



## ANNUAL ACTIVITIES

### **SPARSH**

Government College Karsog  
District Mandi HP (175011)

# Session 2023-24

10 August, 2023

## Formation of the Executive Body

The executive body of SPARSH for the session was formed in the presence of Assistant Professor Ruchi Narang, featuring Gargi Gupta as the President, Masoom as the Vice-President and Anjali as Secretary. A dedicated team of executive members was elected to further the Cell's mission. Around 250 girl students were present in the programme.



# SESSION 2022-23

## Formation of the executive body

20 August, 2022

SPARSH organised General Assembly to elect girl's representatives under the supervision of Prof. Ruchi Narang, convenor of the Cell. Around 300 girls from different streams participated in the house. Dushali Gautam, a student of BSc 3<sup>rd</sup> year was elected as the President, Sakshi Thakur from BSc 3<sup>rd</sup> year was elected as Vice President, Palak Thakur was elected for the post of Secretary and Tejaswini from BA 2<sup>nd</sup> year was elected as the Joint Secretary.

**स्वतंत्र हिमाचल**

26-12-2022 (पंजी) करसोग

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**महाविद्यालय करसोग में हुआ महिला प्रकोष्ठ का गठन**

**राज ठाकुर/पुराम**



**JOURNALIST  
RAJ THAKUR**

**करसोग कालेज में महिला प्रकोष्ठ का गठन, दुशाली अध्यक्ष चुनीं**

कार्यालय संवाददाता करसोग



**द्वितीय वर्ष, रिजिका बीएससी प्रथम वर्ष, अंजलि बीएससी प्रथम वर्ष का चयन प्रमुख सदस्य के रूप सभी छात्रों द्वारा भागदान के माध्यम से किया गया। यह कार्यक्रम महाविद्यालय जो प्राचार्या प्रोफेसर सोनिया चौधरी, प्रोफेसर सावित्री, प्रोफेसर रुचि नारंग, प्रोफेसर शशिनी, प्रोफेसर शिखा, प्रोफेसर प्रीति, प्रोफेसर रुमेशा तथा अन्य सभी सदस्यों की उपस्थिति में यह कार्यक्रम महाविद्यालय के सभागार में संपन्न हुआ।**

# PLANTATION BY SPARSH

## 12 September, 2022

Plantation by the cell nearby college campus



## A Talk by Dr. Abroo Gupta 16 December, 2022

The special guest invited for the session was Dr. Abroo Gupta, MBBS, Civil Hospital Karsog .She gave a talk on Personal Hygiene and its Importance



# International Women's Day, 2023

SPARSH organized a programme on International Women's Day. Dr. Gulshan Mahajan, Principal GC Karsog was the chief guest and Dr. Abroo Gupta was a special guest of the programme. The students participated in various activities including cultural performances, folk dances, declamation, poetry recitation etc.



## Glimpses of the programme



# Session 2021-22

Election of new executive body  
12 August, 2021

The new President, Vice President, Secretary & Joint Secretary were elected in the presence of all the board members of SPARSH.





## A talk on Personal Hygiene 24 February, 2022

A programme on personal hygiene was organised by SPARSH. Mrs. Ruchi Narang, coordinator of SPARSH, delivered a talk on the importance of personal hygiene and health.



# Celebration of International Women's Day

## 8 March, 2022

International Women's Day was celebrated like every year by the Cell. Different competitions like debate, declamation, poster making, slogan writing, dance, singing, etc. were organized on the occasion.



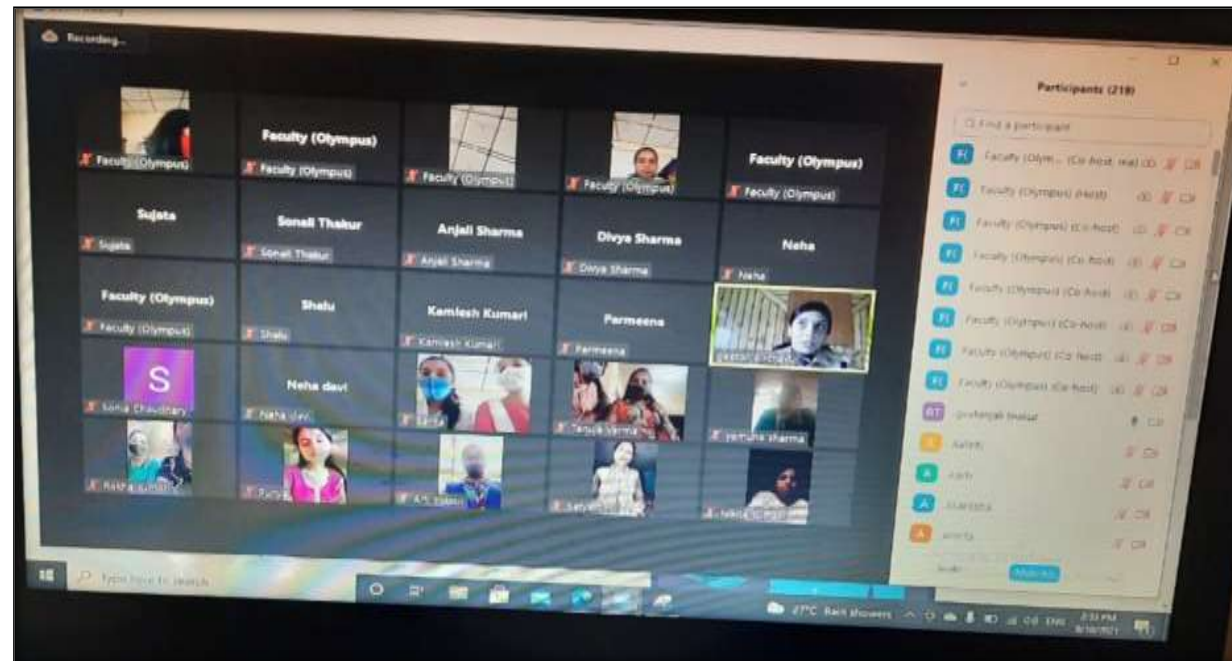
# SESSION 2020-21

## Election of new executive body of the Cell

26 July, 2020

Due to lockdown during COVID-19 Pandemic the election of the executive body of the cell was carried out through online mode.

Online sessions were also organized on the topics like women empowerment, personal health and hygiene etc.



## WEBINAR ON WOMEN EMPOWERMENT 10 September, 2021

One day webinar was organized by SPARSH. Ms. Geetanjali Thakur, DSP Karsog, was the chief guest of the programme. She delivered a talk on Cyber Crimes and Women Empowerment. Around 280 students joined the webinar.



## Online Session during COVID-19 Pandemic

SPARSH carried out the necessary activities through virtual mode during lockdown due to COVID-19 Pandemic.



SPARSH attending online session.

# SESSION 2019-20

## Election of new Executive Body of the Cell 8 August, 2019

The executive body including the president, vice-president, general secretary, joint secretary and other members of SPARSH for the session was elected. Around 100 girls were present in the programme



# 'Beti Bachao, Beti Padhao'

## 19 September, 2019

The cell organised various competition like debate, declamation and cultural activities under the banner of 'Beti Bachao, Beti Padhao' campaign.



# SESSION 2018-19

## Debate Competition

5 October, 2018

The programme was organized to aware the students about women's right and issues like women's health and hygiene especially in rural backdrop.





## Celebration of International Women's Day 8 March, 2019

The cell organised various events like dance, rangoli, mehndi, declamation contest, and essay writing, to boost the confidence of the students.

