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## 5.4 Special Innovative Initiatives

### One Month Theatre Workshop

The college organises a month-long theatre workshop during every session that gives students a dedicated space to hone their artistic talents, boost confidence, and discover the expressive power of performance. By immersing themselves in drama, participants gain practical skills, creative insight, and the exposure that turns “inner art” into a visible, shared experience. This initiative nurtures individual and fosters a vibrant, supportive community of young actors.

### **One-Month Theatre Workshop**

**Organised by Dramatic Club, Government College Karsog**

**(15 September – 15 October 2024)**

### **A Report**

The Dramatic Club of Government College Karsog successfully conducted a **One-Month Theatre Workshop** from **20 September to 20 October 2024** with an objective of nurturing students’ creative expression, communication skills, and appreciation for performing arts. The workshop brought together enthusiastic participants from various departments and provided them with a structured platform to explore the fundamentals of theatre under expert guidance. The inaugural session was held on 20 September 2024, where the Principal addressed the participants and highlighted the significance of theatre in fostering confidence, collaboration, and cultural awareness. Dr. Kulbhushan Sharma, an experienced trainer and theatre practitioner mentored the students throughout the workshop. The training modules covered essential aspects of theatre, including voice modulation, dialogue delivery, stage movements, character building, script interpretation, improvisation, and basic stagecraft. During the first two weeks, sessions primarily focused on warm-up exercises, breathing techniques, expressions, and body language. Students

were introduced to theatre games that enhanced spontaneity and strengthened group co-ordination. The following weeks were dedicated to script reading, role assignment, mimicry, rehearsals, improvisations and understanding dramatic elements such as conflict, timing, and emotional modulation. Special sessions were also organised on mime, street theatre, and the use of folk elements to enrich performances with cultural relevance.

Throughout the workshop, participants demonstrated remarkable improvement in their stage presence and creative confidence. Regular feedback sessions were held to help students refine their performances and develop critical thinking about dramatic techniques. The workshop concluded with a vibrant theatrical presentation on 20 October 2024 (Sunday), where students performed skit and Mime prepared during the training period. The performance was witnessed by faculty members, students, and invited guests, who appreciated the team's effort, discipline, and artistic growth. The skit, mime and mimicry would also be part of the performance during the upcoming HPU Youth Festival. Group-IV (Theatre) scheduled to be held next month in GC Kullu. The One-Month Theatre Workshop proved to be a highly enriching experience, contributing significantly to the holistic development of students. It strengthened the cultural environment of the college and encouraged young learners to pursue theatre as a medium of expression and social awareness. The Dramatic Club aims to organise more such initiatives in the future to promote creativity and talent among the student community.

#### **Some glimpses of the One-Month Theatre Workshop:**





(Dr. Kulbhushan Sharma)

**Convener**

**Dramatic Club**



## **Spiritual and Ethical Cell**

Under the Spiritual and Ethical Cell, the institution actively organises various programmes rooted in spiritual and ethical values with the objective of nurturing students' inner growth alongside their academic development. A key initiative of the Cell is the regular organisation of yoga sessions, which serve as an effective medium for promoting physical health, mental peace, and emotional stability. These sessions help students develop self-awareness, concentration, and discipline, enabling them to manage academic stress and cultivate a balanced outlook towards life. Through yoga practice, meditation, and value-based reflections, the Cell encourages students to imbibe virtues such as compassion, integrity, patience, and respect for others. Such activities not only contribute to overall well-being but also foster ethical sensitivity and responsible citizenship. By integrating spiritual practices with ethical learning, the Spiritual and Ethical Cell plays a significant role in the holistic development of students, ensuring that intellectual growth is complemented by moral strength and inner harmony.

