



# □ PROJECT NISHCHAYA □

**“PROJECT BY ROVER AND RANGER UNIT TO  
SENSITIZE YOUTH AND SOCIETY AGAINST  
DRUG ABUSE”**

**held w.e.f. 29<sup>th</sup> November 2023 to 27<sup>th</sup> January ,2024**

**Total registered members – (Rovers - 30 and Rangers – 44) TOTAL= 74**

**Government College Karsog**

**District Mandi, Himachal Pradesh-175011**

**Submitted by:  
to:**

**Submitted**

RSL's Names : Prof. Pankaj Gupta

Prof. Hitesh

Prof. Gaurav

RI's Names : Prof. Anupama Sharma

( Group leader : Dr. J. S. Patiyal)

PRINCIPAL

G C. KARSOG, DISTRICT MANDI (H.P)

Prof. Pushpa \

**Report finally submitted to –  
“The Bharat Scouts and Guides”- Himachal Pradesh**

□ PROJECT NISHCHAYA □

 **ACTION 1 – Seek knowledge from local expert.** 

•By Rovers and Rangers unit Government College Karsog •

The unit started its project first action against drug abuse under which all members got introduced to the entire concept of drugs from medical experts. The Rover Ranger Group of Govt. College Karsog organized an Event "Expert Aspects “under which the local Experts including “Civil Judge cum Sub Judicial Magistrate Karsog” Sh. Rahul Verma along with Medical Officer Dr. Abroo Gupta, and Tehsil Welfare Officer Sh. Bhopal Sharma were invited to interact with students in campus on 29-11-2023 With the consent of worthy Group Leader cum Principal Dr. J. S. Patiyal, the event took place at College Hall under his and RSL Prof. Pankaj Gupta guidance. Around 150+ students and 14 Staff members attended the event. Firstly M. O. Dr. Abroo Gupta ji shared medical details about drugs. In her lecture she introduced drugs, its composition; how do a person falls in this drug trap; effects & consequences. Then Tehsil Welfare Officer Sh. Bhopal Sharma introduced the audience with social views regarding impacts and effects of drugs in our society. At last, the chief guest cum worthy Civil Judge Karsog, Mr. Rahul Verma ji shared legal information regarding the drug chain. He also shared his views regarding various legal cases related with Drug abuse. He also informed students about drug abuse among youth. A Natak was also performed in front of all worthy guests and audience in College Hall, to introduce all about

“Project Nishchaya and its motive”. The students introduced about vision of Drug Free Himachal with the project at State level, for which Civil Judge himself appreciated the performers at his concluding remarks and prize distribution ceremony.

Notice 28-11-2023

The students are informed that the college R&R unit is organizing a lecture on "Drug Abuse- medico legal aspects" for the awareness among all students under "Project Nishchaya". The unit is also organizing two competitions on the theme:- Drug Abuse on dated 29-11-23. The participants are directed to prepare Poster or Painting the above theme at home. They are further directed to submit the same in college Hall at 10.00 am on dated 29-11-2023 for the display. The top three contestants of Poster and Painting competitions will be facilitated by the Chief Guest Sh. Rahul Verma (Civil Judge cum Sub Judicial Magistrate, Karsog) at the end of the function. A special guest lecture will be delivered by Dr. Abroo Gupta Medical Officer from Civil Hospital Karsog at 11.30 am to 12.30 pm. Sh. Bhopal Sharma (Tehsil Welfare officer) will also deliver a talk on various Government initiatives on above topics at 12.30 pm to 1.00 pm.

Chief Guest Sh. Rahul Verma (Civil Judge cum Sub Judicial Magistrate, Karsog) has also given consent to address the students about Legal aspect related with the Drug Abuse. Therefore, all students are requested to be present and participate in this mega activity.

In-Charge (R&R) Principal

PRINCIPAL Govt. College Karsog

## करसोग कालेज में नशा निवारण पर नाटक का मंचन

मुख्यातिथि सिविल जज राहुल वर्मा ने नशीली दवाओं के दुरुपयोग के कानूनी पहलुओं पर दी जानकारी

### कार्यालय संवाददाता-करसोग

राजकीय महाविद्यालय करसोग में महाविद्यालय प्रशासन, रोवर रेंजर इकाई तथा सामाजिक न्याय एवं अधिकारिता विभाग, हिमाचल प्रदेश के संयुक्त प्रवक्ता से महाविद्यालय सभागार में नशीली दवाओं के दुरुपयोग के चिकित्सकीय कानूनी विषय पर एक दिवसीय सेमिनार का आयोजन किया गया, जिसमें भीतर मुख्यअतिथि राहुल वर्मा सिविल जज सब डिक्विजल मैजिस्ट्रेट द्वारा महाविद्यालय में शिरकात की गई। महाविद्यालय में उनका स्वागत भव्य तरीके से कार्यकारी प्राचार्य डॉक्टर गुलशन महाजन, तहसील कल्याण अधिकारी भोपाल शर्मा



और प्राफिसर पंकज गुप्ता द्वारा किया गया। महाविद्यालय सभागार में आयोजित इस भव्य कार्यक्रम का संचालन संचालन रंजर मामूम द्वारा किया गया। सर्वप्रथम मुख्य अतिथि महाविद्यालय प्राचार्य और गणमानीय व्यक्तियों के कर कमल भव्य तरीके से कार्यकारी प्राचार्य डॉक्टर गुलशन महाजन, तहसील कल्याण अधिकारी भोपाल शर्मा और प्रभार स्काउट एंड गाइड हिमाचल प्रदेश की छोब्रेजट निहाय के अंतर्गत नशा निवारण पर नाटक का मंचन किया इस प्रस्तुति ने महाविद्यालय सभागार में उपस्थित सभी विद्यार्थियों और सम्मानित अतिथियों का मन मोह लिया। महाविद्यालय के भीतर विद्यार्थियों के लिए दो प्रतियोगिताओं का भी आयोजन

किया गया था, जिसमें नशा मुक्ति से संबंधित नाग लेखन और इसी थीम से संबंधित पोस्टर पेंटिंग कंपटीशन सम्मिलित थे जिसमें लगभग 32 विद्यार्थियों ने बढ़ चढ़कर भाग लिया। उनके द्वारा बनाए गए विद्यार्थियों के द्वारा बनाए गए नास लेखन एवं पेंटिंग का अवलोकन मुख्य अतिथि के साथ साथ सभी गणमान्य व्यक्तियों ने भी किया और उसे बहुत सराहा। कार्यक्रम के मध्य में मुख्य अतिथि राहुल वर्मा ने सभागार में उपस्थित सभी शिक्षाविदों, गणमान्य अतिथियों और छात्रों को संबोधित करते हुए नशीली दवाओं के दुरुपयोग के कानूनी पहलु विषय पर सरल भाषा में महत्वपूर्ण जानकारी उपलब्ध कराई।

### नशे के खाले के लिए उठाएं आवाज

महाविद्यालय करसोग में सिविल जज राहुल वर्मा ने नशीली दवाओं के दुरुपयोग के कानूनी पहलुओं पर दी जानकारी

कार्यक्रम में बहुरंगीय तथा प्रयोगात्मक कार्यक्रमों के आयोजक उपस्थित रहे। उन्होंने कहा कि नशीली दवाओं का प्रयोग नशीली दवाओं के दुरुपयोग के कारण होता है। नशीली दवाओं का प्रयोग नशीली दवाओं के दुरुपयोग के कारण होता है। नशीली दवाओं का प्रयोग नशीली दवाओं के दुरुपयोग के कारण होता है।

ROVERS & RANGERS DRUG ABUSE NISHCHAYA EXPERT'S ASPECTS GROUP, GC KARSOG

Karsog, Himachal Pradesh, India  
96JF+JFM, Karsog, Karsog, Himachal Pradesh 175011, India  
Lat 31.381649°  
Long 77.223792°

Karsog, Himachal Pradesh, India  
96JF+JFM, Karsog, Karsog, Himachal Pradesh 175011, India  
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ROVERS & RANGERS DRUG ABUSE NISHCHAYA EXPERT'S ASPECTS GROUP, GC KARSOG

ROVERS & RANGERS DRUG ABUSE NISHCHAYA EXPERT'S ASPECTS GROUP, GC KARSOG



**Rovers & Rangers Group,  
Government College Karsog**

Under Project "Nishchaya" by  
The Bharat Scouts and Guides, Himachal Pradesh  
Organising a lecture on

**Drug Abuse- medico legal aspects**  
&  
Poster making + painting competitions for students  
on above theme

Dr. L.S. Pathak  
P.D. Officer  
Govt College Karsog

Sh. Rajesh Sharma  
Chief Judge, Govt.  
Industrial Nagar, Karsog

Dr. Anuraag Singh  
Medical Officer  
Civil Hospital Karsog

Sh. Dilpreet Sharma  
Sub-Officer  
Tashil, Warfalla, Karsog

All students are welcomed to join  
Venue - College hall  
29th November 2023 . 11:00AM

**SCOUTS**

## शे जैसी बुरी प्रवृत्तियों से बचें युवा : राहुल वर्मा

### करसोग कॉलेज में नशामुक्ति के संबंध में कार्यक्रम का आयोजन

हिमाचल प्रदेश | करसोग

राजकीय महाविद्यालय करसोग में सर्वाधिक न्याय एवं अधिकाधिक विभाग के वीरन्य से नशामुक्ति के संबंध में कार्यक्रम का आयोजन किया गया। विधिवत उज कस सब जुर्विधिवत मनिस्ट्रेट कमिटी राहुल वर्मा ने कार्यक्रम में बतौर मुख्य अतिथि हिस्सा ली। मुख्य अतिथि ने कार्यक्रम के दौरान छात्रों को समर्पित करते हुए कहा कि नशी नार्मलको को खसिकस में निहित वैलिक कर्तव्यों का पूरी ड्रेनवरी के सध निबन्धन करत खसिए। उन्होंने कहा कि आज का युवा बल वर शक्ति है परंतु नशा युवाओं को अंदर ही अंदर खोखला कर रहा है। उन्होंने कहा कि छात्रों के भविष्य को अंधकारमय बन में भकेल देत है इसलिए युवाओं को नशी जैसी बुरी प्रवृत्तियों से बचना चाहिए। उन्होंने कहा कि नशा समाज में अपराधों को बढ़ावा देता है। वर्तमान समय



करसोग कॉलेज में नशामुक्ति के संबंध में कार्यक्रम के दौरान समर्पित करते विभिन्न बल वर सब मनिस्ट्रेट कमिस्ट्रेट राहुल वर्मा।

में ऐसे कार्यक्रमों के माध्यम से छात्रों को नशी के दुष्प्रभावों के बारे में जागरूक करवाना उचित आवश्यक है। कार्यक्रम के दौरान उन्होंने कहा कि छात्रों को सोशल साइट्स के अलर्निक इस्तेमाल से बचना चाहिए। उन्होंने कहा कि सोशल साइट्स का गलत इस्तेमाल उन्हें अपराध की दुनिया में भकेल सकता है। इसलिए सोशल साइट्स का इस्तेमाल करते समय सावधानी बतनी चाहिए। उन्होंने कहा कि छात्रों को दुर्विचय के सध यह संकेत देना चाहिए कि न तो मैं खुद नशा करतू और न ही दूसरों को नशा करतू दूंगा। उन्होंने छात्रों से आह्व किया कि वे अपने घर, समाज, स्कूल और कॉलेज में अन्य लोगों को भी नशी के दुष्प्रभावों से अवगत करवाएं और नशी के खाले के लिए आवाज उठाएं।

**DRUG ABUSE NISHCHAYA A DRUG FREE VISION EXPERT'S ASPECTS GROUP, GC KARSOG**

शिमला, वीरवार 30 नवंबर

## PROJECT NISHCHAYA □

### **ACTION 2 – Pledge taking Ceremony.**

#### •By Rovers and Rangers unit Government College Karsog •

The second activity of Nishchaya was “Pledge taking ceremony” under which making people to commit themselves for opting a healthy and drugfree lifestyle. The Unit conducted the ceremony on 01-12-2023 in central corridor of the College Campus under the presence of Group Leader Dr. J. S. Patiyal, Rover Scout Leader Pankaj Gupta and Ranger Leader Anupama Sharma assisted by Chairman of the unit. The pledge was taken by all Rovers and Rangers in front of college students using banners and placard’s which was witnessed by general students at the college.

The students committed to make the campus environment totally safe from any kind of drug or liquor addictions. They committed to act against any such activity fearlessly in the campus surrounding and will advise everyone to stay away from this. The Group Leader praised and appreciated our work and said that he will also join hands with students in every action of the project. At last, the activity report was sent to media to sensitize the local community and readers to enlighten them regarding the project and fight against drugs in society in large.



**करसोग महाविद्यालय में नरो को रोकने के लिए शपथ कार्यक्रम का आयोजन**

कारसोग, (हरियाणा)। राजकीय महाविद्यालय करसोग में शिवाजी गुरु जी स्मृति स्मारक पर 1000 छात्रों-छात्रिकाओं के प्रतिभागीकरण के तहत 'नरो को रोकने के लिए शपथ' कार्यक्रम का आयोजन किया गया। कार्यक्रम में 'नरो को रोकने के लिए शपथ' का आयोजन किया गया। कार्यक्रम में 'नरो को रोकने के लिए शपथ' का आयोजन किया गया।

**'नरो को रोकने के लिए शपथ' दिलाई राजकीय महाविद्यालय करसोग में 'प्रोजेक्ट निश्चय' के तहत सजा कार्यक्रम**

राजकीय महाविद्यालय करसोग में 'प्रोजेक्ट निश्चय' के तहत सजा कार्यक्रम का आयोजन किया गया। कार्यक्रम में 'नरो को रोकने के लिए शपथ' का आयोजन किया गया। कार्यक्रम में 'नरो को रोकने के लिए शपथ' का आयोजन किया गया।



## ❁ PROJECT NISHCHAYA ❁

### ❁ ACTION 3 – Artistic Expression for awareness against drugs and promoting drug free living. ❁

#### •By Rovers and Rangers unit Government College Karsog•

Moving further in fight against the drugs abuse, Rovers and Rangers of R&R unit GC Karsog expressed the impact & effects of drugs via slogans and drawings on piece of paper/ chart. A meeting was held on 04-12-2023 at college campus to discuss that how art is helpful in conveying messages to the public. The meeting was held by RSL Prof. Pankaj Gupta in the presence of worthy Group Leader along with other staff members. The 60 rovers and rangers participated in the panel discussion, and they were instructed about the importance of artistic view that how a piece of art could convey a complete message even to an ordinary and illiterate person too. Then at college level, the competition was organized in which all R&R volunteers participated in different competitions like

#### **Poster Making; Slogan Writing & Digital Art.**

Rovers & Rangers gave their best and represented best of what they thought about drugs and its abuse. They also portrayed about the Drug abuse and its impacts in society especially youth. The creativity of the students was showcased in the college campus which was visited by different students and teachers. The participants introduced their views and explained that what they thought of while moving brushes and pen on paper and what message they want to convey to the society. The Prize winners were felicitated by Group leader cum Principal GC Karsog in the presence of all present staff members. At his concluding speech, the worthy Chief guest praised the efforts of all participants and wished best of luck for upcoming actions under the projects. At the end the report was given to press to convey the message of actions to the people in society. ❁

गेता

# करसोग कालेज में नशे पर जोरदार प्रहार

## रोवर रेंजर इकाई ने विभिन्न प्रतियोगिताओं से छात्रों को किया जागरूक

**करसोग कालेज-करसोग**

राजकीय चारित्रिकता के अभाव में देश रोज इन्फैंट प्रगतिशीलता में नशे के विनाशकारी प्रभावों का शिकार हो रहा है। इस कार्यक्रम का मुख्य उद्देश्य विद्यार्थियों के मध्य विभिन्न प्रतियोगिताओं के माध्यम से नशे के विनाशकारी प्रभावों को प्रकट करना है। कार्यक्रम में भाग लेने वाले छात्रों को नशे के विनाशकारी प्रभावों के बारे में जागरूक करने के लिए प्रोत्साहित किया गया।



प्रोफेसर अनुष्का शर्मा और प्रोफेसर प्रकाश कुमार ने छात्रों को प्रोत्साहित किया। कार्यक्रम में भाग लेने वाले छात्रों को नशे के विनाशकारी प्रभावों के बारे में जागरूक करने के लिए प्रोत्साहित किया गया।

प्रतियोगिताओं में छात्रों को जागरूक करने के लिए प्रोत्साहित किया गया। कार्यक्रम में भाग लेने वाले छात्रों को नशे के विनाशकारी प्रभावों के बारे में जागरूक करने के लिए प्रोत्साहित किया गया।



ROVERS & RANGERS YES, I SUPPORT NISHCHAYA AGAINST DRUGS GROUP, GC, KARSOG



Karsog, Himachal Pradesh, India  
96JF+JFM, Karsog, Karsog, Himachal Pradesh 175011  
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Karsog, Himachal Prade...  
96JF+JFM, Karsog, Karsog...  
Lat 31.381599°  
Long 77.223841°

ROVERS & RANGERS YES, I SUPPORT NISHCHAYA AGAINST DRUGS GROUP, GC, KARSOG



ROVERS & RANGERS YES, I SUPPORT NISHCHAYA AGAINST DRUGS GROUP, GC, KARSOG

## □PROJECT NISHCHAYA □

### ✿ ACTION 4 – Community walk . 🖱️

#### •By Rovers and Rangers unit Government College Karsog •

In the fourth activity under Project Nishchaya, the unit members scanned around 1 KM radius area around campus to check drug related activities. The Rovers and Rangers of GC Karsog hold a meeting at college campus on 07-12-2023 including 67 members of unit, in which discussion and action plan was chalked out. After discussion with RSL Prof. Pankaj Gupta and seeking permission from Group Leader the members were split into 3 teams. Under the supervision of Chairman and Chairperson the teams carried out search and observation walk covering 3 major areas within 1Km radius around college campus which included the college campus itself, 2 primary & 1 Senior Secondary school campuses and 2 forest areas. The Rovers and Rangers observed and monitored the locations where the traces of usage of drug abuse was seen at peak levels. They collected the remains of various additives & drugs associated products including cigarettes, smoking accessories, liquor, packets, needles etc. They clicked the pictures and submitted the report to RSL. After almost 3 hours of search and observation a meeting was scheduled on the same day where problem at different levels and then the report was handover to media and press to attract the audience attention. After that, the entire report was analysed, and various ideas were put on that how we can overcome this attention of administration and localities about this menace.



## □ PROJECT NISHCHAYA □

### ACTION 5 – Peer education workshop

#### •By Rovers and Rangers unit Government College Karsog•

Stepping ahead in our project, the unit performed the Action 5, under which “a Peer Education Workshop” was held in college campus on 12-12-2023. The workshop was attended by 8 officials including Chairperson and Vice chairperson of Nagar Panchayat Karsog , three other committee members and three members of Yuva Mandal. The workshop took place under the leadership of RSL Pankaj Gupta Sir and including Group Leader cum Principal GC Karsog & 10 other worthy professors. Around 80 students attended this workshop. The workshop started with the introduction of Project Nishchaya to all the invited guest members telling them our aim and previous works which was followed by a PPT SlideShare on drug abuse and its impacts in our society and on person himself, presented by RSL Prof. Pankaj Gupta. He shared valuable information regarding drugs and additives. All peers get to know that how these drugs impact our society and an individual. Proceeding with the workshop some guest lectures were also there in which the Chairperson of Nagar Panchayat appreciated our work and the project Nishchaya. She said that she will help us in all aspects wherever will need them and will share such information via different means in the society to eradicate the problems caused by drugs and other additives. The workshop was ended with an Awareness rally from College to SDM Office Karsog carrying banners, placard’s, posters, and slogans. In the end the entire report was given to press so that the people stay awake and once again think of this evil.



**IB DIVISIONAL COLLECTOR-CUM-SUB DIVISIONAL MAGISTRATE  
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## □PROJECT NISHCHAYA □

### ACTION 6 – Visit to a Rehabilitation centre.

#### •By Rover and Rangers unit Government College Karsog •

In this activity, the unit members got information about the rehabilitation centre. They learned about how they can stay away from drug abuse and help a drug addict person out of addiction completely. A team of 6 Rovers of R&R Unit GC Karsog was sent to the drug rehab centre Shimla on 12-12-2023. Taking permission from Group Leader cum Principal GCK, they took firstly bus to old bus stand Shimla and from there they performed one and half hour walking journey to the centre. The centre is established in the woods. There they met the officials and got the complete knowledge about it. There they were taught that how one enters the rehab centre and what are the conditions. Different people with different stages of addiction are admitted there. One once entered is cut off from the social world and must complete a course of 365 days. A medical team is also there to check out the admitted persons. The centre provides a friendly environment to the patients. They do all sorts of work there both indoor and outdoor to keep them all day busy. They perform yoga and meditations to calm their mind and soul. After a year most of the cases leave all sorts of addiction there, they got a chance to interact with some of the people who were admitted and with those who are cured too. They said that they are happy and will lead a healthy living and will advise everyone to promote drug free living. Then after coming back the team shared the entire information with all volunteers of unit in the college campus in a special session.



Video link below:

<https://drive.google.com/file/d/1DusDmsyHkNnHkaIVX-Ei595Wa0HFe41j/view?usp=drivesdk>

## ✿ PROJECT NISHCHAYA ☐

### 👉 ACTION 7 – Community Drugs awareness campaign. 🌿

•By Rover and Rangers unit Government College Karsog •

On Republic Day, the Rovers & Rangers unit GC Karsog successfully executed the 7<sup>th</sup> activity of Project Nishchaya. The primary objective was to combine a drug awareness campaign with a community discussion forum. Seeking permission from the local administration, a dedicated planning team coordinated logistics and promotional efforts. With the campaign experience, impactful materials such as posters, banners, and handouts were used to convey crucial message to the society about drug abuse and its effects. Online content was developed for pre-event promotion, emphasizing the interactive nature of the campaign. Social media, local newspapers, and community notice boards were utilized for effective promotion.

On Sub Divisional Level Republic Day celebration , the unit presented *a skit titled “Nasha or Nyay”* addressing drug abuse complemented by posters and games to raise awareness among all present on the occasion. The worthy Sub Divisional Magistrate, Karsog was the chief guest of the occasion. Along-with him many dignities of the area and general audience around five hundred witnessed the “Project Nishchaya” activity. The efforts of unit was appreciated by all present on the occasion including media, Mahila mendals, panchayat Pradhan etc.

Booths with campaign materials were set up, engaging participants with interactive activities like games, quizzes, and art projects related to drug awareness. Attendees were encouraged to share their experiences on social media using a specific hashtag. At last, the feedback forms were distributed to gather insights on the event’s impact and areas for improvement. This comprehensive approach ensured the successful completion of all activities outlined in Project Nishchaya, marking a significant contribution to community well-being.

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ROVERS & RANGERS YES, I SUPPORT NISHCHAYA AGAINST DRUGS GROUP, GC KARSOG

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