various Careers in Selling	Sanjeela	B.Com. III	51
5	ATM	Dimpla	B.Com. III	52
6	The Impact of E-commerce on Traditional Retail Business	Rashmi Thakur	B.Com. III	52
7	The Power of Boredom	Toshar Kumar Negi	B.Com. II	53
8	The Role of AI in Modern Commerce	Som Krishan	B.Com. II	54
9	The Dawn of a New Era in Digital Marketing	Manisha	B.Com. II	55
10	Online Shopping Vs Offline Shopping. Which is better?	Pallavi Thakur	B.Com. II	55
11	Sustainable Business Practices: New Era of Green Commerce	Gautam Verma	B.Com. II	56
12	The Evolution of Digital Payments: Cashless & it's Challenges	Vinay Thakur	B.Com. II	57
13	The Importance of Financial Literacy for Entrepreneurs	Amit Kumar	B.Com. II	58
14	Social Media: Aid to Business Growth	Neha Verma	B.Com. II	59
15	The Importance of Soft Skill: Key to Personal and Professional Success	Tushar Kumar	B.Com. II	60
16	Technology used in e-commerce	Rohini	B.Com. II	61

# Student Editorial

Dear Readers,

As we step into another promising year, “Kamaksha” 2024-25 stands as a reflection of our journey -one of learning, growth, and unyielding curiosity. This edition is not just a compilation of words and images but a testament of the spirit of our institution, the dedication of the students, and unwavering support of our teachers and mentors.

Each student is a storyteller, an innovator and a dreamer shaping the future with every challenge embraced and every lesson learned. Through this magazine, we celebrate these stories of academic excellence, artistic expression and the relentless of knowledge

I extend my heartfelt gratitude to every writer. Your dedication and creativity have made this publication a reality to our readers this edition inspires you, challenges you, and ignites a spark within you to chase your dreams fearless.



Let “Kamaksha” 2024-25 be more than magazine- let it be a reminder of our shared aspirations, the power of knowledge, and the boundless potential within all of us.

Happy Reading!

**Sahiba Kashyap**  
Student Editor.  
B.Com.3<sup>rd</sup> year

## Slashing of CRR by 50 bps

As one of the most important function of the Reserve Bank of India is to control / regulate the supply of money in economy, thus monetary policy is the tool used to control / regulate the supply of money. Cash Reserve Ratio (CRR) is one among the quantitative tools of the monetary policy. Cash Reserve Ratio means that the commercial banks have to keep a percentage of their Net Demand and Time Liabilities with the RBI on a daily basis and the commercial banks doesn't earn any interest on these deposits. Earlier this rate was 4.5%, now it is 4% which means that the RBI has slashed down CRR by 50 basis point.

What does the CRR cut do to the Indian economy?

- It will introduce about 1 .16 lakh crore rupees into the banking system, thus increasing the liquidity in the banking sector.

What are the impacts of slashing down of

CRR?

- Improves the lending capacity of the banking sector.
- Increases the profitability of commercial banks by way of earning interests on lending.
- Potential for inflation.

Growth and expansion of businesses and it would leads to increase in employment. A decent step taken by the monetary policy committee headed by the governor of RBI (Shaktikanta Das) by keeping the repo rate same and slashing down the CRR by 50 bps.



**Sahiba Kashyap**, Student Editor.  
B.Com.3<sup>rd</sup> year

## The Rise of the Gig Economy in India

In India, the gig economy is rapidly growing and transforming the labour market. As millions of Indians embrace this new way of working, the gig economy offers both opportunities and challenges. Gig jobs offer quick employment opportunities for a large workforce, helping alleviate some of the unemployment issues. Many workers prefer gig jobs for the flexibility they offer, allowing them to balance personal and professional lives. Rapid urbanization has increased the demand for services like delivery, transportation, and home maintenance.

### What Is Gig Economy

The gig economy refers to a labour market where temporary, flexible jobs are common, and companies hire independent contractors or freelancers instead of full-time employees. In India, gig workers include Uber/Ola drivers, Swiggy/Zomato delivery agents, and freelancers on Upwork, UrbanClap service providers, Amazon Flex couriers, and online tutors from Byju's /Vedantu. YouTubers and influencers are considered gig workers. Their work in the digital economy fits well within the broader definition of the gig economy.

### Impact

The gig economy in India offers flexibility and diverse income opportunities, allowing workers to choose

projects that suit their skills. However, it also brings challenges such as job insecurity, lack of benefits, and inconsistent income. While it empowers freelancers, it necessitates stronger regulations to protect their rights and ensure sustainable livelihoods.

### Conclusion

The gig economy is undoubtedly reshaping the labour market in India, offering both opportunities and challenges. As more people turn to gig work for its flexibility and autonomy, it is essential to address the issues of job security, income stability, and worker protections. With the right policies and support, the gig economy can become a sustainable and inclusive part of India's workforce, benefiting both workers and the broader economy.

The journey of the gig economy in India is just beginning, and its future holds immense potential for growth and innovation.



Priya, B. Com. III

## Various careers in Selling

Selling is honorable and well paid profession nowadays. There was a time when this profession didn't enjoy good social status. But now with the growth of multinational enterprises, the selling career has become attractive and remunerative with good opportunities for promotion. Now talented youth join selling profession. Selling profession offers wide range of careers. The main careers in selling are discussed below:

1. Franchise: One may take franchise from franchiser. For taking franchise one has to make some initial investment. The selling activities are required to be undertaken according to the terms and conditions of franchiser. The task of popularizing the brand is performed by franchiser.
2. Distributer: The distributor buys goods from producer, stores them and deliver them to retailers. The distributor has to invest in godowns and warehouses. The distributor may be sole selling agent. The distributor has to make some investment.
3. Independent sales representative: Such salesman don't get any base salary. They work for commission. They are not regular employees of business unit. They work as independent agent. Their remuneration depends upon the orders procured by them.
4. Full time sales employee: Sales employee is sales

representative who works on salary basis or salary plus commission basis. He is not business owner unlike distributor and franchise. He does not have to make initial investment as he need not have his own godown, warehouses or retail outlet.

5. Specialty salesmen: These salesmen are concerned with promotion and sale of special goods. These special goods can be expensive furniture books, vacuum product or product line. The salesman is given special training to have the detailed knowledge of that special product or product line.
6. Exporter's salesmen: They are appointed to sell the products to distributors located in foreign countries. Such salesmen are expected to know the language of the countries for which they are appointed. They must have complete knowledge of procedure of foreign trade and import-export documentation.



Sanjeela, B. Com. III

## ATM

An ATM is a machine that lets you do banking tasks on your own without needing to go inside a bank. It work like a computerized kiosk users insert their debit or credit card, enter their PIN, and then select from a menu of available services. These services can include withdrawing cash depositing money, transferring funds, paying bills, checking balance and more, the ATM executive the selected translation , dispense cash or accept deposit, and provides a printed receipt for record keeping. ATMs are available in various locations, providing individuals with convenient access to banking services.

### Using the ATM

- Insert your card: Locate the card slot on the ATM, usually on the right side of the screen. Most ATMs now have chip readers so insert your card with the chip facing upwards. If it's a magnetic stripe card, insert it with the stripe facing down towards the machine.
- Enter your PIN: The ATM will prompt you to enter your PIN, Be very careful when entering your PIN and shield the keypad with your other hand to prevent anyone from seeing it.

- Choose your transaction: The screen will display a menu of options, select the transaction you want to perform, such as “withdrawal”, ”Balance inquiry, “or deposit. If available.
- Follow the on screen prompts: The specific steps will vary depending on the transaction you choose.
- Receive your cash: If you confirm the withdrawal, the ATM will dispense your cash from the designated slot.
- Collect your card and receipt: Don't forget to take your card back from the ATM slot. You'll also be prompted if you want a printed receipt for your transaction. Take it if you need it for your records.
- End the transaction: Most ATMs will ask if you want to perform another transaction choose “No” or “end” if you're finished



**Dimpla**, B.Com. III

## The Impact of E-Commerce on Traditional Retail Businesses

E-commerce has transformed the retail industry, offering consumers convenience, competitive pricing, and a vast product selection. Online platforms like Amazon and Alibaba have made shopping easier, benefiting businesses with lower costs and broader market reach. The COVID-19 pandemic further accelerated this shift, pushing more consumers toward online shopping. As a result, traditional retail stores face challenges such as declining foot traffic, competitive pricing pressures, and changing consumer expectations driven by digital convenience. Many physical stores struggle with inventory management and adapting to evolving shopping behaviors.

To stay competitive, traditional retailers must embrace digital strategies. Many have adopted an omnichannel approach, integrating online and offline shopping experiences, such as “buy online,

pick up in-store” (BOPIS). Enhancing customer experiences with personalized services, loyalty programs, and in-store innovations can help retain shoppers. Some retailers have also launched their own e-commerce platforms to expand their reach, while the adoption of AI, data analytics, and mobile apps improves customer engagement.

While e-commerce has disrupted traditional retail, businesses that adapt can continue to thrive. By leveraging technology, enhancing customer experiences, and integrating digital and physical shopping, traditional retailers can remain relevant in an increasingly online-driven world.

**Rashmi**, B.Com. III



# The Power of Boredom: Fuel for Creativity and Growth

## The Modern Fear of Boredom

In today's fast-paced world, boredom is often seen as an enemy something to be avoided at all costs. With smartphones, endless entertainment, and constant notifications, we rarely allow ourselves a moment of stillness. However, boredom is not a waste of time in fact, it plays a crucial role in personal growth, creativity, and mental well-being. In simple words Boredom can be defined a mental state in which one has nothing to do when the flow of information to our brain slows down. And at that time only thing one can do is think, daydream and it is the state where most of the great ideas come to the existence. But people today are more connected than ever, yet they fear being disconnected. The moment we feel free, we instinctively reach for our phones, scroll through social media, or play a quick game. While this may seem harmless, constantly filling every empty moment prevents us from experiencing the benefits of boredom.

## Boredom Sparks Creativity

Have you ever noticed that your best ideas come when you're doing nothing in particular like taking a shower or staring out the window? That's because boredom encourages our brains to wander, making unexpected connections and generating creative thoughts. When we allow our minds to drift, we engage in planning state which helps with problem-solving and long-term goal setting based on the information intake of a person. Many great inventions and artistic masterpieces have been born out of boredom. Famous thinkers like Isaac Newton and Albert Einstein spent long hours in solitude, allowing their minds to explore new ideas. Even modern-day artists and writers often attribute their best work to moments of stillness.

## Development of Problem-Solving Skills and Improvement in Mental State

When faced with a problem, our first instinct is to seek a solution immediately. However, when we allow ourselves to sit with boredom, we give our subconscious mind time to process information. This is why taking a break from a difficult task often leads to sudden breakthrough later. Constant stimulation can lead to stress, anxiety, and burnout.

When we embrace boredom, we give our minds the rest they need. Moments of quiet allow us to be present, reducing the need for external distractions. Boredom forces us to think deeply and develop patience skills that are crucial for success in any field. It teaches us how to sit with discomfort, reflect on our thoughts, and find creative ways to engage with the world. Moreover, boredom encourages self-discovery. It gives us a chance to reflect on our passions, values, and aspirations. Instead of relying on entertainment to fill our time, we begin to explore new interests and hobbies that bring true fulfillment.



## How to Grip Boredom in Age of Social Media

While it may feel uncomfortable at first, embracing boredom is a skill that can be developed. Here are some simple ways to combine more stillness into your life:

**Limit Screen Time**— Set boundaries on social media and entertainment apps to create space for boredom and yourself.

**Take Walks Without Distractions** – Go for a walk without your phone or headphones and allow your thoughts to flow freely.

**Practice Mindfulness** – Meditation and deep breathing exercises help cultivate comfort with silence.

**Engage in Creative Activities** – Painting, writing, or playing an instrument can be great ways to turn boredom into inspiration.

**Allow Free Time** – Avoid the urge to schedule every minute of your day. Let your mind wander and see where it leads.

Boredom is not something to be feared; it is a hidden gift that fuels creativity, problem-solving, and personal growth. In a world that constantly demands our attention, learning to embrace stillness can be a powerful tool for self-improvement. The next time you feel bored, resist the thought to reach for your phone—allow yourself to sit with it, and you may be surprised by what your mind can create.

**Toshar Kumar Negi, B.Com. II**

# The Role of Artificial Intelligence in Modern Commerce

Artificial Intelligence (AI) is revolutionizing the way businesses operate, shaping modern commerce in unprecedented ways. From automating routine tasks to enhancing customer experiences, AI-driven solutions are making commerce more efficient, intelligent, and customer-centric. In this article, we explore how AI is transforming various aspects of commerce and what it means for businesses and consumers alike.

## AI in Customer Service

One of the most visible applications of AI in commerce is in customer service. AI-powered chatbots and virtual assistants, such as those used by Amazon and other e-commerce giants, provide instant responses to customer queries, improving response times and efficiency. Natural Language Processing (NLP) enables these bots to understand and respond to customer concerns effectively, reducing the need for human intervention while maintaining high service standards.

## AI in Personalization and Marketing

AI is a game-changer in personalized marketing. Through machine learning algorithms, businesses analyze customer data to offer tailored recommendations, advertisements, and promotions. Streaming platforms like Netflix and e-commerce giants like Amazon leverage AI to suggest products based on user behavior. This level of personalization enhances user experience, boosts engagement, and increases sales conversions.

## AI in Supply Chain and Inventory Management

AI-driven predictive analytics helps businesses optimize their supply chain operations by forecasting demand, identifying inefficiencies, and managing inventory more effectively. For example, AI tools can predict stock shortages and automatically reorder supplies, reducing wastage and ensuring smooth operations. Companies like Walmart and Alibaba use AI to streamline logistics and enhance supply chain efficiency.

## AI in Fraud Detection and Security

AI plays a crucial role in detecting and preventing fraudulent activities in commerce. Financial institutions and online retailers use AI

algorithms to analyze transaction patterns, flag suspicious activities, and prevent financial fraud. AI-driven security systems enhance the safety of online transactions, building customer trust in digital commerce.



## AI in Pricing Strategies

Dynamic pricing is another area where AI is making a significant impact. By analyzing market trends, competitor pricing, and customer demand, AI helps businesses adjust prices in real-time to maximize revenue. Airlines, ridesharing services like Uber, and online retailers use AI-based pricing strategies to optimize profitability while remaining competitive.

## AI in Enhancing Customer Experience

AI is also transforming how businesses interact with customers by providing virtual shopping assistants, augmented reality (AR) experiences, and voice commerce solutions. AI-powered tools allow consumers to visualize products before purchasing, making online shopping more interactive and engaging.

## Challenges and Ethical Considerations

While AI brings numerous benefits to commerce, it also presents challenges. Concerns about data privacy, job displacement due to automation, and algorithmic biases need to be addressed. Ethical AI implementation requires businesses to ensure transparency, fairness, and accountability in AI-driven decision-making processes.

AI is shaping the future of commerce by improving efficiency, enhancing customer experiences, and optimizing business operations. As AI technology continues to evolve, businesses that embrace it will gain a competitive edge in the market. However, it is essential to balance AI adoption with ethical considerations to ensure sustainable and responsible use in commerce.

Somkrishan, B.Com. II

## The Dawn of New Era in Digital Marketing

Digital marketing is an ever evolving field. Every year new trend and technologies emerge transforming the way businesses approach marketing. In this article we'll explore how March first marks the beginning of a new era in digital marketing.

### New Trend in Digital Marketing

March first heralds the start of new trends in digital marketing. Some of the key trends include:

*Voice Marketing:* with the growing popularity of voice assistants like Amazon Alexa and Google Home, voice marketing is entering a new era.

*Artificial Intelligence:* Artificial intelligence is becoming increasingly prominent in marketing, enabling businesses to provide better experiences for their customers.

*Video Marketing:* Video Marketing is a powerful medium that helps businesses showcase their products and services effectively.

### Strategies for Digital Marketing

To achieve their goals, businesses need to

develop effective digital marketing strategies. Here are some key strategies:

*Social Media Marketing:* promote your products and services on social media platform like Facebook, Twitter, and Instagram.

*Content Marketing:* create high quality content that attract customers and provides them with information about your products and service.

*Email Marketing:* use email to provide customers with information about your products and service and to attract them to your business.

Digital marketing is a constantly evolving field. March 1st marks the beginning of a new era in digital marketing, with new trends and technologies emerging. Businesses need to develop effective digital marketing strategies to achieve their goals.

**Manisha Bharti, B. Com. II**



## Online Shopping vs. Offline Shopping: Which is Better?

Shopping has evolved significantly over the years, with the rise of ecommerce offering an alternative to traditional retail stores. Both online and offline shopping have their advantages and disadvantages, making it a tough choice for consumers. Let's compare both and see which one is better.

### Convenience

**Online Shopping:** You can shop anytime, anywhere, without the need to visit a store. It saves time and effort, especially for busy individuals. **Offline Shopping:** Requires visiting a store, which can be time consuming. However, it allows instant purchasing without waiting for delivery.

### Variety & Availability

**Online Shopping:** Offers a vast range of products, often including international brands not available in local stores. **Offline Shopping:** Limited to what the store has in stock, but you can physically check the product before purchasing.

### Pricing & Discounts

**Online Shopping:** Often provides better discounts, offers, and cashback deals. You can compare prices across different platforms easily. **Offline Shopping:** Prices are usually fixed, with fewer discounts, though bargaining is possible in some places.

### Product Quality & Returns

**Online Shopping:** There is always a risk of receiving a defective or different product. However,

most platforms offer easy returns and refunds. **Offline Shopping:** You can inspect the product before buying, reducing the risk of defects or dissatisfaction.

### Shopping Experience

**Online Shopping:** Lacks the personal touch and experience of physically seeing and trying products. Customer service is available but not immediate. **Offline Shopping:** Provides a hands-on shopping experience and personal assistance from store staff.

### Security & Fraud Risks

**Online Shopping:** Risks include scams, payment fraud, and counterfeit products. Secure payment methods can reduce these risks. **Offline Shopping:** Generally safer, as you pay directly and get the product instantly.

### Which is Better?

If you prioritize convenience, variety, and discounts, online shopping is the better choice. If you prefer instant purchasing, quality assurance, and a hands-on experience, offline shopping is ideal.

Ultimately, the choice depends on personal preferences and the type of product being purchased. Many people now use a combination of both, depending on their needs.

**Pallavi Thakur, B. Com. II**



# Sustainable Business Practices: A New Era 4.1 of Green Commerce

In today's world, businesses are increasingly recognizing the importance of sustainability. Sustainable business practices involve conducting operations in a way that is environmentally responsible, socially ethical, and economically viable. With growing concerns about climate change, pollution, and resource depletion, businesses are shifting towards green commerce to ensure long-term success while minimizing their environmental impact. This article explores the significance of sustainable business practices, their benefits, and how companies can adopt greener approaches.

## *The Importance of Sustainable Business Practices*

Sustainable business practices are essential for the well-being of the planet and future generations. Businesses that adopt sustainability contribute to:

1. **Environmental Protection**– Reducing waste, conserving energy, and minimizing pollution help protect natural ecosystems.
2. **Social Responsibility**– Ethical labor practices and community engagement promote a fair and inclusive society.
3. **Economic Stability**– Sustainable businesses often see long-term financial benefits through resource efficiency and consumer trust.
4. **Regulatory Compliance**– Governments worldwide are enforcing environmental laws, and businesses that comply avoid legal risks.

## *Benefits of Green Commerce*

1. **Cost Savings**– Sustainable practices like energy-efficient operations and waste reduction lower business expenses.
2. **Brand Reputation**– Consumers prefer eco-friendly brands, leading to increased customer loyalty and market advantage.
3. **Investor Interest**– Many investors prioritize companies with strong sustainability policies, opening up more funding opportunities.
4. **Innovation and Competitiveness**– Green businesses drive innovation, creating new products and services that meet environmental standards.
5. **Employee Satisfaction**– Workplaces with ethical and sustainable policies attract and retain top talent.

## *How Businesses Can Implement Sustainable Practices*

1. **Energy Efficiency**– Companies can reduce energy consumption by using renewable energy sources, LED lighting, and smart technology.
2. **Waste Management**– Recycling programs, reducing single-use plastics, and adopting circular economy principles minimize waste production.

3. **Sustainable Sourcing**– Choosing eco-friendly raw materials and working with ethical suppliers ensures sustainability across the supply chain.

4. **Eco-Friendly Packaging**– Businesses can replace plastic with biodegradable or reusable packaging materials.

5. **Green Transportation**– Encouraging the use of electric vehicles, carpooling, and remote work reduces carbon footprints.

6. **Water Conservation**– Implementing water-saving technologies and responsible usage policies contribute to sustainability.

7. **Corporate Social Responsibility (CSR) Initiatives**– Engaging in reforestation, community clean-ups, and sustainability awareness programs enhances corporate responsibility.

## *Challenges in Adopting Sustainable Practices*

Despite its benefits, transitioning to sustainable business practices comes with challenges:

1. **High Initial Costs**– Implementing eco-friendly technologies and materials can require significant investment.
2. **Resistance to Change**– Employees and stakeholders may be reluctant to shift from traditional business models.
3. **Complex Supply Chains**– Ensuring sustainability across global supply chains can be difficult.
4. **Consumer Awareness**– Educating customers on the importance of sustainability can take time and effort.

## *The Future of Green Commerce*

The future of commerce is green. With advancements in technology, increased consumer demand for sustainability, and stronger environmental regulations, businesses must prioritize eco-friendly operations. Companies that innovate and lead in sustainability will not only benefit the planet but also gain a competitive edge in the market.

Sustainable business practices are no longer optional but essential for long term success. By adopting green commerce strategies, businesses can reduce environmental impact, gain consumer trust, and drive economic growth. The transition to sustainability may have challenges, but the benefits far outweigh the costs. As businesses embrace a greener future, they contribute to a healthier planet and a more responsible global economy.

Gautam Verma, B. Com. II



# The Evolution of Digital Payments: Cashless Economy and Its Challenges

The world is rapidly moving towards a cashless economy, where digital payments have replaced traditional cash transactions. With the rise of technology, the way people buy and sell goods has transformed significantly. From online banking to mobile wallets and cryptocurrencies, digital payment systems are reshaping the financial landscape. However, while digital payments offer numerous benefits, they also come with challenges that must be addressed. This article explores the evolution of digital payments, their advantages, and the obstacles faced in a cashless economy.

## *The Evolution of Digital Payments*

Digital payments have evolved over the years, starting from simple online banking to advanced contactless payment methods. Here is a brief timeline of this transformation:

1. **Early Online Banking (1990s):** Banks introduced online banking services, allowing customers to check account balances and transfer funds digitally.
2. **Credit and Debit Cards (2000s):** Plastic money became popular, enabling people to make payments without carrying cash.
3. **Mobile Wallets (2010s):** Companies like PayPal, Google Pay, and Apple Pay revolutionized transactions, making payments possible with just a smartphone.
4. **Cryptocurrency and Blockchain (2020s):** Digital currencies like Bitcoin emerged, providing decentralized and secure payment methods.
5. **Contactless and Biometric Payments (Present):** Fingerprint and facial recognition technologies are now used to authorize transactions securely and quickly.

## *Benefits of a Cashless Economy*

A cashless economy brings several advantages to individuals, businesses, and governments. Some of the key benefits include:

1. **Convenience:** Digital payments are faster and more efficient, eliminating the need to carry cash or wait for change.
2. **Enhanced Security:** Digital transactions reduce the risk of theft and fraud compared to carrying physical money.
3. **Transparency:** Every transaction is recorded, reducing corruption and promoting financial accountability.
4. **Economic Growth:** Faster transactions and improved financial access contribute to economic

growth by encouraging business activities.

5. **Financial Inclusion:** Digital payment systems help unbanked populations access financial services through mobile banking and ewallets.

## *Challenges of a Cashless Economy*

Despite its advantages, the shift to a cashless economy comes with certain challenges that need to be addressed:

1. **Cybersecurity Risks:** Digital transactions are vulnerable to hacking, phishing, and fraud, posing risks to users.
2. **Digital Divide:** Many people, especially in rural areas, lack access to smartphones and the internet, limiting their ability to use digital payment systems.
3. **Dependence on Technology:** System failures, power outages, or server issues can disrupt transactions, causing inconvenience.
4. **Privacy Concerns:** Digital payments involve the collection of user data, raising concerns about data security and surveillance.
5. **Resistance to Change:** Some people, especially the elderly and small businesses, prefer cash due to familiarity and distrust in digital systems.

## *The Future of Digital Payments*

As technology continues to advance, digital payments will become even more efficient and secure. Innovations like artificial intelligence, blockchain, and 5G networks will further enhance the payment experience. Governments and financial institutions must work together to address cybersecurity risks, improve financial literacy, and ensure that digital payments are accessible to everyone.

The evolution of digital payments has made financial transactions easier and more efficient. While a cashless economy offers numerous benefits, it also presents challenges that must be tackled. By investing in cybersecurity, expanding digital infrastructure, and promoting financial education, societies can fully embrace the advantages of digital payments while minimizing the risks. The future of payments is digital, and with the right strategies, a cashless economy can be both inclusive and secure.

Vinay Thakur, B.Com. II

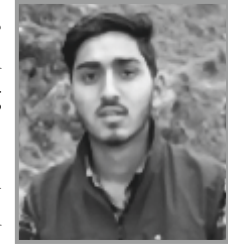


# The Importance of Financial Literacy for Entrepreneurs

Financial literacy is a crucial skill for entrepreneurs. It involves understanding financial principles, managing resources effectively, and making informed decisions about money. Entrepreneurs who are financially literate are more likely to build successful businesses, avoid debt traps, and achieve long-term growth. This article explores the importance of financial literacy, its key components, and how entrepreneurs can enhance their financial skills.

## *Why Financial Literacy Matters for Entrepreneurs?*

1. Effective Budgeting and Resource Allocation
  - a. Entrepreneurs need to allocate funds wisely to ensure business sustainability.
  - b. Proper budgeting helps in planning expenses, managing cash flow, and avoiding unnecessary costs.
2. Better Decision-Making
  - a. Financially literate entrepreneurs make informed choices about investments, pricing, and cost management.
  - b. Understanding financial statements helps in assessing business health and profitability.
3. Managing Cash Flow
  - a. Cash flow is the lifeblood of any business; poor cash management can lead to insolvency.
  - b. Entrepreneurs who understand cash flow can maintain liquidity and meet financial obligations on time.
4. Avoiding Debt Traps
  - a. Mismanagement of loans and credit can lead to overwhelming debt.
  - b. Financial literacy helps entrepreneurs evaluate loan options, interest rates, and repayment strategies.
5. Attracting Investors and Securing Funding
  - a. Investors and lenders prefer businesses with clear financial planning and reporting.
  - b. Understanding financial projections and return on investment (ROI) can enhance credibility.



## *How Entrepreneurs Can Improve Financial Literacy*

1. Educate Yourself
  - a. Read books, attend workshops, and take online courses on financial management.
2. Work with Financial Experts
  - a. Hiring an accountant or financial advisor can provide valuable insights and guidance.
3. Use Financial Tools and Software
  - a. Accounting software like QuickBooks, Xero, and Wave can help manage business finances efficiently.
4. Monitor and Analyze Financial Statements
  - a. Regularly review balance sheets, profit & loss statements, and cash flow reports.
5. Stay Updated on Financial Trends
  - a. Keeping up with economic trends and market changes helps entrepreneurs make proactive decisions.

Financial literacy is not just a skill but a necessity for entrepreneurs aiming for long-term success. By understanding and managing finances effectively, business owners can minimize risks, maximize profits, and ensure sustainable growth. Entrepreneurs should continuously educate themselves and adopt sound financial practices to build strong and resilient businesses.

**Amit Kumar, B. Com. II**

# Social Media: Aid to Business Growth

Social media significantly impacts business growth by providing a cost-effective platform to reach a vast audience, build brand awareness, engage with customers directly, foster customer loyalty, and generate leads through targeted marketing campaigns, ultimately driving sales and increasing brand reputation; however, it also requires consistent management and strategic content creation to maintain effectiveness.

## ***Key ways Social Media Impacts Business Growth:***

### **Increased Reach and Brand Awareness:**

Social media platforms allow businesses to connect with a global audience, promoting their brand and products to a wider customer base beyond geographic limitations.

### **Customer Engagement and Interaction:**

By facilitating direct communication through comments, likes, shares, and messages, businesses can actively engage with customers, understand their needs, and address concerns promptly.

### **Targeted Marketing:**

Social media advertising features enable businesses to target specific demographics, interests, and locations, ensuring their marketing efforts reach the most relevant audience.

### **Cost-Effective Marketing:**

Compared to traditional advertising methods, social media marketing can be significantly cheaper, allowing businesses to reach a large audience with minimal expenditure.

### **Community Building:**

By creating engaging content and fostering conversations, businesses can build a loyal community around their brand, leading

to increased customer retention and advocacy.

### **Reputation Management:**

Social media provides a platform to monitor and manage brand perception by responding to customer feedback, addressing negative reviews, and highlighting positive experiences.



### **Market Research and Insights:**

Analytics on social media platforms provide valuable insights into customer behavior, preferences, and trends, which can inform business decisions and product development.

### **Lead Generation:**

Through targeted campaigns and calls-to-action, social media can be used to attract potential customers and generate leads for sales teams. Important Considerations:

### **Strategic Content Creation:**

Developing high-quality, relevant content that resonates with the target audience is crucial for engagement and brand building.

### **Consistency and Active Management:**

Maintaining a consistent presence on social media platforms with regular updates is necessary to retain audience interest.

### **Platform Optimization:**

Understanding the unique features and audience of each social media platform is essential for tailoring content and strategies accordingly.

### **Crisis Management:**

Businesses must have a plan to address potential negative publicity or customer complaints promptly on social media

Neha Verma, B. Com. II

# The Importance of Soft Skills: Key to Personal and Professional Success

In today's world, having technical knowledge or academic qualifications is not enough to succeed. Employers and society value soft skills just as much as hard skills. These skills help people communicate effectively, work well with others, solve problems, and adapt to different situations.

Soft skills are important not only in the workplace but also in daily life. Let's explore what soft skills are, why they matter, and how they can help individuals achieve success.

## What Are Soft Skills?

Soft skills are personal traits and social abilities that help individuals interact effectively with others. Unlike technical skills (hard skills), which are job-specific, soft skills apply to every field and career. They include communication, teamwork, problem-solving, leadership, adaptability, and emotional intelligence.

Soft skills help people build relationships, handle challenges, and make good decisions. They are often the key to career growth, personal development, and overall success in life.

## Why Are Soft Skills Important?

### 1. Better Communication

Good communication skills help individuals express their ideas clearly and listen to others effectively. Whether in a job interview, a team meeting, or personal relationships, clear and confident communication is essential. A salesperson with strong communication skills can convince customers to buy a product, increasing sales.

## The Importance of Soft Skills: Key to Personal and Professional Success

Most jobs require working with colleagues, clients, or customers. Being able to work well in a team improves productivity and builds a positive work environment. In a hospital, doctors, nurses, and technicians must collaborate to provide the best care to patients.

### 3. Problem-Solving and Critical Thinking

Life and work often present unexpected challenges. Soft skills like problem-solving and critical thinking help individuals analyze situations and find effective solutions. A manager facing a sudden drop in sales can use problem-solving skills to

identify the issue and create a new strategy.

### 4. Adaptability and Flexibility

Technology and industries are constantly evolving. Being adaptable means staying open to change and learning new skills to stay relevant. During the COVID-19 pandemic, many employees had to quickly adapt to remote work and virtual meetings.

### 5. Leadership and Decision-Making

Strong leadership skills help individuals guide and inspire others, whether in a business, a community, or a family. Good leaders make informed decisions and motivate their teams to achieve goals. A team leader in an office encourages employees to stay motivated and productive, even during difficult projects.

### 6. Emotional Intelligence

Emotional intelligence (EQ) is the ability to understand and manage emotions—both one's own and others'. It helps in handling stress, building relationships, and making thoughtful decisions. A teacher with high emotional intelligence can handle a difficult student with patience instead of anger.

### 7. Time Management and Organization

Being able to prioritize tasks and manage time effectively leads to increased efficiency and reduced stress. A student who plans their study schedule well can balance academics and extracurricular activities without feeling overwhelmed.

Soft skills are the foundation of success in both professional and personal life. They help individuals build relationships, adapt to change, and handle challenges effectively.

In today's world, employers value soft skills as much as technical knowledge, and individuals with strong soft skills have better career growth opportunities. Developing these skills can lead to greater confidence, better teamwork, and a more successful future. By improving soft skills, we not only enhance our careers but also become better individuals who can communicate, lead, and thrive in any situation.



Tushar Kumar, B. Com. II

## Technology Used in e-Commerce

E-Commerce technology is the various digital tools, platform and systems that enable online buying and selling, facilitating transaction, communications and data exchange between business, customers and partners. E-Commerce uses a variety of technology, including artificial intelligence, machine learning and augmented reality.

Today, computer plays a big role in business communication, facilitating, email chatting, video conferencing and more. Computers are useful for communicating around the world as a result of the network (internet). Computer allows users to communicate with each other over interconnected networks.

### Internet

The internet is a global network of interconnected computer and service that store, process and communicate information through standardized protocol, enabling Universal access to information communication and online services. The internet is the most powerful popular term that people all around the World come across. The advancement in Information technology sector gave birth to internet. Basically internet is the large system of connect computer around the world that allow people to share information and communicate with each other throughout the world. Through internet and high - level connectivity all around the world, business opportunities have grown tremendously and benefitted manufactured, traders and service people.

### The internet provides different online services:

- 1) Web: A collection of billions of webpages that can be viewed with a web browser .www or the World Wide Web is an information system on the Internet which allowed documents to be connected to other documents by hypertext links.
- 2) Email: The most common method of sending and receiving messages online.
- 3) Social media: website and apps that allow people to share comments, photos and videos.
- 4) Online gaming: games that allow people to play with and against each other over the internet.
- 5) Software update: operating system and application updates can typically be downloaded from the internet.
- 6) Online booking: online booking has made things really easy. Be it a movie ticket on flight ticket, you

can book just about anything using internet. the process is very easy convenient and super fast.

- 7) Online shopping: shopping on the internet is affordable convenient and save time .There are many online store and sites that can be used to look for product as well as buy them using your credit card /debit card. On popular e-stores like- eBay, amazon, Flipkart, etc.
- 8) Online education: online education is the most popular form of distance education today. It is a type of education that takes place over the internet .It is often referred to as E-Learning "in which the learning content is available online and provides automatic feedback to the students learning activities.
- 9) Research: Research is one such think which has got lots of benefit from this evolution of Internet. In order to do research, you need to go through hundreds of books as well as the reference and that was one of the most difficult jobs to do earlier.
- 10) Quick and Free Communication: Internet is undoubtedly the most effective communication tool we have at present, Communication on the internet is free and fast. Internet opens up many different possible ways to communicate with others, like e-mail, blogs, chatting social networking, etc.



Most traditional communication media including telephone, radio, television, paper mail and newspaper are reshaped redefined or even bypassed by the internet, giving birth to new services such as email ,internet telephone, internet television, Online music, digital newspaper, and video streaming websites. Newspaper, books and other print publishing have adapted to website technology or have been reshaped into blogging, web feeds and online new aggregators. The internet has enable and acceleration new forms of personal interaction through instant messaging, internet forms and social networking services .online shopping has grown exponentially for major retailers small businesses and entrepreneur as it enable firms to extend their "break and mortar" presence to serve a larger market or even sell goods and services and entirely online. Business to business and financial services on the Internet affect supply chain across entire industries.

**Rohini, B. Com. II**

# Planning Forum



**Dr. Prem Prakash**  
Planning Forum



**Rajender**  
Planning Forum

## INDEX

Sr. No.	Topic Name	Student's Name	Roll No.	Page
1.	Student Editorial	Rajender	BA/22/ECON/7510, 3 <sup>rd</sup> Year	63
2.	Poverty in India	Rajender	BA/22/ECON/7510, 3 <sup>rd</sup> Year	63
3.	Economic Liberalism	Tishant Singh	BA/22/POLS/6086, 3 <sup>rd</sup> Year	64
4.	The Economy of India : An Overview	Isha Sharma	BA/22/ECON/7504, 3 <sup>rd</sup> Year	65
5.	Demonetisation in India	Leela Dhar	BA/22/ECON/7506, 3 <sup>rd</sup> Year	66
6.	Artificial Intelligence in Indian Economy	Sheetal Kumar	BA/24/GEOG/7802, 1 <sup>st</sup> Year	67
7.	Unemployment Fluctuation in Urban Labour Market in India	Jyoti Chauhan	BA/22/ECON/7511, 3 <sup>rd</sup> Year	67
8.	Green Revolution	Narender Thakur	BA/24/ECON/7511, 3 <sup>rd</sup> Year	68
9.	Budget	Anshita Thakur	BA/23/POLS/6002, 3 <sup>rd</sup> Year	68
10.	Economic System and Sector of India	Sachana Thakur	BA/23/MATH/01, 1 <sup>st</sup> Year	69
11.	Role, Importance, Function and Suggestions of Banks in India	Khem Lata	BA/22/ECON/7503, 3 <sup>rd</sup> Year	69
12.	General Agreement on Tariff and Trade	Pooja	BA/22/POLS/6005, 3 <sup>rd</sup> Year	70
13.	Vocal for Local	Mrinal Thakur	BA/24/ECON/7502, 1 <sup>st</sup> Year	70
14.	The Far-Reaching Impact of Population on the Economy	Sakshi	BA/24/ENG/4008, 1 <sup>st</sup> Year	71
15.	Balance of Payment	Dikshit	BA/24/ENG/4002, 2 <sup>nd</sup> Year	71

## Student Editorial

Dear Readers,

*It gives me immense pleasure to present the Economics Section" of the College Magazine "Kamaksha" for session 2025-26. I am very grateful to Teacher Editor of Economics Section, Dr. Prem Prakash, who gave me the chance to be Student Editor and for him continuous support.*

*As you know, India is a developing country and its economy is grading day by*

*day. It is one of the fastest growing economies of the world.*

*And also, I would like to congratulate all those creative writers, whose articles are going to be published in this magazine.*

*At last, I wish a successful and bright future to all of you.*

**Rajender,  
BA/22/ECON/7510**

## भारत में गरीबी

गरीबी एक ऐसी स्थिति है जिसमें व्यक्ति या परिवार के पास आवश्यक संसाधनों की कमी होती है जैसे कि कपड़े, पैसे, भोजन, आवास, शिक्षा और स्वास्थ्य सेवाएं। गरीबी के कारण व्यक्ति या परिवार को अपने मूलभूत अधिकारों से वंचित होना पड़ता है। भारत में गरीबी एक गहरी और जटिल समस्या है जो देश की अर्थव्यवस्था और समाज को प्रभावित करती है। आधिकारिक आंकड़ों के अनुसार भारत में लगभग 220 मिलियन लोग गरीबी रेखा से नीचे रहते हैं। गरीबी के कारण लोगों को अपने मूलभूत अधिकारों से वंचित होना पड़ता है जैसे - शिक्षा, स्वास्थ्य, रोजगार आदि। इसके अलावा गरीबी महिलाओं और बच्चों को विशेष रूप से प्रभावित करती है, जो कि समाज के सबसे कमजोर वर्गों में से एक है।

भारत में गरीबी के कई कारण हैं जिसमें मुख्य कारण हैं जैसे - भारत में बेरोजगारी एक बड़ी समस्या है, जिसमें गरीबी बढ़ती है। भारत में शिक्षा की कमी एक बड़ी समस्या है जिससे लोगों को आगे बढ़ने में कठिनाईयों को सामना करना पड़ता है। स्वास्थ्य सेवाओं की कमी भी एक बड़ी समस्या है। भारत में आर्थिक समानता एक बड़ी समस्या है जिसमें लोगों को अपने जीवन में आगे बढ़ने में कठिनाईयों का सामना करना पड़ता है। जनसंख्या में लगातार वृद्धि भी भारत में गरीबी का एक मुख्य कारण है।

2019 के आंकड़ों के अनुसार भारत में लगभग 220 मिलियन लोग गरीबी रेखा से नीचे जीवन-यापन करते हैं। 2019 में भारत की गरीबी दर 21.2 प्रतिशत थी, जो कि 2011 में 35.7 प्रतिशत थी।

गरीबी को माप करने के कई तरीके और संकेतकों का उपयोग किया जाता है। आय आधारित माप इसमें व्यक्ति या परिवार की आय पर गरीबी का माप किया जाता है। व्यय आधारित माप में व्यक्ति या परिवार के व्यय से गरीबी का माप होता है। मानव विकास सूचकांक में शिक्षा, स्वास्थ्य और आय के आधार पर गरीबी का माप किया जाता है।

भारत सरकार ने गरीबी दूर करने के लिए कई कार्यक्रम (IRDP) यह कार्यक्रम ग्रामीण गरीबों को बैंक ऋण और सब्सिडी प्रदान करता है। राष्ट्रीय ग्रामीण रोजगार गारंटी अधिनियम इसमें ग्रामीण रोजगार गारंटी अधिनियम इसमें ग्रामीण क्षेत्रों में गरीबों को 100 दिनों का गारंटीकृत रोजगार प्रदान करता है। इंदिरा आवास योजना के तहत गरीबी रेखा से नीचे रहने वाले परिवारों को मुफ्त आवास प्रदान करना। प्रधानमंत्री जन-धन योजना कार्यक्रम गरीबों को बैंक खाते खोलने में मदद करता है और उन्हें वित्तीय सेवाओं तक पहुंच प्रदान करता है। राष्ट्रीय खाद्य सुरक्षा अधिनियम गरीबों को सस्ते दर पर खाद्यान्न प्रदान करता है और उनके जीवन में सुधार करने में मदद करता है।

**निष्कर्ष:** गरीबी दुनिया भर में एक बड़ी समस्या है जो विकासशील और विकसित दोनों में पाई जाती है। गरीबी को दूर करने के लिए सरकार, नागरिक, समाज और व्यक्तिगत स्तर पर सामूहिक प्रयास आवश्यक है।

**Rajender, B.A.**

# Economic Liberalism

Economic Liberalism is a political and economic ideology that supports a market economy based on individualism and private property in the means of production. Adam Smith is known as one of the primary initial writers on economic liberalism and his writing is generally regarded as representing the economic expression of 19<sup>th</sup> century liberalism up until the great depression and rise of Keynesianism in 20<sup>th</sup> century. Historically, economic liberalism arose in response to feudalism and mercantilism.

Economic liberalism is associated with market and private ownership of capital assets. Economic liberals tend to oppose government intervention and protectionism in the market economy when it inhibits free trade and competition, but tend to support government intervention where it protects property rights, opens new markets or funds market growth and resolves market failures.

Economic liberalism can be contrasted with protectionism because of its support for the trade and an open economy and is considered opposed to planned economics and non-capitalist economic orders, such as socialism. As such, economic liberalism, today is associated with classical liberalism, neoliberalism, right-libertarianism and some schools of conservatism like liberal conservatism and fiscal conservatism.

The easy theory of economic liberalism was based on the assumption that the economic actions of individual are

largely based on self-interest (invisible hand) and that allowing them to act without any restrictions will produce the best results for everyone, provided that at least minimum standards of public information and justice exist, so that no one is allowed to coerce, steal or commit fraud and there should be freedom of speech and press.

Major benefits of economic liberalism is that it opposes government intervention in the economy when it leads to inefficient outcomes. They are supportive of strong state that protects right of property and enforces contracts. It also benefits in other ways like by increasing competition which leads to more goods and services at lower price. It helps to grow the GDP by allocating capital more efficiently, increased competition creates more opportunity for workers.

Liberalism was criticized by different ideologies, Karl Marx rejected the foundational aspect of liberal theory, hoping to destroy both the state and the liberal distinction between the society and the individual. While fusing the two into a collective whole designed to overthrow the developing capitalist order of the 19<sup>th</sup> century. Roman Catholic Church was also a big critic of liberalism for its openness and individualistic concern. Liberalism was also criticized by feminists for creating inequality in private sphere.

**Tishant Singh, B.A. III**

# The Economy of India: An Overview

India's economic journey began with its independence from British colonial rule in 1947. The country inherited a stagnant economy, characterized by low productivity, limited infrastructure and a heavy reliance on agriculture. Between 1<sup>st</sup> and 17<sup>th</sup> centuries A.D. India is estimated to have had the largest economy of the ancient and medieval world.

The Indian Economy is a mixed economy, with a combination of public and private sector enterprises. The economy is broadly divided into three sectors, employing over 50% of the workspace and contributing around 18% to the country's GDP. The industrial sector is the second largest sector, is contributing around 25% to the country's GDP. The service sector is the fastest growing sector, contributing around 57% to the country's GDP.

The Indian economy has several key factors that drive growth and development. India has emerged as a major hub for IT and BPO services, with companies such as Infosys, Wipro and Tata Consulting services (TCS) leading the way. India is a significant player in the global pharmaceutical industry with companies such as Sun Pharmaceutical Industries, Cipla and Dr. Reddy's Laboratories. India is home to several, major automobile, manufactures, including Tata Motors, Mahindra and Maruti Suzuki. India has a long history of textile production with companies such as Grasim, Industries,

Aditya Birla, Nuxo and Raymond Ltd. leading the way.

Despite its many strengths, the Indian economy faces several significant challenges. India is home to a significant proportion of the world's poor with over 200 million people living below the poverty line. India's infrastructure, including roads, railways and ports is in need of significant investment and upgrade. Corruption is a significant challenge facing the Indian economy with many businesses and individuals citing it as a major obstacle to growth. India is facing significant environmental challenges including air and water pollution deforestation and climate change. India's workforce is in need of significant skill development with many workers looking for the skills and training needed to compete in the modern economy.

Despite these challenges, the Indian economy has significant potential for growth and development. The country's young and growing population its rapidly expanding middle class and its increasing integration into the global economy all point to a bright future.

The Indian government has introduced several initiatives aimed at promoting economic growth and development including the "Make in India".

**Isha Sharma, B.A. III**

# भारत में विमुद्रीकरण

भारत एक विकासशील देश है जो दिन-प्रतिदिन विकास की बुलदियों को छूता जा रहा है। ऐसे में भ्रष्टाचार को रोकने के लिए नोटबंदी करने का निर्णय एक बहुत ही कठिन निर्णय था। नोटबंदी के बाद नागरिकों को एक सीमित समय सीमा दी जाती है जिसके अंतर्गत वे बैंकों में जाकर बंद हुए नोटों को बदलवा सकते हैं और उतनी ही कीमत के नए नोट ले सकते हैं। नोटबंदी को ही विमुद्रीकरण कहा जाता है। नोटबंदी या विमुद्रीकरण का अर्थ है किसी देश में सरकार द्वारा बड़े मूल्य के नोटों को बंद करना या उनके प्रयोग पर प्रतिबंध लगाना, जिससे वे किसी भी काम के नहीं रहते। न ही उस से कोई लेन-देन किया जा सकता है, न ही कुछ खरीद सकते हैं। दूसरे शब्दों में, जब पुराने नोटों और सिक्कों को बंद करके नए नोट और सिक्के चलाए जाते हैं उसे नोटबंदी या विमुद्रीकरण कहा जाता है।

## नोटबंदी या विमुद्रीकरण की आवश्यकता:

1. नोटबंदी की आवश्यकता किसी देश को तब पड़ती है जब देश में कालेधन की जमाखोरी और जाली नोटों के कारोबार में अधिकता होने लगती है।
2. 2016 में नोटबंदी से पहले बहुत से जाली नोट भी पाए गए थे। यह अर्थव्यवस्था पर कुप्रभाव डाल रहे थे। इसलिए नोटबंदी की

आवश्यकता पड़ी।

3. भ्रष्टाचार, काला धन, मंहगाई और आतंक पर काबू पाने के लिए नोटबंदी का प्रयोग किया। नोटबंदी भारत के लिए नई बात नहीं है। भारत में पहली बार साल 1946 में 500, 1000 और 10000 के नोटों को बंद किया था। उसके बाद 1978 में, फिर 2014, 2016, 2023 में।

## नोटबंदी के लाभ:

1. काला धन ही है जो आतंकवाद और हिंसा को बढ़ावा देता है। काला धन कम होने की वजह से आतंकवाद में भी कमी आई।
2. जब लोग बैंक में पैसे बदलने गए तो उनके पैसों की सारी जानकारी सरकार के पास चली गई।

## नोटबंदी की हानियां:

1. आम आदमी की रोजी या रोजमर्रा की जिंदगी प्रभावित हुई।
2. स्थानीय पैसा न होने की वजह से पर्यटन स्थल को अधिक नुकसान हुआ।
3. नए नोटों को छापने में बहुत पैसा खर्च हुआ लेकिन आतंकवादी फंडिंग अब तक चालू है।

लीला धर, B.A. III

# Artificial Intelligence and Indian Economy

artificial intelligence is transforming the Indian Economy in various ways. AI powered technologies are being adopted across industries, including healthcare, finance, transportation and entertainment. For instance, AI powered chatbots are being used in customer service, while AI driven analytics are helping businesses make data-driven decisions.

The Indian government has also recognized the potential of AI and has launched initiatives to promote its adoption. for example, the government has established the National Artificial Intelligence Portal to provide a platform for AI related research and development.

The impact of AI on Indian economy is significant. According to a report, AI has

potential to add \$957 billion to India's economy by 2035. This growth will be driven by increased productivity, improved efficiency and innovation.

However, there are also challenges associated with the adoption of AI in India. One of the major concerns is job displacement, as automation replaces certain jobs. To address this challenge, the government and industries need to work together to provide training and upskilling programs for workers.

Overall, AI has the potential to transform the Indian Economy and drive growth. However, it is essential to address the challenges associated with its adoption to ensure that the benefits of AI are shared by all.

**Sheetal Kumar, B.A. I**

## Unemployment Fluctuations in Urban Labour Market in India

Fluctuations in unemployment rate have been widely studied in developed countries. Lack of panel data, however, limited the scope of such studies in India until quarterly, Periodic Labour Force Surveys (PLFS) were published in 2019. Here we use the novel quarterly PLFS of urban sector in India to study the gross flow using three states of labour market. We found most of the fluctuation in unemployment rates originates within the labour force. In upturn, employment margin contributes about 80% of the decline in unemployment. while in downturn it contributes about 98% of the rise in unemployment. Flows from employment to unemployment have stronger association with the fluctuations in unemployment rate than the flows from unemployment to employment.

Higher female unemployment rates are mainly because of their lower chances to find job and higher chances to stay as unemployed contrary to widely held view. We found females are more likely to participate than males. Their higher probability to drop out of labour force and lower chances to find a job hold their labour force participation rate low.

Youth face higher chances to lose jobs and their longer stay as unemployed than mature hold their unemployment rates higher. Difficulty in finding a job, higher chances of job loss, along with longer stay as unemployed keep unemployment rate higher among the better educated.

**Jyoti Chauhan, BA III**

## हरित क्रांति

हरित क्रांति में आधुनिक मशीनों और तकनीकों का उपयोग करके कृषि उत्पादन बढ़ाने की प्रक्रिया है। यह 1950 से 1960 के दशक के अंत तक किया गया एक वैज्ञानिक शोध आधारित तकनीकी पहल थी, जिसमें विशेष रूप से विकासशील देशों में कृषि उत्पादन को बढ़ाया। यह 1960 के दशक के अंत में सबसे अधिक दिखाई देने लगी। इसने उच्च उपज वाली (HYV) बीजों, उर्वरकों और सिंचाई की आधुनिक तकनीकों का उपयोग करके खाद्यान्न उत्पादन को बढ़ाने में मदद की।

भारत में हरित क्रांति 1960 के दशक की शुरुआत में शुरू हुई, जिससे पंजाब, हरियाणा और उत्तर प्रदेश में खाद्यान्न उत्पादन बढ़ा। इस पहल में गेहूं की उच्च उपज वाली किस्मों का विकास एक प्रमुख उपलब्धि थी। हरित क्रांति क्रांतिकारी थी क्योंकि इसमें नई तकनीकों, नए विचारों और नई प्रथाओं को शामिल किया गया जो जल्दी से फैल गए और नाटकीय परिणाम प्राप्त किए।

इस परियोजना के तहत फसल क्षेत्र को अधिक पानी, अधिक उर्वरक, अधिक कीटनाशकों और अन्य रसायनों की

आवश्यकता थी। इससे विनिर्माण क्षेत्र का विकास हुआ और औद्योगिक वृद्धि बढ़ी। सिंचाई बढ़ने से मानसूनी पानी को संचित करने के लिए नए बांधों की आवश्यकता पड़ी। संचित पानी का उपयोग जलविद्युत उत्पादन के लिए किया गया। इससे औद्योगिक वृद्धि हुई, लोगों को रोजगार मिला और गांवों में लोगों के जीवन की गुणवत्ता में सुधार हुआ।

हालांकि इस क्रांति के कुछ नकारात्मक सामाजिक प्रभाव भी थे। कृषि में नवाचार के कारण आय में असमानताएं बढ़ीं। समृद्ध जमींदारों ने कृषि इनपुट और रासायनिक उर्वरकों पर नियंत्रण कर लिए जबकि गरीब किसानों को भूमिहीन मजदूर बनने के लिए मजबूर होना पड़ा।

**निष्कर्ष:** भारत ने हरित क्रांति के माध्यम से एक बड़ी उपलब्धि हासिल की है जिससे खाद्य सुरक्षा का एक अभूतपूर्व स्तर प्राप्त हुआ है। इसने बड़ी संख्या में गरीब लोगों को गरीबी से बाहर निकाला और भूख से बचने में मदद की। यदि हरित क्रांति न होती, तो स्थिति और भी खराब हो सकती थी।

**Narender Thakur, B.A. I**

## बजट

बजट शब्द फ्रेंच भाषा के शब्द Bougette से निकला है, जिसका अर्थ है चमड़े का थैला। इसे वालेट की संज्ञा भी दी जाती है जिसमें सरकारी कागजात ले जाए जाते हैं।

भारत में बजट को महत्त्व सन् 1935 के अधिनियम के द्वारा ही प्राप्त हुआ क्योंकि 1935 तक तो भारतीय जनता को शासन करने का अधिकार नाममात्र ही प्राप्त था। भारतीय संविधान में बजट शब्द का उल्लेख नहीं किया है। संविधान के अनुच्छेद 112 में एक 'वार्षिक वित्तीय वितरण' तैयार करने का निर्देश दिया गया है।

बजट का साधारण अर्थ है वित्तीय प्रस्ताव अर्थात् इसका अर्थ इस दस्तावेज से लिया जाता है जिसमें वार्षिक आय और व्यय का ब्यौरा होता है।

बजट में शामिल होने वाले कुछ मुख्य घटक हैं -

आय, व्यय, बजट और निवेश। सरकार की कुल आय, जिसमें कर, राजस्व और नया स्रोत शामिल हैं। सरकार के कुल व्यय जिसमें विभिन्न योजनाएं और कार्यक्रमों पर खर्च शामिल हैं। सरकार की कुल बचत जिसमें आय और व्यय के बीच का अंतर शामिल है। सरकार के निवेश जिसमें विभिन्न क्षेत्रों में निवेश किया जाता है।

बजट सरकार को अपने आय और व्यय को नियंत्रित करने में मदद करता है। बजट सरकार को अपने वित्तीय लक्ष्यों को प्राप्त करने में मदद करता है। बजट में सामाजिक कल्याण की योजना का उल्लेख होता है, जैसे कि शिक्षा, स्वास्थ्य और गरीबी उन्मूलन। बजट में आर्थिक विकास जैसे कि निवेश, रोजगार और उद्योग।

**Anshita Thakur, B.A.**

## Economic System and Sector of India

An economy refers to the way a nation makes economic choices about how the nation will use its resources to produce and distribute goods and services. The Indian Economy was called an underdeveloped economy but is now referred to as the mixed economy. An economic system is defined by a way wherein the country's resources are utilized to produce goods and services in such a manner that these goods and services are distributed for consumption. It is a system involves production, distribution and consumption of goods and services between the entities in a particular society. The economy of India stands as the world's 12<sup>th</sup> largest according to the market exchange rates and is also the 4<sup>th</sup> largest economy on the basis of Purchasing Power

Parity. The Indian economy system was based on the basis of Social Democratic Policies from the year 1947 to 1991. In the pure market economy, there is no government involvement in the economic decisions. Herein the consumers decide what shall be produced. Business shall determine how the producers will be produced and who buys the products. In the pure command economy, all the resources are government owned, here one person or a group of officials decide what products are needed. What products are needed. The government decide who receives the products that are produced. The economy in the traditional economy is largely shaped by the custom and religion.

Sachana Thakur, B.A. II

## भारत में बैंकों की भूमिका, महत्व, कार्य, सुझाव

बैंक एक वित्तीय संस्था है जो जमा राशि को सुरक्षित रखता है और ग्राहकों को ऋण देता है। बैंक अर्थव्यवस्था में धन के प्रवाह को सुचारू रूप से चलने में अहम भूमिका निभाता है। बैंक जमा किये गये धन को सुरक्षित करता है। उनके लिये लॉकर जैसी सुविधायें प्रदान करवाता है। कीमती सामानों के लिए सुविधायें उपलब्ध करवाता है। बैंक बैंक चैक कैशिश, पमाणित बैंक जारी करना, वायर ट्रांसफर जैसी सेवायें देता है। बैंक उद्योग, कृषि और कारोबार को वित्तपोषण देता है। बैंक निवेश सेवायें देता है। बैंक अर्थव्यवस्था के विकास को गति देने में मदद करता है। बैंक देश की आर्थिक स्थिति को बनाये रखने में अहम भूमिका निभाते हैं। बैंक द्वारा ऋण की सुविधा प्रदान की जाती है। बैंक व्यक्तियों, व्यवसायों और उद्योगों को ऋण प्रदान करते हैं। जिससे सभी क्षेत्रों में आर्थिक विकास उद्यमिता तथा बुनियादी ढांचे के विकास को सुलभ बनाते हैं। आर्थिक स्थिरता, मौद्रिक प्रवाह का प्रबंधन सेवायें प्रदान करता है। विकास को समर्थन बैंक आवास परिवहन और नवीकरणीय जैसे बड़े पैमाने की परियोजना को वित्त देती है। बचत में गतिशीलता वे जमा आयोजन के माध्यम से बचत को प्रोत्साहित करते हैं और वापसी का विश्वास दिलाते हैं। इस तरह धन का लेन-देन करते हैं और वापसी का विश्वास दिलाते हैं। इस तरह धन का लेन-देन करते हैं। विदेशी मुद्रा का व्यवहार करना भी बैंक का कार्य होता है। ग्राहक सेवा बैंक ग्राहकों को विभिन्न प्रकार की सेवायें प्रदान कराते हैं जैसे कि

ऑनलाइन बैंकिंग, मोबाईल बैंकिंग और एटीएम सेवायें जो ग्राहकों को अपनी वित्तीय गतिविधियों को आसानी से प्रबंधन करने में मदद करती है। सरकार का सहयोग बैंक सरकार के साथ मिलकर काम करती है जैसे करों का संग्रह और सरकारी योजनाओं का क्रियान्वयन करती है। मुद्रा स्फीति को नियंत्रण किया जा सकता है। बैंकों भारतीय बैंकिंग प्रणाली के सुधार के उपाय सार्वजनिक क्षेत्रों के बैंकों का निजीकरण, सार्वजनिक क्षेत्रों के बैंकों का विलय बैंकों का शासन सुधार, बैंकों का तकनीकी उनयन, बैंकिंग समेकन, बैंकों का उदारीकरण, विदेशी बैंकों का भारत में प्रवेश, बैंकिंग क्षेत्रों में नवाचार, बैंकिंग क्षेत्रों में प्रशासनिक सुधार करना, बैंकों सेवाओं का डिजिटलीकरण, बैंकिंग समेकन, बैंक ऋण दरों की अधिकतम सीमा को समाप्त करना, नई शाखा खोलने के मापदण्ड को उदार बनाना, बैंकों को अपनी व्यावसायिक कार्यनीतियों को फिर से बनाने, बैंकों की दक्षता में सुधार, ग्राहक प्रतिक्रिया ये सब को अपनाकर हम बैंकिंग प्रणाली में सुधार कर सकते हैं। बैंक अर्थव्यवस्था में महत्वपूर्ण भूमिका निभाते हैं और वित्तीय लेन-देन और ऋण प्रदान करके धन के प्रवाह को सुगम बनाते हैं। आर्थिक विकास में योगदान करते हैं। आर्थिक स्थिरता बैंक ऋण और निवेश के माध्यम से आर्थिक गतिविधियों को बढ़ावा देते हैं।

Khem Lata, B.A. III



# General Agreement on Tariffs and Trade

GATT was an international treaty established in 1947 to promote free trade by reducing tariffs and other trade barriers. It was replaced by the world trade rules. The working of the GATT agreement are the responsibility of the council for Trade in Goods. Goods Council which is made up of representatives from all WTO member countries. Goods council has 10 committees dealing with specific subjects such as agriculture market access subsidies anti-dumping measures so on. Also, multilateral treaty entered into 1948 by intended members of the International Trade Organisation (ITO). International Trade Organisation was to implementing many rules and negotiated tariff reduction that would be overseen by ITO.

Some advantages are reduction in trade barriers which encouraged the global trade.

Economic growth promoting free trade which countries benefited from increased exports and imports and booting their economics. Fair trade practices established rules to prevent unfair trade practices like dumping etc. Some disadvantages are agriculture exclusion many agricultural products were not covered, leading to trade distortion. No consideration for environment and labour laws which form labour standard in trade policy. It led to formation of WTO GATT was unable to handle the growing complexities of global trade. Information technology agreement committee also reporting the Goods Council. The GATT become the principles institution regulating trade policy until it was subsumed within the WTO in 1995.

**Pooja, B.A. II**

## Vocal for Local

The basic meaning of Vocal for Local is to make local and use local, also promote local products. The initiative will provide employment to the many people of that region and the local market will develop. After some times, these local markets will progress so high that they will export their famous products in many countries across the world. If we use local products, this will not only strengthen local identity but also boost up economy of that area and country.

Vocal for local also encourages people to start producing all the necessary products locally and reduce the use of imported products. During the countrywide lock-down, when all the medium of transport were on halt, entire world realize the value of vocal for local and usefulness of local products. We should

learn the lesson from this and also promote local products. The positive effort of Vocal for Local has been seen during the Diwali festival season. People of the country appreciated local products and purchased local made *Diya* and many other things, used in Diwali instead of Chinese products. From the support of such large number of people in Vocal for Local during this festival season, it can be anticipated that this new initiative will strengthen the local market and economy of the country. We should learn the lesson from the pandemic, when local products, local people and everything, which were available locally, proved helpful and worked for us. We could be self-reliant for every critical condition with the Mantra of Vocal for Local.

**Mrinal Thakur,**



## The Far-Reaching Import of Population on the Economy

The relationship between population and economy is compiled and multifaceted. On one hand, a growing population can provide a boost to the economy by increasing the workfare, stimulating demand for goods and services and festering innovation and entrepreneurship. On the other hand, a rapidly growing population can also put a strain on the economy, leading to increased competition for resources, higher unemployment rates and decrease in living standards.

One of the most significant effects of population on the economy is the impact on the labor market. A growing population can provide a significant increase in the workplace, leading to higher economic output and growth.

Another significant effect of population on the economy is the impact on resource allocation. Furthermore, population growth can also have a significant impact on the environment and infrastructure. This can lead to increased strain on the environment, resulting in reduced air and water quality and increase greenhouse gas emissions. In conclusion, the impact of population on the economy is complex and multifaceted. It is essential for policy makers to carefully consider the impact of population growth on the economy and develop strategies to mitigate any negative effects, while also harnessing the positive impacts of population growth.

**Sakshi, B.A.**

## Position of India on the Basis of Balance of Payment

**Current account Deficit (CAD):** In the July-September quarter of 2024, India's current account deficit stood at \$11.2 billion, equivalent to 1.2% of GDP. This is a slight decrease from the \$11.3 billion (1.3%) of GDP recorded in the same period the previous year. The merchandise trade deficit widened \$75.3 billion during this quarter, up from \$64.5 billion in the corresponding period of the previous year.

The balance of payments (BoP) has significant economic consequences, depending on whether a country experiences a surplus or a deficit. A BoP surplus strengthens a country's currency, boosts foreign exchange reserves and enhances investor confidence, allowing for greater economic stability and international trade opportunities. However, excessive surpluses can lead to inflationary pressures. conversely, a BoP deficit can weaken the domestic currency. leading to depreciation, increased external debt and higher import costs, which may contribute to inflation. Persistent deficits can also reduce

investor confidence, making it harder to attract foreign capital and potentially leading to economic instability. Policymakers address BoP imbalances through trade policies, foreign investment strategies or monetary adjustments to maintain economic equilibrium. To make India's balance of payments (BoP) more stable and favorable, the government must focus on boosting exports, particularly in high-value sectors like IT, Pharmaceuticals and manufacturing, while reducing unnecessary imports through local production under initiatives like Make in India. Encouraging foreign direct investment (FDI) and remittances can also help strengthen capital inflows. Additionally, promoting service exports, enhancing tourism and improve the current account balance. Controlling fiscal deficits, stabilizing the rupee and maintaining adequate foreign exchange reserves will further ensure a resilient and balanced BoP for long-term economic growth.

**Dikshit, B.A. II**

# पहाड़ी विभाग



भीषम कुमार  
अध्यापक संपादक



उमेश कपूर  
छात्र संपादक

## विषय सूची

क्र०सं०	विषय	लेखक	कक्षा	पृ०सं०
1.	संपादकीय	उमेश कपूर	स्नातकोत्तर, हिन्दी, चतुर्थ सत्र	73
2.	लोकगीत	उमेश कपूर	कला स्नातकोत्तर, चतुर्थ वर्ष	74
3.	आजकाला रै शोहरू	उमेश कपूर	कला स्नातकोत्तर, चतुर्थ वर्ष	74
4.	म्हारा गराओं	दिव्या	कला स्नातक, द्वितीय वर्ष	74
5.	ममलेश्वर महादेव	मनीष कुमार	कला स्नातकोत्तर, चतुर्थ सत्र	75
6.	चीशो काउ	प्रमोद रॉए	कला स्नातक, प्रथम वर्ष	76
7.	शायरी	प्रमोद रॉए	कला स्नातक, प्रथम वर्ष	76
8.	बुझो भुजाणी	प्रमोद रॉए	कला स्नातक, प्रथम वर्ष	76
9.	भाई बहनों रा प्यार	पायल ठाकुर	स्नातकोत्तर, चतुर्थ सत्र	77
10.	प्यारा करशोग	शीतला	कला स्नातकोत्तर, चतुर्थ सत्र	77
11.	चुटकुले	प्रमोद रॉए	कला स्नातक, प्रथम वर्ष	77
12.	करसोग कॉलेज म्हारा	प्रोमिता कुमारी	स्नातकोत्तर, अंतिम वर्ष	78
13.	कौड़ी गला पर आसी सच्ची	हेमचन्द	स्नातकोत्तर, चतुर्थ सत्र	78
14.	बूझो तो जानू (भजैणी)	प्रोमिता कुमारी	स्नातकोत्तर, अंतिम वर्ष	79
15.	नैणी	मनीषा	स्नातकोत्तर, चतुर्थ सत्र	79
16.	भझाणियाँ	मनीषा	स्नातकोत्तर, चतुर्थ सत्र	79

## संपादकीय

प्रिय मित्रो,

'कामाक्षा' पत्रिका दे पहाड़ी विभागा रा छात्र  
संपादक बनाणें कठें हां आपणें गुरुजना होर छात्र



साथिया धन्यावादी आसी। तुमैं हां एस काबिल समझा कि हां ऐस वर्ष  
ऐसा पत्रिका दे पहाड़ी अनुभागा रा छात्र संपादक बनूं। होर हाँ तिना सभी  
शोहर-शोहरी लें बडे शुभकामना आसी जिन्हा ले ऐसा पत्रिका दे आपणें  
लेख लिखणे रा स्थान मिला। मुले ऐसा गला रे पूरे उम्मीद आसी कि ऐसा  
पत्रिका दे छपीरें सभी अनुभागा रे जेतरेँ कर भी लेख लिखे रें, इन्हा  
पढ़िकरें तुम्हा लें फायदा हूणा। ऐ पत्रिका ही सकमात्र ऐड़ा साधन आसी  
जेते केरे हामे आपणी संस्कृति और रीति-रिवाज बचाए राखे सको। मेरे  
तुम्हा सभी का एही अरज कि ऐसा आपणी पहाड़ी भाषा ले जिंदा राखणें  
लें हमेशा तत्पर रहणा, एड़ा न हो कि म्हारे ऐ पहाड़ी भाषा बिल्कुल ही लुप्त  
हो।

**उमेश कपूर**

स्नातकोत्तर, हिन्दी, चतुर्थ सत्र  
छात्र संपादक (पहाड़ी विभाग)

## लोकगीत

मामटीया बोलो दयारामा चल घरा खै जाणा  
घरा री ताखे बुरी जो लागी जाईरो दिलडू लाणा।

1. शिमले री बोलो सड़के-सड़के चक्करो रा लाणा फेरा  
टूटू स्टेशनै टिकट कटाणा दिल्लीया लागा डेरा हो...  
घरा री ताखै बुरी जो लागी जाईरो दिलडू लाणा।
2. उबाजे बोलणा शिमला-शिमला हुंदी सामने नेरी  
काम करै बोलो घरा रा आपणे रहया नजरा मेरी  
घरा री ताखै बुरी जो लागी जाईरो दिलडू लाणा।
3. तातैपाणी री कवालटी-कवालटी थकी-थकी रो जाणा  
न्हाई-धोई रो तीर्थ कितै सुनिया दिलडू लाणा हो...  
घरा री ताखै बुरी जो लागी जाईरो दिलडू लाणा।

उमेश कपूर, कला स्नातकोत्तर, चतुर्थ वर्ष

## आजकाला रै शोहरू

आजकालारै शोहरू रा बाणा,  
बीच कापी जेबा पैन सीखा रा फसाणा।  
क्लासा दे जाए केरे बैगा रा सीखा इन्हें ठोल बजाणा  
स्कूल समझे रखा रा इन्हें ठाणा,  
पिरड़ इन्हा एक भी नहीं लाणा।  
मास्टर भी गोए सच्चै बेचारै,  
तिन्हा जो स्लेबस हुआ कवर करणा।  
घरा का जाणा इन्हा कॉलेजा लै पढ़दे,  
कॉलेजा जाए केरे इन्हा गन्द पणा।  
काम काज इन्हा कुछ करना नी  
इन्हा नी आथी कुछ सही ठिकाणा।  
ऐखो आसी ऐडै शोहरो भी जो आसी बड़ै खासा।  
पढ़ाई-लिखाई करै केरे तिन्हें बदलैदे इतिहासा।

उमेश कपूर, कला स्नातकोत्तर, चतुर्थ वर्ष

## म्हारा गराओं

केड़ा बांका आसी म्हारा गराओं।  
हैन बांके फूल, हैन बांके डाला।  
हरे-भरे खेच, हरे-भरे बगीचे।  
बांके-बांके माणो, भोले एतरे कुछ भी न जानो।  
ठांडे-ठांडे बागरे, ठांडा-ठांडा पाणे,  
ताते-ताते खिचड़े, घीयू संगे खाओ।  
माटे रे चुल, आम्मां मेरे लेसो,  
स्वाद लागो तियां, जिहां छल्ली री रोटी खाओ।

केड़ा बांका आसी म्हारा गराओं।  
चुल्हे री रोटी, मीठा पाणे।  
आपणे लोगा प्यार, भर जवाणे।  
माठा जाए गराओं, ए तेते कहाणे,  
जिन्दे हामे बड़ी हुऐ, सो म्हारे निशाणे।  
केड़ा बांका आसी म्हारा गराओं।  
दिव्या, कला स्नातक, द्वितीय वर्ष

## ममलेश्वर महादेव

ममलेश्वर महादेव मन्दिर: म्हारै शोभले हिमाचलै दे मण्डी जिले करसोग तहसीलै आसी बड़ा ही पुराणा मन्दर। ऐ आसी ममलेश्वर महादेवा। ऐड़ा बोलो म्हारै कि ऐ आसी 1500 साल पुराणा मन्दर ता कई बोलो ऐ आसी ऐता का भी पुराणा। ऐस मन्दरे आसी सारै दे प्रशंसा। दूरा-दूरा का आछो लोग इन्दा लै दर्शन करदैं।

परशुरामे तपोस्थले: ऐड़ा बोलो म्हारे कि पुराणै जमाने दे कदणी परशुराम भगवान थियै उत्तर भारता लै तपस्या लै आएरैं। तेखा किएरे इन्दै तिनै तपस्या होर किए भगवाने शिवलिंगे स्थापना भी किएरे।

पाण्डवे कर्म भूमे: म्हारै बोला ऐड़ा भी कि जदो पाण्डव थियै अज्ञात वास लै आयै रै तियां रोए सिओं इन्दे हैना घौड़ी। इन्दे तपस्या भी किए। अनाज भी उगाया तिनै। तिया हो थियै आदमे लाम्बे-लाम्बे होर अनाज भी थिया काफी बड़ा। ऐस मन्दरै आसी आज भी 250 ग्रामा कणका दाणा। जेताका पता चालो कि केड़ा समा होंदा तेस जमाने दे। ऐस मन्दरा का थैडै दूर आसी बकासुरा सागे भीमे लड़ाए होएरे। तिस जैगा लै बोला लैडेश्वर महादेव।

भेखड़ा ढोल: ऐड़ा बोला कि इन्दे जुण भेखड़ा बड़ा ढोल आसी भीमा ढोल ऐता बाजो थिया सो। आज भी आछे सोको तुम्मै तेस ढोला भाड़दे। ऐड़ा भी बोला कि करसोगे थिया राक्षस तेसरा नाओं थिया राणा सनारली। देओ महासु होर माहूनागै मारा थिया सो। तेस राक्षै थिया भेखड़ा डार। सो टुक्का थिया देओ महासुए होर माहूनागे। तेस भेखड़ै ढोल आसी 7 जैगा मन्दरा दे। इन्दे ममेल मन्दरै भी आसी सोई।

ममेल: जो जैगै ममलेश्वर महादेव मन्दर आसी तेस जैगा लै बोला ममेल। ऐड़ा बोलो कि इन्दे थिया एक ऋषे। तिन िऋषियै नांवा केरे पड़ा इन्दा नाओं ममेल। 1990 मेंड़ी इन्दे सरायै कामा करदी मिली इन्दे शिवलिंगा। ऐड़ा बोलो म्हारै कि त्रेतायुगा दे भगवान परशुरामै इन्दे 80 शिवलिंगा

सतापी री हो एक विग्रह पूरे होए 81। तै जै 81 शिवलिंगा होंदी तै होणे थिए इन्दे काशे (काशी)। इन्दे जूण धूना आसी सो आसी 5000 साल पुराणा जूण कि परशुराम भगवाने जलाइरा। ए आसी अखण्ड धूना।

मन्दरे शोभा: इन्दे शोभा आसी शिव भगवाना परिवार। ऐस मन्दरा दे आसी भगवान शिवजीरा सारा परिवार अष्टधातु विग्रह दे विराजमान। दोथी-उडे हो ऐते धैड़ी पूजा। बड़ा ही प्यारा परिवार आसी भगवाना।

अखण्ड धूना: ऐस मन्दरा दे आसी एक अखण्ड धूना भी। जूण कि कई युगा पहलै का आसी। ऐस धूने गल आसी कि ऐत नी भस्मा भरदी कदी बी होर रो जलदा हमेशा।

दूए रथ: ऐस मन्दरे खासियत आसी कि इन्दे आसी दूए रथा। एक शिवजीआ, दूजा बजीर कजौणी नागा। शिवजीयै रथा दै आसी दुई बालै देसतै। आगू बाल्लै शिवजे ता पिछु बाल्लै देओ लैड्डे। दूए इरथ आसी हैन्न शोभलै।

गोण घाटे: ममेल लै बोल्लो थियै पहलै गोंण घाटे। ऐड़ा बोले कि इन्दा का होआरा महाभारता युद्ध शुरू। ऐड़ा भी बोले कि एक समा आछणा ऐड़ा भी कि इथी होणा कोस समा दे समाप्त सो युद्ध।

माता अन्नपूर्णा: ऐस मन्दरा सागे ही आसी माता अन्नपूर्णा मन्दर। ऐ मन्दर आसी पूरे संसारा केन्द्र। ऐड़ा भी आसी कि जां तक ए मन्दर तां तिक नी कोई भूखी होणी करसोगे। चमत्कार आसी ए माता राणिया। जिंया शुका हो पड़ारा तिया हो ममेलै अनाज हरा-भरा।

देओ दवाहड़े: ऐड़ा बोलो कि इन्दे आसी देऊ दवाहड़ी देवा स्थान। ठीक मन्दरा पिछू बाल्लै आसी देवा दवाहड़िया मन्दर भी। आज आसी ऐस देवा मन्दर होर रथ दवाहड़ नागै जैगै। जूण कि करसोग बजारा का थोड़ी ही दूर आसी।

नलवाड़ मेला: ममेलै आसी महादेवा आपणा दढ़ (मैदान)। तेता नाओं जरोड़दढ़ आसी। इन्दे आसी जलोडू

देवता। तै बोला ऐता लै जरोड़दढ़। इन्दे लागो महादेवा नलवाड़ मेला। साला धैड़ै लै आछो देओ-देवतै इन्दालै। हैन बड़ा मेला हो सो।

शिवरात्रे होर बूढ़े दैड़े: ममलेश्वर महादेव मन्दरै शिवरात्रे मनाओ बड़े ही धूमा-धामा के। होर बूढ़े दैड़े ता बड़े ही मशहूर हन्दे। दूरा-दूरा का आछो लोग इन्दा लै।

घाटी औखिया देवता: ममलेश्वर महादेव आसी म्हारा घाटी-औखिया देवता। जिंया शूकी पड़ो हार अकाल पड़ो तियां पड़ो 6 गढ़ा का देऊलू आछणा इन्दालै प्रार्थना करदै। तै जाए के हो समस्या का आराम। सभियै मन्ने शूणो ए भोला भण्डारे।

भूण्डा: एक समा थिया एड़ा भी इन्दे जिंया भूण्डा हो थिया इन्दे। कोस कारणै पड़ा सो बन्द करना। आज भी आसी इन्दे

सो भूण्डेया राशा।

तेरी जय हो मालका: ममलेश्वर महादेवा तेरी सदा ही जय हो। ते सभी री मनी गल्ला जैणदा प्रभू। इन्दे आसी बार बाख 5 शिवलिंगा। एक मान्यता आसी म्हारै ऐड़े भी कि जूण इन्दे विग्रह आसी सो हो थिया त्रेतायुगा दे रावणा का लंका दे। ऐते पूजा करो थिया सो। मरनै का एक धैड़ै पहलै आपणै दिव्य अस्त्रा के पजैणा तिन्नी ऐ विग्रह इन्दे। जूण कि आज इन्दे शोभा आसी।

तुम्मा सभी लै बोलणे मूं एक गल जै तुम्मै भी भगवान शिवजीयै भगत आसी तै एकी बारी लोया जरूर आछे इन्दै लै।

जय हो ममलेश्वर महादेव! तेरी सदी ही जय हो।

मनीष कुमार, कला स्नातकोत्तर, चतुर्थ सत्र

## चीशो काउ

एक बारी आसा थो एक काउ स थो चिशो। स थो लगदो पाणी लोल्दा। तेउका निसो पानी किदी मिली। तेखु पुजो स एकी बगीचे दी तीदी आसा थी एक बोतला। तेत थो पानी थोड़ो जेओ रहादा। तेखु लागो सो ओरी-पोरी हेरी करे सोचदो। तेखु शुजुआ तेउ का होचे-होचे

पाथर। तेखा पाओ तेउए बोतला दी पाथर, तेखु लागो ते पानी उजी-उजी आछदो। तेखु पिओ तेवे बोतला का रजी करी पानी। तेखु पानी पी करे गेओ सो डेई।

शिक्षा: जीदी शाह तिदी राह।

प्रमोद रॉए, कला स्नातक, प्रथम वर्ष

## शायरी

1. चाक आसी सजद ते फूल नी चोड़ी  
जै जिन्दगी बनानी ते स्कूल ने छोड़ी।
2. फूल केतरा भी बढ़िया होये तारीफ खुशबू का होआ।  
आदमी केतरा भी बडो होये कदर तेउए गुणा का होआ।

प्रमोद रॉए, कला स्नातक, प्रथम वर्ष

## बुझो भुजाणी

1. दुई बहने आसा एक बालू - चिमटो
2. एक भाई आसा मेरे पेटा दी दुजो आसा दांदा दी - कदू
3. एक भाई आसा मेरो ऐओ स होआ चालद मुह पीछू - परछाई
4. एक भाई मेरो ऐओ राची-धेड़ी चलदा ही - नदी
5. पारली धारा दी आसा उल्टे किल्ले - नाक
6. दो बहन मेरी ऐई से न मिला न जुला - आँख।

प्रमोद रॉए, कला स्नातक, प्रथम वर्ष

## भाई बहनों रा प्यार

भाई बहन दूए बिणा बोले,  
ऐकी-दूजे री गला समझे।  
बहने हाथा रा खाना,  
सदा भाई ले भाए।  
हर बितदे धैले साथी,

इस रिश्ते दी मान बढ़दी जाए।  
बचपन री खट्टी-मिठी यादा,  
ऐस रिश्ते री मिठास बढ़ान्दी जाए।  
पायल ठाकुर, स्नातकोत्तर, चतुर्थ सत्र

## प्यारा करशोग

करशोगे रे ऊँचे-ऊँचे पहाड़  
जो बढ़ाओ करशोगे री शाना।  
सुदरता रा करशोग बड़ा प्यारा  
ते ही लागो ये सभी का न्यारा।  
ऊँचे-ऊँचे पहाड़ बर्फा री चोटी  
बांकी लागो हेरनी उडे और दोथी।  
पार माहँनाग आर धमूना री धार  
ममलेश्वर महादेव जी और शिकारी माता हमारी शाना।  
माँ कामाक्षा रा भव्य मंदिर आसी बड़ा बांका

माँ री मुखा री मुस्कान बढ़ाओ माँ रे रथटु री शाना।  
जगह-जगह देवी देवताओं रे भव्य मंदिर  
जुण बणाओ करशोगे होर भी अनोखा और सुंदरा  
दोथे उडे रा करशोगे रा सुंदर नजारा  
मुखे लागो पंछियों रा चहचहाना बड़ा प्यारा।  
तुमा सभी पढ़ने आलो लै मेरा प्यार भरा नमस्ते  
करशोगे रे बाजारा दी मिलो कापड़े  
और होर सामान बड़े ही सस्ते।  
शीतला, कला स्नातकोत्तर, चतुर्थ सत्र

## चुटकुले

1. मास्टर (बच्चे से) - तु ऐतरो लेट किले आओ  
स्कूलाल?  
बच्चा (मास्टर से) - मास्टर जी आमा और पिता होओ  
झगड़ो।  
मास्टर फिर से - तु किले आओ लेट?  
बच्चा - मेरो एक बूट आसा थो आमा का और दूजो बूट थो  
पिता का ते हुओ लेट।  
2. आमा (बड़े बेटे को) - आरा नालायका तू इना बाला  
किले नहीं काटदो, शोरी जेई बाल डाएदे बड़े-बड़े।  
बड़ा बेटा - आजकाला आसा इना सेइ बालो फैशन।

आमा - आरा तेरी बहना पसंद करदे आये थे और तिने  
सोचो तेरे बाला का हेरी करे कि तिना आओ तू पसंद।  
3. मास्टर - पपू मूं पुछणो ताखा पाँज प्रश्न ता पोड़ने तेते  
जवाब फटाफट देणे। पहला प्रश्न लालकिला किंदी  
आसी?  
पपू - फटाफट  
मास्टर - पपू तू किजे बोलारा?  
पपू - मास्टर तेरे तो बोलो फटाफट देणे जवाब।  
मास्टर - बेवकूफ (पपू क्लासा का काडो बाहराले)।  
प्रमोद रॉए, कला स्नातक, प्रथम वर्ष

## करसोग कॉलेज म्हारा

करसोग कॉलेज म्हारा  
सभी कॉलेजा का न्यारा  
बाकी जुण ऐते शोभा  
लागो सभी ले ए बड़ा प्यारा  
करसोग कॉलेज म्हारा सभी का प्यारा।  
दूरा-दूरा का आछो शोहरे-शोहरी पढ़दे  
दूरा-दूरा का आछणे मास्टर  
पहले पढ़ो सब इंदे  
तेखा लागे करसोग कॉलेजे ही मास्टर  
करसोग कॉलेज म्हारा सभी का प्यारा।  
करसोग कॉलेज प्रिंसिपल  
तेस केरे बढ़ो ऐस कॉलेजे शान  
जेतरा ऐ कॉलेज उन्नति करो  
ऐता केरे बढ़ो करसोग क्षेत्रा मान

करसोग कॉलेज म्हारा सभी का प्यारा।  
ओरे-पोरे आसी शोभले गांओ  
बीचा दे आसी करसोग कॉलेज म्हारा  
हर मौसमे बदलो ऐ नजारा  
करसोग कॉलेज आसी दिला का प्यारा  
करसोग कॉलेज म्हारा सभी का प्यारा।  
पहाड़ी नाटी आसी कॉलेजा री शान  
आपणे गाणे, आपणी हिमाचली संस्कृति भी आसी महान  
कॉलेज म्हारा करसागे, हिमाचला री शान  
ऐता का लौणी पढ़े-लिखी कैरे  
शोहरे-शोहरी बणे महान  
करसोग कॉलेज म्हारा सभी का बड़ा प्यारा।

प्रोमिता कुमारी, स्नातकोत्तर, अंतिम वर्ष

## कौड़ी गला पर आसी सच्ची

1. ए भाड़ केतरे अजीब गल आसी कि लोग करो तिना भूता गेशी भरोसा जो तिने भाड़िरे भी नी आथी। पर आपु गेशी नी कदी भरोसा करदी जिना सीऊं हर धैड़े शीशे दे भाड़ो।
2. न बोलना शीखो नहीं तो पूरी उमरे लोगा उठाणा थारा फायदा ही। जब तक तुम्हा हर गला गेशी हाँ बोलदे रोहणा न तब तक करने तुम्हें हर लोगा पसन्द। पर जस धैड़े तुम्हा न करे ना, तिन्हा ही लोगा बोलना तुम्हाले कि तुम्हे गोए बदलुए। हर लोगा ले खुश करनेरे चकरे देखा तुम्हें आपु लै भूलो। लोग हूणे तब तक तुम्हा सागे जब तक तुम्हा का तिन्हारा मतलब निकलना। एताकठ ही बोलो हाऊं कि अकेला खड़ना शीखो क्योंकि दुनिया आसी तुम्हाले झुकाणे दे माहिर।
3. अगर हैन राते तक जागे के कामयाबे मिलने तो तै हुणा था चौकीदार सभी का अमीर। अगर हैन बोले के इज्जत मिलदे न तै करने थे तोते रे पूजा सभी। अगर जादा मेहनत करेके अमीरे मिलदे न तै हुणा थारेड़ी आड़ा ठडँ दे घुमरीरा।  
ये दुनिया लागीरे बस उलझाँदे। असली खेल तो दिमागा रा आसी। जो लोग सीर्फ गला ही करा न कि मां ऐढ़ा करना तेढ़ा

- करना, सो नहीं केथी भी पूझदी। अगर आपू ले शेर समझना न ते पड़ना भेडा रे झुंडा का दूर रहणा। आपणे दमा गेशी करो आपू ले साबिता। क्योंकि ए दुनिया करो जीतणे आड़े ले ही सलाम।
4. चार जगहा रखेया हमेशा आपणा मुंह बन्द -
    1. जेबे बाप लागीरा हो न डांटदा तेबे क्योंकि सिओं नी एहा सोचेके तुम्हाले डांटती कि तुम्हे चाहिए उन्दे गीरे जबकि एता कठ डांटो सिऊं कि तुम्हे चाहिए जिन्दगी दे ऊपर उठो।
    2. जेबे मास्टर बेज्जती करो - क्योंकि जो डांट खाओ था सोही शीखो जिन्दगी रा असली पाठ।
    3. जेबे पुलिस पकड़ो - क्योंकि अगर तुम्हे ज्यादा बोलेगा न तो उलझना मामला न कि सुलझणा।
    4. जेबे कुणी भरोसा करेगे आपणा राज बताया होणा क्योंकि जो दूजेरे राज रखो न सो ही सभी का भरोसेमंद आदमे।  
कम बोलो, ज्यादा शुणों, एही आसी जिन्दगी रे सभी का बड़े चाल।

हेमचन्द, स्नातकोत्तर, चतुर्थ सत्र

## बूझो तो जानू (भजैणी)

1. नौ तिरी नौ दुभार, दुए घोड़े एक शुआर
2. सुरगे नाची सुरगणी, बौतले नाची नारी  
आगे चाला रोद्र-गोदड़, पिछो चाला बड़ा भारी।
3. हुन्दे बाल्ला का आऐ बाल्लड़े  
तेआदे लागे शौ-शाठ खाल्लड़े।
4. इन्दा धागा माण्डी लागा।
5. पारा ओरी आया टियो चनाल

- तेसरे मुण्डे एक शराल।  
6. काठ की लकड़ी काठ खाए  
पानी पिए तो मर जाए।

- उत्तर 1. दनाड़ 2. राच्छ (शाल बुनने वाला) 3.  
बिजया शैल (भाग की खाल) 4. सड़क 5.  
ठेरनू (ऊन ठेरना) 6. आगा।  
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## नैणी

1. लामिये बईये देरे घरा लै फेरा, चुट-चुट राशटुआ पड़े  
लोणी भलड़े बेरा।
2. धैला लागा उड़दा छैले डेरुए उखलै फेरे, बैली लै चाणे  
भल्लै खाणै लै हामे हुणे पाउणे तेरे।
3. कालेया काऊआ दोथी बाशुआ भैगा, शुणा किया  
सारा नगरो शुणे क्रिये म्हारे बैथ के जैगा।
4. ठाण्डेया पाणिया घुपू-घुपूए पिणा, इन्दिये छुटना सभी

- का कसी ने सागे नीणा।  
5. धारा गेशा रा डेरो, डेरो गेशा रा छता, चिट्टी देये हामा लै  
पत्रा दा देए खिजी रा पता।  
6. देऊ लै देणे आरती, नागा लै देणा सदीया, भला किया  
नारणे बूरा ने हामे कसिया किया।

मनीषा, स्नात्कोत्तर, चतुर्थ सत्र

## भझाणियाँ

1. तमक-तमक तागा फूल बड़ा बास नी लागा।
2. डाला डेरुआ बापू जुदा खिंदड़ जुदा आपू।
3. चार खडीया चार फेटिया चार सूरजा दानिया तोता बोला  
कल फौजा आनिया।
4. काला कलेटो डेरुआ डालै चोल मरोली पाए नाटै।
5. माटे हेट सुआ स्वामे आपु छोटा दाढ़े लम्बे।
6. झोखरो डाले झलपते भुजणे लैए सारी राते।
7. रोलिया-रोलिया जिया तु डेया तिया मुलै बी बोलिया।
8. काठ का बाकरो काठ खाओ, पानी पियो तो मर जाओ।
9. जिया डेणा बौणा बाले तिया फेरणा मुंह घरा बाले, जिया  
आणा घरा बाले तिया फेरणा मुंह बौणा बाले।
10. पेटे लागे गुल-गुल मुण्डे लागे मडाह, बांह बाथी निकड़ा

शाह।

11. बाब पेटा दे शोरो गा लागे छापरा छैदा।
  12. उख न मुख खाणै लै बढिया कौणै लै दुख।
  13. आठ शाठ लकड़ी नौ शौ डोर, राजा चाला बैदा खली  
खलांदा मोर।
  14. आर छालाका पार छलाका, बीच नाला दे जमरो पाका।
  15. उच्छटी कोठी का बाजा बाणा, शाठ परौले एकया ठाणा।
- उत्तर: 1. बुरांस का फूल 2. अखरोट 3. बेदी (मण्डप) 4.  
भालू 5. जौ 6. धनिया 7. दरवाजा 8. आग 9. कुल्हाड़ी  
10. हुक्का 11. कदू का बीज 12. केला 13. नाग और  
देव का छत्तर 14. मक्खन 15. मधुमक्खी।

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Sd/-

Dr. Jagjit Singh Patyal



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